

HO CHI MINH CITY, VIET NAM

Arrive: 1200 Wednesday, 11 February
Onboard Time: 1800 Monday, 16 February

Brief Overview: Vietnam has made a name for itself with its beautiful countryside and rich cultural history. The people of this land proudly represent their heritage and warmly welcome those seeking to explore the country's ravishing coastline, emerald-green mountains, the lush jungles and the dynamic cities. Despite rapid economic development, you'll find a raw dimension to this country with its rugged landscape and direct yet fun-loving people. Ho Chi Minh City (also known as Saigon) is a lively city with remnants of its French colonial past. The streets are bustling with about 6 million whizzing motorbikes. And for tourists the city is a bargain shoppers' paradise. Vietnam's renowned cuisine surely will not disappoint, so be sure to grab a bowl of the quintessential noodle soup known as pho, or treat yourself to a crispy baguette and a cup of coffee found on just about every street corner.

There is much to explore in this jungle country, including **Ha Noi's** graceful architecture and boulevards, the nearby Ha Long Bay, as well as the beautiful **Mekong Delta** region. Opt for a homestay to fully submerge yourself in typical Vietnamese life in a local village. **Please note that you will ONLY have the opportunity to travel to Cambodia on a Field Program due to strict immigration regulations.** There are five trips to Cambodia:



- Cambodia Express: See it all and still have time to explore Viet Nam.
- Cambodia Overland Explorer: Take your time seeing it all including countryside & service project at a school for girls.
- Cu Chi Cambodia Combo: Stop on your way at Cu Chi before heading on to Phnom Phen & Siem Peap.
- Temples of Angkor: Plenty of time visiting Angkor Wat temples.
- SAS Exclusive: Temples & Egbok: Angkor Wat temples and special NGO visit (founded by SAS alum) with Cambodian interport students.

Take a look at the Vietnam & Cambodia Student [Photo Gallery](#) to see some of the Spring 2014 experiences!

Field program highlights by category:

Art and Architecture:

HCM 100-102 Ho Chi Minh City Orientation
HCM 302-301 Temples of Angkor Wat

Cultural highlights:

HCM 104-503 Water Puppet Show & Dinner
HCM 103-102 China Town & Temples

Impact opportunities:

HCM-303-201 SAS EXCLUSIVE: Temples & EGBOK Service
HCM 113-601 Dieu Giac Pagoda & Orphanage Visit

History:

HCM 126-201 Cu Chi Tunnels & War Remnants
HCM 112-202 Half Day Cu Chi tunnel Tour

Active/Adventure:

HCM 402-301 Caving in Quang Binh
HCM 114-601 Mekong Delta River Adventure

Taste of Viet Nam:

HCM 111-201 Market Visit & Cooking Class
HCM 120-601 Cu Chi Tunnels, Farming Villages & Cooking Class

TERMS AND CONDITIONS: In selling tickets or making arrangements for field programs (including transportation, shore-side accommodations and meals), the Institute acts only as an agent for other entities who provide such services as independent contractors. Food and beverages provided to the Passenger by service providers and/or independent contractors, as well as any other food or beverage consumed on shore excursions, are not the responsibility of the Institute. It is the responsibility of the passenger to ensure personal compliance with their own specific dietary restrictions. All Participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that the Institute shall not be liable or responsible in any way for any loss, death, injury or illness to person or loss, theft or damage to personal property arising from or in connection with such services. The Institute shall not be responsible for cancellation of programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

