

# SALVADOR DA BAHIA, BRAZIL

Arrive: 0800 Wednesday, November 11

Onboard: 1800 Monday, November 16



**Brief Overview:** Salvador Da Bahia simply called ‘Bahia’ by locals, is an energetic and beautiful city. The bright and gold-laden architecture of this city, demonstrates the grandeur of what was once the capital of Portugal’s New World colony. The Afro-Brazilian culture of the city is evident in much of the city’s traditions, specifically in its arts and religious movements. Experience the music, dance, food, and martial arts traditions which have preserved the heritage of African slaves. Experience Bahian culture through a performance of the Bahia Folklore Dance Company or take part in a Capoeira class. Participate in the immense restoration projects sweeping the city, or meet with locals who took

the revitalization of these communities under their wing. Don’t miss out in viewing Salvador’s vibrant coast. Whether visiting the sea turtle project at Praia do Forte or taking a cruise along Itaparica Island, the magnificent shoreline is something to be seen.

**Out of town:** Rio de Janeiro is not called the Magnificent City for nothing. The juxtaposition of dense city and tropical rainforest leaves the imagination with endless inspirations. You can find yourself in the middle of a bustling city street one minute and the next hiking up to an astounding overlook through the Tijuca Atlantic Forest.

**Visit the Amazon:** Travel to **Manaus**, and embark on a riverboat expedition along the Amazon River. Visit the “Meeting of the Waters,” where the black water of the Negro River meets the brown water of the Solimões River, forming the Amazon or stay in a jungle lodge to explore the fascinating Amazonia environments.



## Highlights:

### Art and Architecture:

Day 4: SAL 114-401 Historic Cachoeira: Heart of Bahian History & Culture

### Cultural highlights:

Day 2: SAL 102-201 A Day in the Life at Saramandaia

### Impact Opportunities:

Day 3: SAL 110-303 IMPACT: Home-Hosted Dinner

Day 6: SAL 112-601 IMPACT: Projeto Axe Visit

### Nightlife:

Day 2: SAL 104-203 Balé Folclórico da Bahia with Dinner

### Nature & the Outdoors:

Day 1: RIO 404-101 Biopeba Island

Day 1: RIO 405-101 Marau Peninsula

Day 2: SAL 401-201 Amazon Riverboat Adventure

Day 2: RIO 502-201 Rio and Iquacu Falls

Day 3: SAL 302-301 Diamantina National Park & Lençóis

TERMS AND CONDITIONS: In selling tickets or making arrangements for field programs (including transportation, shore-side accommodations and meals), the Institute acts only as an agent for other entities who provide such services as independent contractors. Food and beverages provided to the Passenger by service providers and/or independent contractors, as well any other food or beverage consumed on shore excursions, are not the responsibility of the Institute. It is the responsibility of the passenger to ensure personal compliance with their own specific dietary restrictions. All Participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that the Institute shall not be liable or responsible in any way for any loss, death, injury or illness to person or loss, theft or damage to personal property arising from or in connection with such services. The Institute shall not be responsible for cancellation of programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

# Day 1: Wednesday, November 11

**IMPORTANT:** If you are registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course:

COURSE #	FACULTY	DAY 1 – Wednesday 11 November
PSYC 2600 101	Professor Peg Barratt	Introduction to Social Psychology
ANTH 2541 101	Professor Eve Danziger	Language, Culture, and Intercultural Communication
BIOL 1559 501	Professor Christine Dudgeon	Marine Biology (Section 1)
MUSI 1070 502	Professor Dan Merrill	Global Music (Section 2)
COMM 2730 101	Professor Andrea Roberts	Personal Finance
SEMS 3500 104	Professor Tom Trittipio	Consumer Behavior
HIST 3559 102	Professor Breck Walker	The Atlantic Diasporas

**SAL 404-101**

**BIOPEBA ISLAND**

**4 DAYS/ 3 NIGHTS**



Boipeba Island is remarkable for its rare natural beauty and the variety of its ecosystems including surviving areas of the Atlantic Forest, extensive mangroves, and idyllic palm-tree fringed beaches. The island's remote location, difficulty of access and absence of cars has safeguarded its natural

beauty. Bathed by the Atlantic Ocean on one side and the Inferno River estuary on the other, the island is part an Environmental Preservation Area encompassing the adjacent island Tinhare and provides a benchmark in Bahia's Southern Lowlands for the development of sustainable economic activities, particularly tourism, without degrading the environment.

After a 4 hour drive to Graciosa, you will board local speed boats for the 45 minute boat ride to the Boca da barra beach, just a short walk from our chosen Pousada (inn). Once you have checked in, there will be free time to explore the wonderful beaches on the island. Just before dinner, you'll meet with the locals to learn about daily life in Biopeba.

The next morning, depart Boca da Barra beach by boat for the natural reef pools offshore from Moreré Beach, where the crystalline water teems with fish. Snorkeling equipment is available. There are also light refreshments available for purchase. You'll have lunch at a local restaurant on the beach and then head out into the Mangroves for a dug-out canoe trip with an expert local guide. Mangrove vegetation is an integral part of the local environment and also a principal source of income for local fishermen.

On the third day, you'll depart in speedboats for the 1 hour ride to the riverside Boitacara Quilombo, a former slave community. As descendants of slaves, residents seek to preserve traditions handed down by past generations, including extensive use of the *piçava* palm from which the community makes roofing and household utensils. You will meet with the leaders and learn of their history, struggles, aims and conquests. Upon return to the pousada in the middle of the afternoon, you'll have some free time before dinner together.

On your last day, enjoy the morning at leisure before check out, early lunch and departure for Salvador.

STANDARD PRICE		Early Booking
Adult	\$891	\$849
Child	\$446	\$425
TIME		
	Date	Time
Depart	November 11	0900
Return	November 14	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>Boca da Barra and Moreré Beach</li> <li>Dug-out canoe trip</li> <li>Visit to Boitacara Quilombo, a former slave community.</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 34		

Day 1: (L,D)

- Lunch in Valença
- Arrive Graciosa and board boats to Boipeba
- Check in and free time
- Dinner

Day 3: (B,L,D)

- Arrive Quilombo and meet with leaders
- Lunch at Quilombo Community
- Rest of afternoon free
- Dinner

Day 2: (B,L,D)

- Arrive Reef Pools
- Lunch on beach
- Board canoes and cruise through mangroves
- Dinner

Day 4: Travel Day (B,L)

- Morning at leisure.
- Early lunch
- Depart for Graciosa
- Board Coach for return trip to Salvador



The Marau Peninsula (an indigenous word meaning the "sun's light at daybreak") runs north from the Rio de Contas River and separates the Camamu Bay (the third largest in Brazil) from the waters of the South Atlantic Ocean. The Peninsula boasts some of the finest beaches in Brazil, providing a wonderful mix of

open ocean beaches to the East and the calm, protected, quiet waters of the Bay to the West. The difficulty of access and the designation of the region as an Environment Protection Area have meant that this idyllic part of Bahia still remains virtually undisturbed.

After a 4 hour drive to Camamu, you will have lunch and then board speedboats for a 25-minute crossing to the Marau peninsula. Once you have checked-in at the pousada (inn), you'll have free time in the afternoon to go for a swim before meeting for dinner.