Table of Contents

Day 1: Wednesday, February 11	3
HCM 100-102 HO CHI MINH CITY ORIENTATION (Half-Day).....	3
HCM 103-102 CHINA TOWN AND TEMPLES (Half-Day).....	4
HCM-501-101 CAMBODIA OVERLAND EXPLORER (5 days/4 nights).....	5
Day 2: Thursday, February 12	7
HCM 201-201 MEKONG DELTA OVERNIGHT (2 days/1 night)	7
HCM 304-201 COASTAL WONDERS OF NHA TRANG (3 days/2 nights).....	8
HCM 303-201 IMPACT : TEMPLES & EGBOK SERVICE VISIT (3 days/2 nights)	9
HCM 309-201 World Heritage Sites of Central Viet Nam: Hoi An & Hue (3 days/2 nights)	10
HCM 401-201 CU CHI TUNNELS & CAMBODIA COMBO (4 days/3 nights)	12
HCM 126-201 Cu Chi Tunnels & War Remnants Museum with SAS Faculty (Full-Day).....	13
HCM 106-201 CLASSIC MEKONG DELTA (Full-day).....	14
HCM 111-201 MARKET VISIT AND COOKING CLASS (Half-Day)	14
HCM 402-301 CAVING IN QUANG BINH (only ONE option) (3 days/2 nights)	15
Day 3: Friday, February 13	16
HCM 302-301 TEMPLES OF ANGKOR (3 days/2 nights)	16
HCM 306-301 HA NOI & HALONG BAY (3 days/2 nights)	17
HCM 127-301 VIETNAMESE POTTERY & COOKING CLASS (Half-Day)	18
HCM 119-301 BIKING IN SAIGON OUTSKIRTS (Full-Day).....	18
Day 4: Saturday, February 14	19
HCM 301-401 CAMBODIA EXPRESS TO PHNOM PENH AND SIEM REAP (3 days/ 2 nights).....	19
HCM 307-401 IMPACT : MEKONG DELTA EXPLORER (1-night homestay) (3 days/2 nights).....	20
HCM 128-401 IMPACT : Paint a School, Wildlife Center & Disabled Children’s Center (Full-Day).....	21
Day 5: Sunday, February 15	22
HCM 201-501 IMPACT : HOMESTAY IN COCONUT GROVE (2 days/1 night).....	22
HCM 118-501 UNTOUCHED MEKONG DELTA (Full-Day).....	23
HCM 104-503 WATER PUPPET SHOW & VIETNAMESE DINNER (Evening)	23
Day 6: Monday, February 16	24
HCM 114-601 MEKONG RIVER ADVENTURE BY SPEEDBOAT (Full-Day)	24
HCM 120-601 Cu Chi Tunnels, Agricultural Village, & Healthy Cooking Class (Full-Day).....	24
HCM 113-601 IMPACT : DIEU GIAC PAGODA & ORPHANAGE VISIT (Half-Day)	25

DAY 1: WEDNESDAY, FEBRUARY 11

IMPORTANT: If you are registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course.

COURSE #	FACULTY	DAY 1 - Wednesday, 11 February
SPAN 2020 101	Professor Maria Alegre-Gonzalez	Advanced Intermediate Spanish
SEMS 3500 104	Professor Phil Kolbe	Intermediate Investments
ARH 3500 101	Professor Lisa Schrenk	Sacred Spaces
SOC 2320 101	Professor Daphne Spain	Gender and Society
PLCP 2120 101	Professor Krista Wiegand	The Politics of Developing Areas
PSYC 2600 501	Professor Scott Plous	Introduction to Social Psychology (section 1)

HCM 100-102

HO CHI MINH CITY ORIENTATION

Half-Day



If you do not have a Field Lab on Day 1 in Viet Nam, then you should definitely plan to do one of the city orientations: either this one or HCM 103-102 Chinatown and Temples. This is a city that is a veritable beehive of people and mopeds and you will want to see these highlights before setting out on your own later in the week. On this trip you see the heavily French-influenced architectural highlights of the Cathedral and the central post office, and visit the History Museum where you will be treated to a particularly Vietnamese experience dating back to the 11th century – a Water Puppet show! See the other side of the city when you visit the Jade Emperor Pagoda that will be full of special decorations leading up to

the Lunar New Year. Finally, you will have the special experience of walking down Dong Khoi Street, which will be lined with colorful lights and festive decorations for the Lunar New Year and conclude at the 23 Sep Park flower market.

STANDARD PRICE		Early Booking
Adult	\$ 30	\$26
Child	\$ 15	\$13
TIME		
	Date	Time
Depart	February 11	1300
Return	February 11	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> • City's French style famous buildings (museum, City hall, Notre Dame Cathedral, Central Post office) • Water Puppet performance at the History Museum • Jade Emperor Pagoda • Flower market at 23 Sep Park 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 90		



This is a great alternative to the city orientation if you really want to see the Chinese culture in Viet Nam, which will be especially colorful during this holiday season. Driving along Cho Lon's (Chinatown) busy streets, we will pass shops full of red decorations and holiday gifts (red is the color of good luck in Chinese culture). Spend some time walking around the area soaking up the culture around the Cho Lon or Binh Tay markets before visiting a historically significant church, the oldest Chinese built pagoda in the city (Thien Hau Temple), and the Quam Am Pagoda.

These pagodas are often the focal point of worship during the New Year and may be extremely crowded and smoky from the burning incense. If it is not too crowded, your guide will explain the merit of making a donation and lighting your own incense coil or placing a pink donation slip inside the pagoda. On the way back to downtown, see the floating flower markets along the Tet canal where many boats come from the western provinces to sell flowers in Saigon before heading back to their hometown for Tet (Vietnamese New Year). If you are lucky, you may get to witness people releasing red carp (Ca Chep) into the river for luck as part of the Kitchen God rituals!

STANDARD PRICE		Early Booking
Adult	\$ 32	\$28
Child	\$ 16	\$14
TIME		
	Date	Time
Depart	February 11	1300
Return	February 11	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> The spiritual life and special preparation at Chinese Temples, pagodas & churches in preparation for the Lunar New Year The floating flower market 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 90		

"So much fun! Love the markets. [!] would do it again!" – Colleen, SP'14 Voyage



Climbing through the Viet Cong tunnels in Cu Chi should be on your voyage Must-Do list. There are several opportunities to do this, so pick one and explore. But be sure to dress appropriately because you will most likely get dirty while crawling through narrow passageways on the lower levels. Located approximately two hours from Ho Chi Minh City, Cu Chi is famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the Viet Cong forces during wars against both the French and Americans. From the mid-1940s onward, the tunnels were used as a base from which the Viet

Cong could launch strategic attacks and then seemingly disappear into thin air. The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and the impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for tourist easier access. You may wish to bring a flashlight.

STANDARD PRICE		Early Booking
Adult	\$32	\$28
Child	\$16	\$14
TIME		
	Date	Time
Depart	February 11	1300
Return	February 11	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> Underground community made up of 200km of tunnels and chambers 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 90		

"It was an amazing experience. I felt so lucky to see the Cu Chi tunnels ..." – Madison, VP'14 Voyage

[Read a student journalist's article about her visit to the Cu Chi Tunnels in Vietnam.](#)



As soon as the ship is cleared, you will depart from the port for a two-hour drive toward the Vietnam/Cambodia border and receive a Cambodian visa. Continue the drive through the incomparable countryside and arrive in Phnom Penh, the capital of Cambodia and once considered the loveliest of the

French-built cities of Indochina. Its charm is still evident despite the violence and destruction during and immediately following the Viet Nam War. When the Viet Nam War spread to Cambodia, the city's population swelled with refugees, reaching about two million in early 1975. The *Khmer Rouge* took over the city in April 1975 and immediately forced the entire population into the countryside as part of a radical social program.

On your city orientation of Phnom Penh, you will visit the National Museum and view the Royal Palace and Silver Pagoda. You will also visit the Tuol Sleng Museum, a school that was converted into a prison camp and torture chamber by the *Khmer Rouge*. Thousands of Cambodians were incarcerated here before they were taken to *Choeng Ek* to be killed. Photographs of the victims, taken before or after torture, line the walls of the former schoolrooms. The only crime committed by most of these victims was being educated. A map of Cambodia, constructed of human skulls, dominates one room and symbolizes the fact that the death and destruction carried out by the Pol Pot Regime affected the entire country. At the Killing Fields of *Choeng Ek*, you will see the mass graves of more than 17,000 men, women and children who were executed at this extermination camp between 1975 and 1978. **Please note: These sites are grim reminders of the extermination policies carried out by the *Khmer Rouge*. If you choose to participate in these visits, be prepared for some gruesome and depressing sights.**

Angkor is an incomparable temple complex built between seven and 11 centuries ago at the height of the *Khmer* civilization. *Angkor's* 100 or so temples constitute the sacred network of a spectacular administrative and religious center covering 200-square kilometer. The ruins represent successive capitals constructed by a dozen *Khmer* kings, which included massive stone temples, majestic causeways and imposing towers. You will visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, **many consider *Angkor Wat* to be one of the most inspired and spectacular monuments ever conceived by the human mind.** The largest religious building in the world, it was built by Suryavarman II, who reigned from 1112 to 1152, to honor Vishnu and for later use as his funerary temple. The Bayon Temple of the complex is an edifice of 54 towers, each carved with the four enigmatic faces of the Bodhisattva Avalokitesvara and bas-relief events.