The next morning, a short walk from the pousada takes you to the famous Taipuá de For reef pool, a 400 meter natural tidal pool with a stunning variety of tropical fish and wonderful snorkeling. In the afternoon, you'll depart **in a local fishing boat** stopping first at Ilha do Sapinho for lunch in a small bayside hamlet. You will then visit the boatyards in Cajaíba, where you will see the majestic wooden twin-masted schooners, the traditional vessel of the region. These schooners have been hand-built for generations, a legacy inherited from the Dutch when they settled here in the 17th century. From here we visit Ilha do Goió and then Ilha Pequena where we stop for a swim. Return to the pousada in the late afternoon and relax before dinner.

The third day, enjoy a visit to Tremembé Falls where the Marau River feeds into the Camamu Bay, forming a wonderful fresh water lake ideal for swimming. While there are other ways of arriving at the fall the best is to take a 1 hour speedboat from Taipu de Dento, navigating through the tributaries of the extensive untouched mangroves, a feature of this part of Bahia, a region of great natural beauty. After lunch, return to Barra Grande for some free time before dinner at a local restaurant.

On the last day, you'll have free time to further explore the pools followed by early lunch and then the return trip to Salvador.

STANDARD PRICE		Early Booking
Adult	\$933	\$889
Child	\$467	\$445
TIME		
	Date	Time
Depart	November 11	0830
Return	November 14	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Taipuá de For reef pool</li> <li>• Cajaíba boatyard and famous schooners</li> <li>• Tremembé Falls</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 34		



**SAL 405-101**

**MARAU PENINSULA**

**4 DAYS/ 3 NIGHTS**

Day 1: (L,D)

- Lunch in Camamu
- Boats to Barra Grande
- Arrive Pousada and free time
- Dinner

Day 3: (B,L,D)

- Visit Tremembé Falls
- Lunch
- Return to boats and free time
- Dinner

Day 2: (B,L,D)

- Walk to Taipu de Fora pools
- Lunch at Ilha do Sapinho
- Visit Cajaiba boatyard
- Visit Ilha do Goi6o and Ilha Pequena
- Dinner

Day 4- Travel Day (B,L)

- Morning at leisure
- Early Lunch
- Depart for Salvador

**SAL 100-101**

**CITY ORIENTATION TOUR**

**HALF-DAY**



Discover the essential sights of Salvador on a half day tour tracing the development of the city from its simple beginnings to what is now the third largest city in Brazil. After pick up at the Passenger Terminal, drive to the Barra neighbourhood at the mouth of the immense bay. Then, via elegant tree-lined avenues, head to the

bustling city streets of the Pelourinho, a Unesco Heritage site and the largest complex of colonial architecture in South America. Head out on foot to Municipal Square, by the towering Lacerda Elevator, with great views of the bay stretching out to the lower city. Stroll through the narrow, bustling streets lined with buildings in pastel shades of an age gone by, soaking in the sights and sounds of this vibrant city. We visit the church of São Francisco with its exuberant gold-leafed Baroque interior and the Pelourinho square, the heart of the old town.

STANDARD PRICE		Early Booking
Adult	\$41	\$39
Child	\$20	\$20
TIME		
	Date	Time
Depart	November 11	0900
Return	November 11	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• View from Municipal Square</li> <li>• São Francisco Church</li> <li>• Pelourinho Square</li> </ul>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 100		

**SAL 101-101**

**HISTORIC PELOURINHO WALKING TOUR**

**HALF-DAY**



This three-hour guided walking tour serves as an excellent orientation tour of the area near the passenger terminal and Salvador's adjacent historical quarter. Depart from the dock on foot and proceed to the Lacerda Elevator up to the Municipal Square. From here, you will continue to the old Jesuit Square at the entrance to the Old City. Stroll through the cobblestone

streets of this delightful area and visit some of the historical points of interest including the *São Francisco Church* and Pelourinho Square. *Pelourinho* means 'whipping post,' and Pelourinho Square is the site where slaves were tortured and sold.

STANDARD PRICE		Early Booking
Adult	\$20	\$19
Child	\$10	\$9
TIME		
	Date	Time
Depart	November 11	0900
Return	November 11	1200
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• View from Municipal Square</li> <li>• São Francisco Church</li> <li>• Pelourinho Square</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 100		

**Please Note:** Each group of 20 will have a local guide.

**SAL 116-302**

**PERCUSSION WORKSHOP GROUP A**

**HALF-DAY**

Bahia is the percussive heart of Brazil with its rhythmic African soul and a mind boggling myriad of rhythms that has attracted many international musicians to these shores including, Paul Simon, Wayne Shorter, Jimmy Cliff to name but a few.



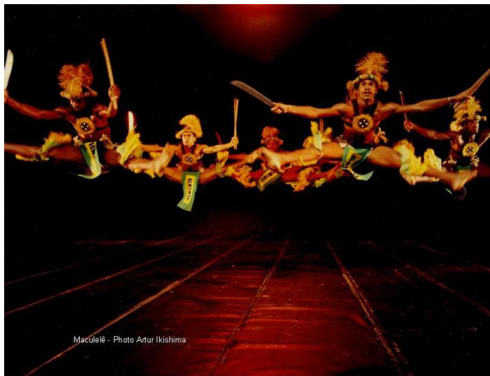
You will visit a leading local percussionist's studio and receive an overview of Brazilian and regional percussion instruments and the musical styles. You will then join him as he leads a drumming circle, a mix of fun and concentration, independent of individual musical aptitude.

STANDARD PRICE		Early Booking
Adult	\$81	\$77
Child	\$41	\$39
TIME		
	Date	Time
Depart	November 11	1430
Return	November 11	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>Hands on percussion lesson with leading Bahian percussionist</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 15		

**SAL 104-103**

**BALÉ FOLCLÓRICO DA BAHIA WITH DINNER (GROUP A)**

**EVENING**



The Bahia Folklore Company (Balé Folclórico da Bahia), one of the most respected folklore dance troupes in the world, performs a pocket show of their hugely successful international show in the intimate Miguel Santana Theatre. Their performance is a seamless presentation of the multiple African traditions that underpin Bahian culture. You will see the

sacred dances of the Candomblé: puxada de rede, a song by fishermen in honor of Yemanjá, the goddess of the sea; maculelê, an acrobatic stick and sword dance with its origins in the cane fields; capoeira, a martial art/dance of Angolan origin; and the samba de roda, a spinning, swirling version of this exuberant national dance. After the show enjoy a Bahia cuisine dinner at an adjacent restaurant in the Pelourinho historical quarter.