THE surprise HIGHLIGHT of this trip in 2014 was the visit to the [Leadership School for Young Women](#) on Day 4 where students played volleyball, built gardens, painted walls and really got to know the girls at the school and were significantly impacted by the experience.

Attention: 1 passport-size photo AND \$30 cash are required for visas AT THE BORDER.

In this powerful and moving [video](#), SAS students share stories and reflect on their memorable experiences in Viet Nam and Cambodia. **"It was an incredible experience."** –Melanie, SP'14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 1,172	\$ 1,117
Child	\$ 586	\$ 558
TIME		
	Date	Time
Depart	February 11	1300
Return	February 15	1550
HIGHLIGHTS		
<ul style="list-style-type: none"> • Historic sites in Phnom Penh & Siem Reap, including Optional sunrise at Angkor Wat and the Killing Fields • Vietnam & Cambodia Countryside's landscape & local life • Leadership school for Young Women 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 30		

Itinerary

Day 1: (D)

- Drive to Vietnam – Cambodia border
- Transfer to Phnom Penh (3 hour drive)
- Check in at hotel and dinner

Day 3: (B,L,D)

- Early morning departure to Phnom Penh for the drive to Siem Reap
- Check-in at hotel in Siem Reap
- Lunch at hotel
- Visit Angkor Wat
- Dinner at local restaurant

Day 5: (B)

- Transfer to REP airport for flight to Saigon
- Transfer to the SGN port

Day 2: (B,L,D)

- Visit Royal Palace, Silver pagoda, National Museum, local market named Toul Tom Pong market.
- Lunch at local restaurant
- Visit Toul Sleng Museum, Killing Fields and Russian Market
- Dinner at local restaurant

Day 4: (B,L,D)

- Visit Angkor Thom with Elephant Terrace, the Terrace of Leper King, Bayon Temple and Ta Prohm
- Lunch at hotel
- Visit Tonle Sap lake
- Visit Leadership School for Young Woman
- Dinner at local restaurant with cultural dance show

DAY 2: THURSDAY, FEBRUARY 12

IMPORTANT: If you are registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course.

COURSE #	FACULTY	DAY 2 - Thursday, 12 February
HIST 3559 102	Professor Jim Huffman	Imperialism & Colonialism
PSYC 3410 101	Professor Joe Lowman	Abnormal Psychology

HCM 201-201

MEKONG DELTA OVERNIGHT

2 days/1 night



Cai Be is a river town in Vietnam. It is in a rural district of Tien Giang Province in the Mekong Delta region of Vietnam. Along the river, there are docks that handle passengers and goods, and a daily floating market. Nestled along the bank of the Tien River, the Mekong Lodge offers a chance to explore one of the most beautiful areas in the region, which is still left untouched by modernization and development. This two-day program offers you a striking opportunity to capture an essence of Mekong Delta: its verdant landscape, friendly people and fantastic cuisine.

As you leave Ho Chi Minh City and head to the Mekong Delta— the land of nine dragons, you will see the mighty delta with its quaint rural landscape and immense waterway. The fun transfer by boat at the Cai Be River Wharf will be your first contact with the Mekong’s fertile alluvial water. On arrival, we check in for our private bungalows and enjoy a delicious lunch in the restaurant overlooking the river. After lunch, take a walking tour to discover the nearby villages around the Mekong lodge. In the evening, enjoy a Vietnamese cooking class and dinner in a cozy atmosphere.