STANDARD PRICE		Early Booking
Adult	\$111	\$105
Child	\$55	\$53
TIME		
	Date	Time
Depart	November 11	1845
Return	November 11	2245
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>Capoeira and Samba de Roda</li> <li>Dinner of local cuisine</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 40		

# Day 2: Thursday, November 12

**IMPORTANT:** If you are registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course:

COURSE #	FACULTY	DAY 2- Thursday 12 November
BIOL 1559 502	Professor Chrstine Dudgeon	Marine Biology

**SAL401-201**

**AMAZON RIVERBOAT ADVENTURE- GROUP A**

**4 DAYS/ 3 NIGHTS**



Upon arrival in Manaus, you will head to the pier to board a regional Amazonian riverboat, your home for the next several days. Your guides will distribute hammocks and prepare you for your adventure as you motor towards the Meeting of the Waters, where the black

water of the Negro River meets the brown water of the Solimões River to form the Amazon. During your time on board, you will have the opportunity to see the giant water lilies in Lake January, cast your line as you fish for piranhas, and walk through the jungle with a native guide who will teach you about the Jaraqui rainforest. There will also be time to relax on the beaches of the river with an evening barbeque and swim with the famous Amazon pink dolphin (Boto Cor da Rosa). You will also visit with locals living in the Acajatuba Village, a small riverside community of 200 people. Meet with the villagers, learn how they interact with their environment in a positive and sustainable way, and enjoy a friendly soccer match and a handicrafts workshop before departing. In the evenings you can listen to the sounds of the Amazon around you as you fall sleep in your hammock on board the boat. There is really no better way to experience the Amazon.

STANDARD PRICE		Early Booking
Adult	\$1185	\$1129
Child	\$593	\$565
TIME		
	Date	Time
Depart	November 12	1430
Return	November 16	0200
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>Boating on the world famous Rio Negro</li> <li>See the "Meeting of the Waters"</li> <li>Swim with the dolphins</li> <li>Participate in a variety of Amazon experiences: jungle treks, piranha fishing, and more.</li> <li>Acajatuba Village Visit and craft</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		



Become a member of the Global Grins Delivery Squad by delivering toothbrushes and spreading the word about the link between good oral hygiene and disease prevention. More information about Global Grins can be found at [www.globalgrins.org](http://www.globalgrins.org).



**Please Note:** This program is strenuous; involving night flights (in order to maximize time on the river) and is designed for participants who want to enjoy the ruggedness of the Amazon. Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary. You can choose to purchase your hammock at the conclusion of the trip (approximately \$25 USD payable on site).

The packages include all meals (breakfast, lunch and dinner) and two bottles of water/person per day. Soft drinks not included but are available for purchase.

*"I loved this field program! It was my favorite program by far. The guides were amazing. The experience was unlike any other. How many people can say they traveled the Amazon on a boat... and slept in a hammock?! I would do it again in a heartbeat and recommend it to everyone."* –Tiffany, Fall 2013 Voyage

Check out this [video](#) from Spring 2013 voyager, Will Haddad.

#### Day 1

- Transfer to SSA Airport
- Flight departs for Manaus via BSB
- Arrive in Manaus
- Embark on a regional boat, snack on board and overnight

#### Day 3 (B,L,D)

- Jungle walk in Jaraqui community with educational guide
- Beach swim
- Lunch on board
- Visit Acajatuba Village; soccer game and handicraft workshop
- Alligator spotting
- Enjoy a luau dinner

#### Day 2 (B,L,D)

- Depart to visit the "Meeting of the Waters"
- Enter the Lake January region and visit the water lilies
- Lunch on board
- Go Piranha fishing
- Alligator-spotting in a canoe

#### Day 4- Travel Day (B,L)

- Swimming with the dolphins
- Lunch on Board
- Depart for Salvador

#### Day 5

- Arrive at Ship 02:00



Immerse yourself in the Amazon rainforest at the Turtle Lodge, a small and rustic hotel designed to be totally integrated into the jungle. Located approximately three hours from Manaus by a combination of bus and boat, the journey to the lodge is an adventure in and of itself. You will see the Meeting of

the Waters, where the muddy waters of the Solimões River and the black waters of the Negro River run side by side, as well as gaze upon the giant Amazon water lilies, the floating houses and native Caboloco villages as you wind your way through small creeks and lakes. As always, keep your eyes peeled for the large variety of wildlife on the journey; some curious pink dolphins may also join you.

As a guest at the Turtle Lodge, you will participate in a variety of activities to help you explore, appreciate, and learn about this unique place including: canoeing, alligator-spotting, piranha fishing, jungle walks, practicing survival/medicinal techniques, visiting a local village, and more. You will also learn about the lodge's conservation efforts and lend a hand planting trees. This is an Amazon experience at its best.

**Please Note:** This program involves night flights. The transfers to/from the lodge are a combination of overland driving and regional boat. As space is limited, we ask guests not to bring more than 10 kg of luggage per person.

#### Day 1 (D)

- 03:15 Transfer to SSA Airport
- Travel to the Turtle Lodge and enjoy a welcome drink/snack upon arrival
- Learn about the lodge's conservation efforts
- Dinner at the lodge and the evening at leisure

#### Day 3 (B,L)

- Breakfast
- Visit a local school
- Visit a cassava plantation
- Lunch and free time
- Transfer back to Manaus and airport

#### Day 2 (B,L,D)

- Sunrise bird-watching tour
- Breakfast at the lodge
- Jungle trek with a local guide
- Lunch
- Participate in the lodge's conservation efforts by tree-planting
- Piranha fishing
- Dinner
- Alligator Spotting

#### Day 4- Travel Day

- Night Flight leaving 00:20
- Arrive at ship 12:00

STANDARD PRICE		Early Booking
Adult	\$1195	\$1139
Child	\$598	\$569
TIME		
	Date	Time
Depart	November 12	03:15
Return	November 15	12:00
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Overnight stay at a jungle lodge</li> <li>• See the Meeting of the Waters</li> <li>• Visit a local village and cassava plantation</li> <li>• A variety of Amazon experiences such as piranha fishing</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 32		





Rio de Janeiro is world renowned for its breathtaking landscapes and location, nestled between lush, green mountains and crystal clear seas. Rio is one of the most culturally and economically prominent cities in Brazil and features some of the country's most famous tourist attractions such as Pão de Açúcar (Sugarloaf Mountain), Corcovado (Christ the Redeemer statue), and the iconic beaches of Copacabana and Ipanema. The city is full of energy and rhythm, and the locals of Rio, 'Cariocas', are known for their carefree spirit and charm.



Upon arrival, you will check in and freshen up before heading out for an authentic Brazilian barbecue (churrascaria), a feast of good food and prime cuts of meat. After dinner, enjoy free time in the Lapa neighborhood, a vibrant place full of restaurants, nightclubs and bars. From traditional northeastern forró, to Rio's own samba, to reggae from Bahia, visitors will enjoy the best that the Rio music scene has to offer.

The following morning, you are off for an inside tour of the Babilonia hillside community (favela). Your professional tour guide will also be a community resident. Along your two-kilometer trek into the Atlantic Rainforest, you will learn about the history of the favela and see the reforestation work being done in this environmental protection area. The views from the top of the hill are breathtaking! After the trail, visit various parts of the favela and learn about some of the social projects underway. To finish the visit, you will be the guest of a local family and enjoy the traditional Brazilian meal of Feijoada. The rest of the afternoon is at your leisure with dinner on your own. In the evening, depart for Pedra do Sal where you will join locals for a "Roda de Samba". Pedra do Sal, previously known as Little Africa, is a historical and religious area linked to the heritage of Black Brazilians. Tonight you will join in the long-standing tradition of singing and dancing among friends in a circle.

The next morning, enjoy an unusual walking tour exploring the legends and stories woven around the narrow streets and old historical buildings of downtown Rio. The walk includes many interesting places, such as the São Bento Monastery, Candelaria (the candle-makers), Imperial Palace (Paço Imperial), Ouvidor (the listeners) Street and Gonçalves Dias Street with the traditional Colombo Coffee Shop. The walk continues down Uruguaiana Street, Carioca Square and up to the Metropolitan Cathedral. From here you can take the bus back to the hotel or strike off on your own. The rest of the afternoon and evening are free to enjoy as you wish.

On the final morning, you will visit the Corcovado, the Christ Statue. Recently elected as one of the seven modern wonders of the world, the statue sits 2,300 ft. above sea level, atop Corcovado Hill. We will arrive at the foot of the hill, where we embark on a small train, which climbs the beautiful mountainside cutting through the lush Tijuca Forest National Park. Upon reaching the top, you will experience a panoramic view of Rio de Janeiro. Afterward we'll stop for a buffet lunch on the way to the airport for your return flight to Salvador.

**Day 1:** (D)

- Arrive in Rio and hotel check in
- Barbecue dinner
- Free time at Lapa

**Day 3:** (B)

- Secrets of Old Rio tour
- Afternoon and evening at leisure

**Day 2:** (B,L)

- Babilonia Favela Tour
- Lunch in the Babilonia community
- Afternoon at leisure
- Samba Circle at Pedra do Sal

**Day 4- Travel Day:** (B,L)

- Corcovado Hill via the Cogwheel
- Lunch
- Depart for Salvador

STANDARD PRICE		Early Booking
Adult	\$1080	\$1029
Child	\$540	\$515
TIME		
	Date	Time
Depart	November 12	0745
Return	November 15	1745
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Brazilian Barbecue and Lapa</li> <li>• Babilonia Hillside Community</li> <li>• Samba Circle at Pedra do Sal</li> <li>• Secrets of Old Rio walking tour</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 60		





Rio de Janeiro, often called “Cidade Maravilhosa” (The Marvellous City), and Iguacu Falls, a UNESCO World Heritage site, are two of the most famous sites in all of Brazil.

Rio de Janeiro is world renowned for its breathtaking landscapes and location, nestled between lush, green mountains and crystal clear seas. Upon arrival in Rio, you will get to enjoy a night out, enjoying dinner together and then heading to the popular Lapa neighborhood to visit the famous Rio Scenarium, a unique venue where the locals come to listen to traditional Brazilian jazz and samba. The next day, you will visit the iconic Christ Statue atop Corcovado Hill. We ascend the hill via a small train, which travels the beautiful mountainside, cutting through the lush Tijuca Forest National Park. From the top you will have a panoramic view of the city. The remainder of the day is yours to explore at leisure.

The next morning, enjoy an unusual walking tour exploring the legends and stories woven around the narrow streets and old historical buildings of downtown Rio. The walk includes many interesting places, such as the São Bento Monastery, Candelaria (the candle-makers), Imperial Palace (Paço Imperial), Ouvidor (the listeners) Street and Gonçalves Dias Street with the traditional Colombo Coffee Shop. The walk continues down Uruguaiana Street, Carioca Square and up to the Metropolitan Cathedral.

After free time for lunch on your own, you’ll head to the airport to catch your flight to Iguacu Falls.

The next day in Iguacu, get ready for a full day to experience the area beginning with a visit to the Falls themselves. En route to the falls, enjoy a drive through the lush, subtropical vegetation of the park. After arrival, you will take a descending trail of the canyon to enjoy panoramic views of more than 240 falls. You will then board a glass elevator to a platform where more exquisite views will be revealed. Afterward, get up close to the falls on the Macuco Safari boat ride. In the evening, enjoy dinner and a show featuring the music and dance of the countries bordering Foz do Iguacu– Brazil, Argentina and Paraguay. In the morning, you will transfer back to airport for your return flight to Salvador.

**Please Note:** This program involves a very early morning departure on the final day (03:30). Please bring a light jacket, comfortable clothes and shoes, bug spray and sunscreen. You will get wet during the Macuco Safari – a raincoat and extra clothes are suggested. Only 1 small luggage (max 23kg) and 1 back pack per passenger allowed on the flight.

STANDARD PRICE		Early Booking
Adult	\$1542	\$1,469
Child	\$771	\$734
TIME		
	Date	Time
Depart	November 12	11:00
Return	November 16	14:00
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Rio Scenarium and Lapa</li> <li>• Christ the Redeemer Statue</li> <li>• Secrets of Old Rio walking tour</li> <li>• Free time in Rio de Janeiro</li> <li>• Iguacu Falls and a Macuco Safari Boat Ride</li> <li>• Dinner Show</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 60		



Day 1 (D)

- Transfer to SSA Airport
- Flight departs for Rio
- Arrive in Rio
- Transfer from airport to hotel
- Depart hotel for dinner and Rio Scenarium

Day 3 (B)

- Depart hotel for the Secrets of Old Rio tour
- Time for lunch on your own
- Depart for Iguacu
- Dinner on your own

Day 5: Travel Day

- 03:30 Depart for airport
- Arrival at ship 14:00

Day 2 (B)

- Corcovado Hill via the Cogwheel
- Free time on top of Corcovado
- Depart Corcovado
- Return to hotel
- Afternoon and evening at leisure

Day 4 (B,D)

- Tour on Brazilian Side of Falls
- Macuco Safari boat ride
- Lunch on your own
- Rafain Dinner Show



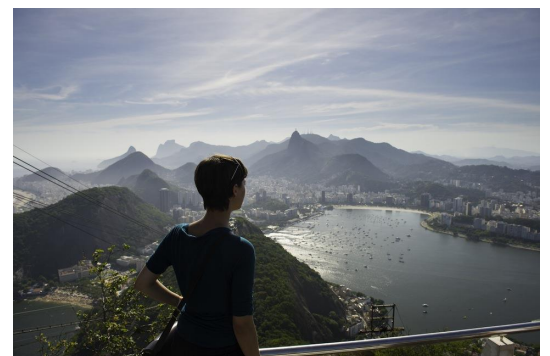
This program provides the opportunity to explore the Amazon and sleep on a riverboat as well as to see the beautiful city of Rio.

Upon arrival in Manaus, you will board a regional Amazonian riverboat, your

home for the next several days. Motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon, before entering the Lake January region where you will go Piranha fishing and alligator spotting in a canoe.

The next day begins with a jungle walk with an educational guide followed by a relaxing beach swim. After lunch, you will also visit Acajatuba Village, a small riverside community of 200 people. Meet with the villagers, learn how they interact with their environment in a positive and sustainable way, and enjoy a friendly soccer match and handicraft workshop. In the evening, enjoy a luau dinner. On your last day in the Amazon, you will have the opportunity to swim with the famous Amazon pink dolphin (Boto Cor da Rosa) before departing for Rio.