Begin the second day with a buffet breakfast, before boarding a local sampan boat to visit the Cai Be floating market, a cultural feature of the Mekong Delta. Try to visit it early and you will see the most vibrant scene on Tien River: hundreds of boats loaded with fresh produce ready for sale. Later bike through the Delta’s tranquil winding lanes over numerous canals and tributaries. Take in the fresh air, serene views and taste some freshly picked fruit in local orchards. Around noon, cycle back to the Mekong Lodge to check out and take the short boat transfer back to Cai Be harbor and then return by vehicle to Ho Chi Minh City.

“A really great opportunity to see, feel and experience the real Mekong lifestyle. It didn’t feel ‘touristy’ and we had sufficient time to absorb culture.” –Drew, SP’14 Voyage

Note: Wear clothing and footwear appropriate for biking including sturdy shoes, light-weight clothing, a sun hat, sunglasses, and sunblock.

ITINERARY:

Day 1: (L, D)

- Depart Ho Chi Minh City for 2-3 hour drive to Cai Be town
- Explore lively Cai Be floating market and handicraft village
- Check into Mekong Lodge and enjoy lunch
- Walking tour to explore traditional way of life in the Delta
- Vietnamese cooking class and dinner

Day 2: (B,L,D)

- Enjoy breakfast at the lodge
- Explore the Cai Be floating market
- Bicycle through Vietnamese countryside
- Lunch and transfer back to Ho Chi Minh City

STANDARD PRICE		Early Booking
Adult	\$ 193	\$ 184
Child	\$ 97	\$ 92
TIME		
	Date	Time
Depart	February 12	0730
Return	February 13	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> • Experience local life in Cai Be town, one of the busiest towns in Mekong Delta • Practice your trading skills at the Cai Be floating market • Boat journeys and cycling in countryside • Vietnamese cooking 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 30		



Beach much? The town of Nha Trang extends the length of a white sandy beach and affords you the opportunity to explore some of Viet Nam’s beautiful coastline and off-shore islands. It also happens to be the most FESTIVE city during Tet. Many remnants of the ancient Cham civilization of Viet Nam are also found in this area. Visit the Long Son

Pagoda with its entrance gate and roofs decorated with mosaic dragons made of pieces of glass and ceramic tiles. Behind the pagoda, a huge white Buddha sits on a lotus blossom on top of a steep hill. Climbing the 154 stone steps to the Buddha statue is well worth the effort, as it provides an excellent view of Nha Trang. Also visit the famous Cham Towers at Po Nagar, built between the 6th and 12th centuries. The towers provide an excellent view of the mouth of the river, bridges and coracles (bamboo baskets) used to ferry fishermen out to their boats.

STANDARD PRICE		Early Booking
Adult	\$ 576	\$ 549
Child	\$ 288	\$ 275
TIME		
	Date	Time
Depart	February 12	0400
Return	February 14	1720
HIGHLIGHTS		
<ul style="list-style-type: none"> • One of the nicest beaches of Vietnam and its highlights • Help local students to protect the environment by collecting rubbish on Nha Trang’s beach • Help the nuns and orphans repaint classrooms at a pagoda 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 40		

Depart for the Ho Chi Minh City Airport for your one-hour flight to Nha Trang. Upon arrival, enjoy a light breakfast followed by a full-day city orientation including Long Son Pagoda, the famous Cham Towers at Po Nagar, Hon Chong Rocks, and the central market— Bao Dai Villas. In the afternoon, join a group of local students at a nearby beach for an ecological community service project before relaxing with them in a local café to enjoy cool drinks and conversation. This is a prime opportunity to get to know the local young Vietnamese. In the evening, enjoy a BBQ dinner with locals at one of the best restaurants in the city.

The next day, visit at the Oceanographic Institute followed by a full-day boat trip around Nha Trang. Swimming, exploring uninhabited islands and a seafood lunch at a local village are included. Dinner is at local restaurant.

On the last day, the group will have leisure time in the morning and then travel to a nearby pagoda where Buddhist nuns run an orphanage for 200 children. SAS voyagers will repaint and decorate classrooms and then play with the kids or talk with the nuns. Enjoy an authentic Vietnamese lunch before taking a bicycle ride through the Nha Trang countryside villages, rice fields and see typical rural homes. Travel back to the city and enjoy free time until the flight back to Saigon.