Rio de Janeiro, often called “Cidade Maravilhosa” (The Marvellous City), is world renowned for its breathtaking landscapes and location, nestled between lush, green mountains and crystal clear seas. During your stay, you will see the famous Christ Statue on top of Corcovado Hill, elected as one of the seven modern wonders of the world with amazing views. You will also get an insider’s tour of Rio de Janeiro’s model favela, Santa Marta, where the first Pacification Police Unit of Rio de Janeiro was installed. Santa Marta’s stunning location offers visitors amazing views of Sugarloaf, Christ the Redeemer, Rodrigo de Freitas Lagoon and the surrounding neighborhoods. A two-hour walking tour through the favela is conducted by a trained tour guide who lives in the community, allowing visitors to understand the reality of life in the favelas and also to contribute towards improving the quality of life by creating opportunities for sustainable employment.



STANDARD PRICE		Early Booking
Adult	\$1605	\$1529
Child	\$803	\$765
TIME		
	Date	Time
Depart	November 12	0230
Return	November 15	1630
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• See the “Meeting of the Waters”</li> <li>• Swim with the dolphins</li> <li>• Participate in a variety of Amazon experiences: jungle treks, piranha fishing, and more.</li> <li>• Acajatuba Village Visit and craft workshop</li> <li>• Christ Statue and Santa Marta Community in Rio de Janeiro</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 70		

At the end of your day in Rio, you will have free time to explore on your own, with the option of dropped off at the Sunday-only Hippy Fair in Ipanema to hunt for bargains

**Please Note:** This is a strenuous program involving a very early morning departure and a full itinerary of activities. While in the Amazon, accommodations on board the riverboat are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary

Day 1 (L, D)

- Transfer to SSA Airport
- Embark on a regional boat, snack on board
- Visit the "Meeting of the Waters"
- Enter the Lake January region and visit the water lilies
- Go Piranha fishing and alligator-spotting in a canoe
- Arrive in Jacareubal for overnight on the boat

Day 3 (B,L)

- Swimming with the dolphins
- Lunch on board, arriving to Manaus
- Depart for Rio

Day 5 (B)

- Morning at leisure
- Depart for the airport
- Flight departs for SSA
- Arrival in Salvador
- Arrive to ship

Day 2 (B,L,D)

- Jungle walk in Arara community with educational guide
- Beach swim
- Lunch on board
- Arrive at Acajatuba Village; soccer game and handicraft workshop
- Alligator spotting and luau dinner

Day 4 (B,L)

- Tour of Santa Marta Favela with lunch
- Corcovado Hill via the Cogwheel
- Free time on top of Corcovado
- Return to hotel or be dropped off at the Hippy Fair in Ipanema
- Evening at leisure

**SAL 102-201**

**IMPACT: A DAY IN THE LIFE AT SARAMANDAIA**

**HALF-DAY**

The Saramandaia community is home to the pioneering Grupo Cultural Arte Consciente and also an organic garden producing fresh herbs, lettuce, springs onions and more for the residents.

Four young men saw their neighborhood declining into violence and drugs and decided to do something about the situation. Marcos, the circus school teacher, Fabio boxing champion and trainer, Alex, the percussion master and songwriter, and Tito, the wizard graffiti artist, all set about offering their skills to disenfranchised youth of the *bairro*. Against odds that many deemed insurmountable Art Consciente Recreational and Cultural Group has returned hope and self-esteem to many youth in the neighborhood, gaining immense respect from the local community in the process.



Your visit begins at the market garden located above the sprawling community where you will assist with tasks such as weeding before continuing into the community. With the assistance of the community leaders and local guides, the group will buy fruit and vegetables for a lunch you will assist in preparing. While lunch is cooking, the kids and participants of the Arte Consciente project will showcase their skills and talents, with a question and answer session following. Afterward, they will join us for a communal lunch before returning to the ship.

STANDARD PRICE		Early Booking
Adult	\$83	\$79
Child	\$41	\$40
TIME		
	Date	Time
Depart	November 12	0900
Return	November 12	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Insight into the Saramandaia community</li> <li>• Interaction with locals and kids from the Arte Consciente project</li> <li>• Communal lunch and small service activities</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		



**SAL 113- 201**

**AFRO BRAZIL MUSEUM AND CANDOMBLÉ HOUSE**

**HALF-DAY**

Candomblé is an Afro-Brazilian religion based primarily on the beliefs of the Yoruba and other peoples of West Africa. In colonial times, slaves were prohibited from practicing their religion for fear that it would serve to reinforce their group identity. To avoid persecution the slaves gave Catholic names and figures to their African gods (orixás). At the Afro-Brazilian Museum, you will see the different costumes of the major orixás and will be given a detailed explanation of the characteristics and significance of these deities in the Candomblé faith. The museum also houses a major work by Salvador’s greatest artist, Carybé, portraying the breadth and scope of the Candomblé faith. Following the museum visit,

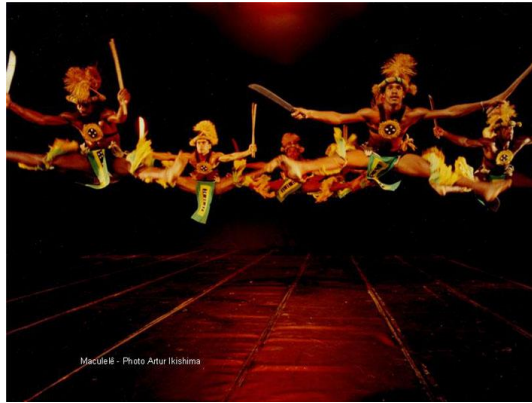


you will proceed to a traditional terreiro, or Candomblé house, one of the 1400 spread around the city.

STANDARD PRICE		Early Booking
Adult	\$75	\$72
Child	\$38	\$36
TIME		
	Date	Time
Depart	November 12	0900
Return	November 12	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• In depth insights of historical and religious importance of candomblé</li> <li>• Afro Brazilian Museum</li> <li>• São Joaquim Market</li> </ul>		
MINIMUM REGISTRATION : 15		
MAXIMUM CAPACITY: 80		

Your final visit is to the sprawling bustling São Joaquim market, Salvador’s largest and most popular fruit and vegetable market. This market is where many of the artifacts, herbs and essences used in Candomblé rituals and ceremonies are purchased.

This program provides the opportunity to see the Bahia Folklore Company (Balé Folclórico da Bahia), one of the most respected folklore dance troops in the world, perform at the intimate Miguel Santana Theatre in the Pelourinho historical center of Salvador. Their show is a seamless presentation of the multiple African traditions that underpin Bahian culture. You will see the sacred dances of the Candomblé; Puxada de Rede, a song by fishermen in honor of Yemanjá, the goddess of the sea;



Maculelê, an acrobatic stick and sword dance with its origins in the cane fields; Capoeira, a martial art/dance of Angolan origin; and the Samba de Roda, a spinning, swirling version of this exuberant national dance.

After the show enjoy a Bahia cuisine dinner at an adjacent restaurant in the historical quarter.