Itinerary

Day 1: (L,D)

- Fly to Nha Trang
- City tour of Nha Trang
- Lunch at restaurant
- Check-in to hotel
- Walk or transfer to nearby beach – collaborate with local students on eco-service project
- Relax at beach with local students– swimming
- BBQ Dinner at restaurant
- Overnight at Hotel in Nha Trang

Day 2: (B,L,D)

- Breakfast
- Visit the Oceanographic Institute
- Full-day boat trip around Nha Trang with time for swimming at uninhabited islands

- Local seafood lunch at Con Se Tre islands
- Return to the hotel – free time
- Dinner at a local Restaurant
- Overnight at Hotel in Nha Trang

Day 3: (B,L)

- Breakfast at hotel then leisure time
- Drive to a small pagoda in the country - help the nuns and orphans repaint classrooms inside the pagoda and play with kids
- Lunch at local restaurant
- Bike ride in the countryside through rice fields and visit local houses
- Depart hotel for Nha Trang Airport
- Fly to Ho Chi Minh City and transfer to port



Angkor is an incomparable temple complex built between seven and 11 centuries ago at the height of the *Khmer* civilization. Angkor’s 100 or so temples constitute the sacred network of spectacular administrative and religious center covering 200-square kilometers. The ruins represent successive capitals constructed by a dozen *Khmer* kings, which included massive stone temples, majestic causeways and imposing towers. You will visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, **many consider *Angkor Wat* to be one of the most inspired and spectacular monuments ever conceived by the human mind.** The largest religious building in the world, it was built by Suryavarman II, who reigned from 1112 to 1152, to honor Vishnu and for later use as his funerary temple.

The EGBOK Mission (Everything’s Gonna Be OK) was founded by SAS 2007 alumnus, Ben Justus. At the EGBOK student home you will discuss Cambodian history, the unintended consequences of the tourist economy in the country, and learn how EGBOK utilizes the hospitality industry to alleviate poverty through self-sustaining employment. Conclude your evening with a Cambodian-style dinner, cooked together with EGBOK Mission students. This excursion is designed for SAS participants to experience a more intimate and authentic side of Cambodia that is not often seen by travelers. Watch this [video](#) to see the impact EGBOK is having in the lives of Cambodian youth.

Attention: 1 passport-size photo AND \$30 cash are required for visas AT THE BORDER.

[Read more](#) about the SAS alumnus who founded the non-profit EGBOK in Cambodia. *“I loved the whole trip. The day with the EGBOK students was the highlight for me. I loved Cambodia.”* – Gilberto, SP’14 Voyage

Itinerary

Day 1: (L,D)

- Fly to Cambodia and transfer to hotel - lunch
- Lunch at hotel
- Visit *Angkor Thom* - also visit *Ta Prohm*
- Dinner at local restaurant
- Overnight at hotel in Siem Reap

Day 3: (B,L)

- Visit *Ton Le Sap Lake*, largest fresh water lake in South East Asia
- Visit to a *Les Artisans d' Angkor*—a development project teaching traditional crafts
- Lunch at hotel
- Fly back to Ho Chi Minh City

Day 2: (B,L,D)

- Visit *Angkor Wat*, the largest temple in the world
- Lunch at Restaurant
- Visit EGBOK’s mission center
- Dinner will be hosted by EGBOK
- Overnight at hotel in Siem Reap

STANDARD PRICE		Early Booking
Adult	\$ 1048	\$ 998
Child	\$ 524	\$ 499
TIME		
	Date	Time
Depart	February 12	0915
Return	February 14	2030
HIGHLIGHTS		
<ul style="list-style-type: none"> • Historic sites in Siem Reap including famous Angkor Wat • Local life in Cambodia • Chance to work with EGBOK Mission (activities are arranged & offered by EGBOK) 		
MINIMUM REGISTRATION: 27		
MAXIMUM CAPACITY: 30		





Located in Central Vietnam, Da Nang City is now the remarkably emerging commercial center in Vietnam, but nearby are located three of the most important historical sites in Vietnam, which have been on the World Heritage Sites List since the 1990s.