STANDARD PRICE		Early Booking
Adult	\$111	\$105
Child	\$55	\$53
TIME		
	Date	Time
Depart	November 12	1845
Return	November 12	2245
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Brazilian folklore dance performance</li> <li>• Dinner of local cuisine</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 40		

# Day 3: Friday, November 13

SAL 302-301

DIAMANTINA NATIONAL PARK & LENÇÓIS

3 DAYS/ 2 NIGHTS

The colonial town Lençóis (pronounced “len-soiz”) is located in a gorgeous, wooded, mountain region, the Chapada Diamantina (Diamond Highlands), an oasis of green in the dusty plains. The Chapada Diamantina National Park is a 650-square-mile area of mountain peaks, waterfalls, swimming holes and deep valleys, steeped in a long history of diamond mining. The hills were first populated by miners attracted by the 1844 diamond rush, and many old timers still work their claims amid ghost towns and ruins of a much richer past.

Your visit to the national park will focus on the abounding natural beauty, staying in one of the most important towns in the area surrounded by distinctly different vegetation.

Depart Salvador for a six-hour drive to Lençóis and after arrival and check in, head out for a short walk to the nearby cool mountain pools of the Serrano River. Enjoy dinner at the hotel.

The next morning depart early for the Mucugezinho River. Here the Devil’s Pool provides an excellent swimming opportunity. After a short swim, drive to Lapa Doce Cave. You will descend the side of the cliff face to enter the limestone cave for a 800 meter walk to view the curious stalactite and stalagmite formations.

Lunch is followed by a visit to the nearby Pratinha cave, home to a remarkably clear water subterranean lake. (Here an optional snorkeling tour using floatation aids and flippers and accompanied by local guide, leads into the bowels of the cave.) Before returning to Lençóis, you will stop at Pai Inacio mountain for a 20 minute relatively easy climb to a rewarding view of the Chapada Diamantina National Park and its spectacular pre- Cambrian sandstone cliffs.

On your last day, take off for the Ribeirão River and enjoy an easy walk to reach a pool famous for its rock slide. The water is dark and the pool is one of the best for swimming in the park. After a relaxing stay, we will come back to the city for lunch and the return trip to Salvador

Day 1 (L,D)

- Arrive Lençóis (box lunch on the way)
- Walk to Serrano River
- Dinner

Day 2 (B,L,D)

- Visit Lapa Doce Cave
- Lunch
- Visit Pratinha Pool
- Climb Pai Inacio mountain for sunset
- Return to coach and dinner

Day 3 (B,L)

- Swim at Ribeirao River
- Lunch in Hotel
- Depart for Salvador

STANDARD PRICE		Early Booking
Adult	\$650	\$619
Child	\$325	\$310
TIME		
	Date	Time
Depart	November 13	0800
Return	November 15	2000
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Hiking in the Chapada Diamantina National Park</li> <li>• Cave exploration</li> <li>• Swimming holes</li> <li>• Lençóis Town</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		





Iguaçu Falls, located on the international border of the State of Parana, is one of the most famous attractions in all of Brazil. The 275 massive waterfalls are divided between Argentina and Brazil, and provide vastly different views and experiences depending on the side from which they are viewed. The Iguacu

National Park forms the most significant remaining rainforest in the southern cone of South America, which along with the waterfalls qualify it as a UNESCO National Heritage Site.

After arrival and hotel check in you will have the late afternoon at leisure. In the evening, at the "Rafain Churrascaria," guests will enjoy a famous Brazilian barbecue, prepared with a great variety of selected meats brought to your table and a buffet of side dishes. During dinner, you will enjoy a South American folkloric show, presenting the music and dance of the countries bordering Foz do Iguaçu– Brazil, Argentina and Paraguay.

On the second day you will visit Iguaçu National Park. En route to the falls, enjoy a drive through the lush, subtropical vegetation of the park. After arrival, you will take a descending trail of the canyon to enjoy panoramic views of more than 240 falls. You will then board a glass elevator to a platform where more exquisite views will be revealed. Next, get up close to the falls on the Macuco Safari boat ride.

The next day, a visit to Guira Oga Bird Park gives you the opportunity to experience the native flora and fauna at first hand. By following the trails through the forest, visitors will have the opportunity to get close to native Brazilian bird species, some of which are classified as endangered. Afterward, transfer back to airport for your return flight to Salvador.

**Please Note:** Bring a light jacket, comfortable clothes and shoes, bug spray and sunscreen. You will get wet during the Macuco Safari – a raincoat and extra clothes are suggested. Only 1 small luggage (max 23kg) and 1 back pack per passenger allowed on flight.

#### Day 1: (D)

- 05:00 Transfer to SSA Airport
- Arrive in Iguacu and hotel check-in
- Rafain Dinner Show

#### Day 3: (B)

- Morning at leisure
- Visit Bird Park
- Lunch on your own
- Begin return trip 14:00

#### Day 2: (B)

- Tour on Brazilian Side of Falls
- Macuco Safari boat ride
- Evening at leisure
- Lunch and dinner on your own

#### Day 4- Travel Day

- Arrive at ship 00:45

STANDARD PRICE		Early Booking
Adult	\$1353	\$1288
Child	\$676	\$644
TIME		
	Date	Time
Depart	November 13	05:00
Return	November 16	00:45
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Iguacu Falls and Macuco Safari Boat Ride</li> <li>• Guira Oga Bird Park</li> <li>• Brazilian barbeque dinner and show</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 30		







Upon arrival in Manaus, you will head to the pier to board a regional Amazonian riverboat, your home for the next several days. Your guides will distribute hammocks and prepare you for your adventure as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form

the Amazon. During your time on board, you will have the opportunity to see the giant water lilies in Lake January, cast your line as you fish for piranhas, and walk through the jungle with a native guide who will teach you about the Jaraqui rainforest. There will also be time to relax on the beaches of the river with an evening barbeque and swim with the famous Amazon pink dolphin (Boto Cor da Rosa). You will also visit with locals living in the Acajatuba Village, a small riverside community of 200 people. Meet with the villagers, learn how they interact with their environment in a positive and sustainable way, and enjoy a friendly soccer match and a handicrafts workshop before departing. In the evenings you can listen to the sounds of the Amazon around you as you fall sleep in your hammock on board the boat. There is really no better way to experience the Amazon.

STANDARD PRICE		Early Booking
Adult	\$1185	\$1129
Child	\$593	\$565
TIME		
	Date	Time
Depart	November 13	0330
Return	November 16	1500
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Boating on the world famous Rio Negro</li> <li>• See the "Meeting of the Waters"</li> <li>• Swim with the dolphins</li> <li>• Participate in a variety of Amazon experiences: jungle treks, piranha fishing, and more.</li> <li>• Acajatuba Village Visit and craft workshop</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 40		



Become a member of the Global Grins Delivery Squad by delivering toothbrushes and spreading the word about the link between good oral hygiene and disease prevention. More information about Global Grins can be found at [www.globalgrins.org](http://www.globalgrins.org).



**Please Note:** This program is strenuous; involving night flights (in order to maximize time on the river) and is designed for participants who want to enjoy the ruggedness of the Amazon. Please note: Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary. You can choose to purchase your hammock at the conclusion of the trip (approximately \$25 USD payable on site).

The packages include all meals (breakfast, lunch and dinner) and two bottles of water/person per day. Soft drinks not included but are available for purchase.

**"I loved this field program! It was my favorite program by far. The guides were amazing. The experience was unlike any other. How many people can say they traveled the Amazon on a boat... and slept in a hammock?! I would do it again in a heartbeat and recommend it to everyone."** –Tiffany, Fall 2013 Voyage

Day 1

- 03:30 Transfer to SSA Airport
- Arrive in Manaus and embark on a regional boat, snack on board and overnight

Day 3

- Jungle walk in Jaraqui community with educational guide
- Beach swim
- Lunch on board
- Arrive at Acajatuba Village; soccer game and handicraft workshop
- Alligator spotting, and luau dinner

Day 2 (B,L,D)

- Depart to visit the "Meeting of the Waters"
- Enter the Lake January region and visit the water lilies
- Lunch on board
- Go Piranha fishing
- Alligator-spotting in a canoe

Day 4- Travel Day

- Swimming with the dolphins
- Lunch on Board, arriving in Manaus/Tropical port
- Depart for Salvador

Day 5

- Night Flight
- Arrive at ship 15:00

This program provides the opportunity to stay overnight with a middle-class family in Salvador, Brazil and gain first-hand knowledge and experience of their lives and hearts. Upon departing the ship, you and a partner will be taken to the host family residence, where you'll be met upon arrival and shown your sleeping quarters for the night. (These can either be individual or shared rooms.) Dinner will be served and you will have the opportunity to interact with the family throughout the evening and during breakfast the following day before returning to the ship.

**Please Note:** Some, but not all, homes have English speakers. A working knowledge of Spanish or Portuguese will be helpful for families with limited English-speaking members.

Day 1 (D)

- Drop off at residences
- Meet your host family, eat together, and stay overnight

Day 2 (B)

- Enjoy breakfast with your host family
- Pick-up for return to the ship

STANDARD PRICE		Early Booking
Adult	\$142	\$135
Child	\$71	\$68
TIME		
	Date	Time
Depart	November 13	1600
Return	November 14	1000
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Overnight stay with a local middle-class family of Salvador</li> <li>• Opportunity to interact and gain insights into their lives there</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 20		

We will first visit the Calabar community, a favela located in the inner part of Salvador, and a shining example of community action. After a brief tour of the community, we will visit the primary school to observe and talk to the children and teachers. We will continue to a nearby secondary to meet with older children and their teachers. We end our afternoon with a visit at the Steve Biko Institute, a pioneering educational institute focused on preparing students for the all important vestibular or matriculation exam that allows entrance to third level education in Brazil.

Brazil boasts some of the best universities in Latin America, but passing the country's tough university entrance exam, the vestibular, is not an option for most black Brazilians. In Bahia, 70% of the population is of African descent, but more than 80% of those who graduate from university are white, clearly a situation of exclusion. The poor quality of state primary and secondary schools means black students end up with only a remote chance of passing the vestibular. Many white students grow up in the private school system, and can also afford expensive one-year courses that prepare them for the exam. Paradoxically, it is mostly these students who secure the coveted places in Brazil's federal universities, which are funded by the federal government and charge no fee. This paradox is widely seen as the root cause

for so much of Brazil's inequalities.

Our objectives for these visits are to learn about how the children from under privileged backgrounds are educated and to gain insight into their feelings regarding links between education and the challenges and triumphs of dealing with urban poverty and development.



STANDARD PRICE		Early Booking
Adult	\$41	\$39
Child	\$20	\$20
TIME		
	Date	Time
Depart	November 13	0900
Return	November 13	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Calabar Community</li> <li>• Secondary school</li> <li>• Steve Biko Institute</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		



The Picolino Circus School is the only one of its kind in Brazil and recently celebrated its 20<sup>th</sup> anniversary. Throughout its history the circus has always had a strong social focus, working with children from poor backgrounds through partnerships with local NGOs. The discipline required in acquiring performing skills has been

an anchor to many children from the streets. Many of the school's pupils have gone on to professional careers in circus and theatre and many have returned to be instructors in the school.

The Circus School has worked with Semester at Sea many times in the past. SAS students have been thrilled by the skills and talent of the young performers. For this visit, SAS students have the opportunity to enter the circus ring to learn the arts of juggling, tightrope walking, floor acrobatics, monocycle and trapeze, all under the watchful eye of professional instructors.

STANDARD PRICE		Early Booking
Adult	\$125	\$119
Child	\$62	\$60
TIME		
	Date	Time
Depart	November 13	0900
Return	November 13	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Unique opportunity to visit a leading local NGO</li> <li>• Learn circus skills</li> <li>• Interact with children</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 40		

The great All Saints Bay, *Baia de Todos os Santos*, contains 38 tropical islands and spans an area of 1,100 square kilometers. You will travel by schooner and cruise the tranquil waters of All Saints Bay including a visit to two islands. First, stop at *Ilha dos Frades* about 90 minutes from Salvador. This is a very small island with lush tropical vegetation and beaches surrounded by crystal-clear water. From this vantage point, the



geographical implications of the bay will be explained. The importance through the centuries of the island's geographic location will be discussed as this was a significant port along the trade routes to the new world. Next, travel to the island of Itaparica (about 45 minutes) for lunch. After lunch, you can visit the colonial town with its cobblestone streets and 18<sup>th</sup>-century architecture. Around 1530, you will begin the return trip to Salvador.

STANDARD PRICE		Early Booking
Adult	\$81	\$77
Child	\$41	\$39
TIME		
	Date	Time
Depart	November 13	0830
Return	November 13	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Frades Island</li> <li>• Itaparica Island</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 80		

**Please note:** As the launch point for the boat is within walking distance of the port area, motor coach transfers will not be provided. Wear your bathing suit if you would like to take advantage of swimming opportunities.

This program provides unique and invaluable insights into Salvador's informal housing communities as you dine with a resident family. You will visit one of two communities, Pedra da Sereia or Alto de Ondina, and upon arrival, your group of 4 or 5 will be met by the host and escorted to their home for dinner. A simple 3 course meal with mineral water of fruit juice will be served, followed by time with the family before returning to the ship.

The homeowners tend to be women, quite often with 3 generations living in the family home.



English is limited, so any working knowledge of Spanish or Portuguese will help you interact and gain the most from the experience. Regardless, bring an open heart and willingness to immerse yourself in the lives of your welcoming hosts.

STANDARD PRICE		Early Booking
Adult	\$89	\$85
Child	\$45	\$43
TIME		
	Date	Time
Depart	November 13	1830
Return	November 13	2130
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Dinner with a local family in an informal housing community of Salvador</li> <li>• Opportunity to interact with a resident family and gain insights into their lives there</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 20		

gesture

**Please note:** a small gift would be a nice



## Day 4: Saturday, November 14

SAL 114-401

HISTORIC CACHOEIRA: HEART OF BAHIAN HISTORY & CULTURE

FULL-DAY



The river port town of Cachoeira is a rarely visited jewel nestled in the valley of the Paraguaçu River. It was the main trading post connecting the farming hinterland on the western shores of the All Saints´ Bay to Salvador throughout the sugar and tobacco booms that fueled the Portuguese economy. Cachoeira is also

considered as the cradle of African Brazilian traditions with a vibrant local culture including the **Boa Morte Sisterhood**, the oldest organization for women of African descent in the Americas.