The first, **My Son Sanctuary**, was the religious centre for the capital of the Champa Kingdom. The majority of it was built in the 10th century. It lies in a valley surrounded by mountains. The site is an illustration of the Champa Kingdom, an important phase in the political and cultural history of South-East Asia. Started as an independent state in 192, Champa came under influence of the Hindu religion. Hindu architecture was introduced from the Indian subcontinent, and many temples to Hindu divinities were built. From the 13th century the kingdom declined and it ceased to exist in the 15th century.

STANDARD PRICE		Early Booking
Adult	\$ 671	\$ 639
Child	\$ 335	\$ 320
TIME		
	Date	Time
Depart	February 12	0430
Return	February 14	1835
HIGHLIGHTS		
<ul style="list-style-type: none"> Explore 3 World Heritage Sites: My Son Temple, Hoi An, and the Complex of Hue Monuments 		
MINIMUM REGISTRATION: 14		
MAXIMUM CAPACITY: 15		



The second site, **Hoi An**, is the best example of a traditional trading port in South-East Asia. It is the result of a fusion of cultures over time, from the 15th – 19th century. Hoi An attracted ships and traders from the rest of Asia and Europe. Its architecture is of traditional Vietnamese design, with Chinese and Japanese influences. You will take a ferry with locals to explore nearby **Cam Kim Island** by bike. On the island, visit the Duy Vinh commune mat village, rice paper factory, tropical fruit garden and rice fields. It's a golden opportunity to see the real countryside of Vietnam You may see a bamboo boat builder and opt to try it out. **Photo is Hoi An at night.** Take time to visit a local tailor and have a dress or suit made to order.

The third site, **The Complex of Hué Monuments**, is a unique example of a planned and fully defended feudal capital city in southeast Asia. Hué was the imperial capital of Vietnam between 1802 and 1945. The site consists of the Capital City in Hué, and associated monuments outside of the city. The latter includes the tombs of 7 emperors (Gia Long, Minh Mang, Thieu Tri, Tu Doc, Duc Duc, Dong Khanh, and Khai Dinh) and a string of temples, pagodas and other spiritual sites.

The Capital City is a complex enclosed within defensive walls. It includes residences, palaces, gates, and the Forbidden Purple City at its heart. In Hue, a stop will be made at Duc Son pagoda that is home to more than 200 orphans. SAS voyagers will enjoy a special lunch at the pagoda's vegetarian restaurant as a way to support the orphanage.

"I loved Hoi An and the pottery village. That experience of throwing a pot with the help of a local was once in a lifetime." – Kelsey, SP'14 Voyage

If you can get past the cheesiness of the *Bachelorette*, there is some good video of Hoi An and Da Nang [here](#).

Itinerary**Day 1: (B,L,D)**

- Fly to Da Nang city – breakfast on board
- Upon arrival, visit My Son temple
- Lunch at local restaurant in Da Nang
- Visit Hoi An town
- Ferry to Cam Kim island and explore village by bike
- Dinner at local restaurant
- Overnight in Hoi An

Day 2: (B,L,D)

- Visit two tombs of Nguyen Dynasty – stop en-route to visit the orphanage at Duc Son Pagoda
- Lunch (vegetarian) at Tinh Tam restaurant run by the nuns who operate the orphanage
- Fly back to Ho Chi Minh City and transfer back to Nha Rong Port

Day 2: (B,L,D)

- Visit Hoi An market & the Ancient town
- Overland drive from Hoi An to Hue
- Lunch at local restaurant
- Visit Imperial Citadel and take a boat trip to Thien Mu pagoda
- Dinner at local restaurant
- Overnight in Hue



The group will first visit Cu Chi tunnels by speedboat, departing from the Saigon city center. By departing early, the group will be among the first visitors at this site. This is followed by lunch at a nearby restaurant and then heading to the Viet Nam – Cambodia border crossing. At the other side of the border, our representative will greet and escort you to the Cambodia's capital.

Phnom Penh, capital of Cambodia, was once considered the loveliest of the French-built cities of Indochina. Its charm is still evident despite the violence and destruction during and immediately following the Viet Nam War. When the Viet Nam War spread to Cambodia, the city's population swelled with refugees, reaching about two million in early 1975. The *Khmer Rouge* took over the city in April 1975 and immediately forced the entire population into the countryside as part of a radical social program.