You will head north and west from Salvador, stopping at the busy country market town of Santo Amaro.



Nearby is a farm that was privately owned but was handed over to the national popular movement for agrarian reform known as “The Movement for Landless Peasants.” Meet with the settlers to discuss agrarian reform, one of Brazil’s most pressing social problems. Continue on to Cachoeira enjoying lunch upon arrival. After lunch you will take a walking tour of the town, with an opportunity to browse in some local wood carvers stores’. Like Salvador, Candomblé plays an integral part in the life of the town, epitomized by the Sisterhood of the **Boa Morte**, a sorority which traces its origins back to the time of slavery (pictured at left). During a visit to the Sisterhood you will meet with some of the sisters to learn their history and political importance in the struggle for the abolition of slavery as well as the preservation of African traditions.

Next, you will cross to the western bank of the slow moving river and visit the Danemann Cultural Center where you can see world class cigars being expertly rolled.

STANDARD PRICE		Early Booking
Adult	\$135	\$129
Child	\$68	\$65
TIME		
	Date	Time
Depart	November 14	0800
Return	November 14	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Learn about agrarian reform</li> <li>• Visit to Sisterhood of Boa Morte</li> <li>• Cachoeira town</li> <li>• Lunch in a local restaurant</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 80		



Once described as a “dance of gladiators and fight of ballerinas,” Capoeira Angola combines a mesmerizing display of sleight of hand and foot in a martial art/dance developed by African slaves. The hands are often used to support the body as the blows are given by the feet. One is considered a good *capoeirista* when you are

able to get the opponent into a position where he or she is off-guard. If points were to be gained in this martial art form, they would be gained for the craft and skill used in delivering the blows rather than the blow itself.

The rhythmic backbone is provided by the bowed *berimbau*, a rudimentary single stringed instrument deceptively difficult to master. Like all great martial arts, there is a very vital philosophy and way of life associated with being a *capoeirista* and to become a master demands years of dedication to the finer details of the art.

Visit one of Salvador’s most prestigious schools and meet with the instructor and students. The school has nuclei throughout the world, including many US cities. Learn the history and philosophy of this martial art, try your hand at playing the instruments, and then your hands and feet at learning the basic movements under the expert eye of the master instructor.

The visit will coincide with a lesson for members of the school. Participants can join in or simply watch the members of the school as they learn and practice their movements

**Please Note:** Loose clothing and athletic shoes are recommended.

STANDARD PRICE		Early Booking
Adult	\$51	\$49
Child	\$33	\$25
TIME		
	Date	Time
Depart	November 14	0900
Return	November 14	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• In depth insights of historical and cultural aspects of the martial art</li> <li>• Try your hand at the Berimbau</li> <li>• Learn the basic movements</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 30		



# Day 6: Monday, November 16

SAL116-602

PERCUSSION WORKSHOP GROUP B

EVENING

Bahia is the percussive heart of Brazil with a rhythmic African soul and a mind boggling myriad of rhythms. Many international musicians have been attracted to Bahia including Paul Simon, Wayne Shorter, Jimmy Cliff to name but a few.

You will visit a local percussionist's studio and you will receive an overview of Brazilian and regional percussion, the instruments, the musical styles and their interconnections. You will then join him as he leads a drumming circle full of fun and concentration, independent of individual musical aptitude.

The focused rhythms are the following:

- Rhythms of the Afro Blocos
- Ijexá - the shuffling rhythm of the famous carnival Afoxé Filhos de Gandhi
- Samba de Roda and Samba Dura - the powerhouse samba of the Reconcavo
- Samba Reggae- samba that launched Olodum on the whole stage

The names of the instruments are as wondrous as their resulting sounds are lifting:

- The rhum, rhumbi and lê of the Candomblé
- The surdo, caixa, timbau and repique of the Samba Reggae
- The agogô, atabaque and maracas of the Ijexá

STANDARD PRICE		Early Booking
Adult	\$81	\$77
Child	\$41	\$39
TIME		
	Date	Time
Depart	November 16	1430
Return	November 16	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Hands on percussion lesson with leading Bahian percussionist</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 15		



SAL112-601

PROJETO AXÉ STREET CHILDREN PROJECT

HALF-DAY



The question of the street children in Brazil is one of the country's most pressing problems. These children spend their days on the streets and their nights in the alleyways and doorways of Salvador. The Projeto Axé was set up to help street children find their way in society by offering them real opportunities for education and training as well as involving

them in creative and cultural activities. We will visit one of the project's centers to see the tremendous work of the Axé Project and to learn about the aims, hopes, challenges and success stories of the project. Afterwards there will be time to interact with participants in the program. The Project adopted and continues to follow the teaching methods of the great Brazilian educator Paulo Freire. It was his favored project.

STANDARD PRICE		Early Booking
Adult	\$31	\$30
Child	\$16	\$15
TIME		
	Date	Time
Depart	November 16	0900
Return	November 16	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Unique opportunity to learn firsthand of one of Brazil's iconic social programs</li> </ul>		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 40		



Located 80 kilometers north of Salvador on one of most beautiful stretches of coastline, Praia do Forte is a small fishing village with a lot of charm. The village takes its name from a fortified manor built in 1552 by the Portuguese settler, Garcia D'Avila. The dramatic ruins still stand today and on-going archeological research is conducted there. In spite of D'Avila's extensive deforestation of the area, the region is now seen as a benchmark in sustainable tourism through the work of the Garcia D'Ávila Foundation.

Set up originally as a purely scientific body, today the foundation's mission is to protect the local environment through educational and socio-environmental programs, monitoring the environmental condition of the Praia do Forte region including remnants of Atlantic Forest, restinga, and mangrove ecosystems. The foundation also partners with the Tamar Sea Turtle Project.

You will head north from Salvador and stop along the way to learn about the mangrove ecosystem, so prevalent along the eastern seaboard. Continue to Sapiranga Forest to explore the delicate restinga vegetation on a short walk through the forest with a local expert guide. You will then go to the Castelo Garcia D'Ávila to meet with the foundation staff and learn of their work, past present and future

Lunch will be served in the Praia do Forte village followed by a visit to the Marine Turtle Research and Preservation Project,



including video

display of the project, nesting sites, tanks, and educational exhibits. Set up in 1980, Praia do Forte is now the national center for this project, which is funded by the World Wildlife Fund. The project's primary objective is to protect the Brazilian sea turtle population in areas with significant nesting by curtailing poaching of eggs and adult turtles and by establishing protected hatcheries.

**Please Note:** Bring a bathing suit.

**"I've done several marine-type trips during the voyage because I really like the way that the hands-on work complements what we're learning on the ship."** Jay Knowlton, Fall 13

STANDARD PRICE		Early Booking
Adult	\$141	\$135
Child	\$71	\$67
TIME		
	Date	Time
Depart	November 16	0800
Return	November 16	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Tamar Sea Turtle Project</li> <li>• Garcia D'Ávila plantation house ruins</li> <li>• Praia do Forte village</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 80		