On your city orientation of Phnom Penh, you will visit the National Museum and view the Royal Palace and Silver Pagoda. You will also visit the Tuol Sleng Museum, a school that was converted into a prison camp and torture chamber by the *Khmer Rouge*. Thousands of Cambodians were incarcerated here before they were taken to *Choeng Ek* to be killed. Photographs of the victims, taken before or after torture, line the walls of the former schoolrooms. The only crime committed by most of these victims was being educated. A map of Cambodia, constructed of human skulls, dominates one room and symbolizes the fact that the death and destruction carried out by the Pol Pot Regime affected the entire country. At the Killing Fields of *Choeng Ek*, you will see the mass graves of more than 17,000 men, women and children who were executed at this extermination camp between 1975 and 1978. **Please note: These sites are grim reminders of the extermination policies carried out by the *Khmer Rouge*. If you choose to participate in these visits, be prepared for some gruesome and depressing sights.**

Angkor is an incomparable temple complex built between seven and 11 centuries ago at the height of the *Khmer* civilization. *Angkor's* 100 or so temples constitute the sacred skeleton of spectacular administrative and religious center covering 200-square kilometers. The ruins represent successive capitals constructed by a dozen *Khmer* kings, which included massive stone temples, majestic causeways and imposing towers. You will visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, **many consider *Angkor Wat* to be one of the most inspired and spectacular monuments ever conceived by the human mind.** The Bayon Temple of the complex is an edifice of 54 towers, each carved with the four enigmatic faces of the Bodhisattva Avalokitesvara and bas-relief events.

Attention: 1 passport-size photo AND \$30 cash are required for visas AT THE BORDER.

In this [video](#), SAS students reflect on their incredible experiences in Vietnam and Cambodia on the fall 2011 voyage.

"It was an amazing experience. I felt so luck to see the Cu Chi tunnels ..." – Madison, VP'14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 1112	\$ 1059
Child	\$ 556	\$ 530
TIME		
	Date	Time
Depart	February 12	0700
Return	February 15	2030
HIGHLIGHTS		
<ul style="list-style-type: none"> Historic sites in Phnom Penh & Siem Reap including Optional sunrise at Angkor Wat, Killing Fields Local life in Cambodia 		
MINIMUM REGISTRATION: 36		
MAXIMUM CAPACITY: 40		

Itinerary

Day 1: (L,D)

- Visit Cu Chi Tunnels by private speedboat
- Lunch at local restaurant in Tay Ninh
- Overland drive toward Vietnam – Cambodia border crossing
- Transfer to Phnom Penh (3 hour drive)
- Check in hotel and dinner
- Overnight

Day 3: (B, L, D)

- Visit Angkor Thom with Elephant Terrace
- Lunch at hotel
- Visit Angkor Wat
- Dinner at local restaurant with cultural dance show
- Overnight

Day 2: (B,L,D)

- Visit Royal Palace, Silver pagoda, National Museum, shopping at Russian market
- Visit Toul Sleng Museum, Killing Fields
- Lunch at local restaurant
- Depart Phnom Penh for the drive to Siem Reap
- Check-in hotel in Siem Reap with dinner at hotel
- Overnight

Day 4: (B, L)

- Visit Banteay Srei
- Lunch at hotel
- Visit Tone Le Sap lake
- Fly back to Saigon
- Transfer to Ship

HCM 126-201

Cu Chi Tunnels & War Remnants Museum with SAS Faculty

Full-Day



This full-day trip combines the Cu Chi Tunnels with a visit to the war remnants museum **with professor Chad Emmett** to see some the gruesome effects of war. Located approximately two hours from Ho Chi Minh City, Cu Chi is famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the Viet Cong forces during wars against both the French and Americans. From the mid-1940s onward, the tunnels were used as a base from which the Viet Cong could launch strategic attacks and then seemingly disappear into thin air.

The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and the impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for tourist easier access. You may wish to bring a flashlight and be SURE to dress appropriately – you will get dirty crawling through the lower tunnels. After **lunch at a local restaurant**, continue to the War Remnants Museum. This visit is likely to jolt the senses; many of the photographs are grisly and shocking. In the yard of the museum, U.S. armored vehicles, artillery pieces, bombs and infantry weapons are displayed. This field program will provide a backdrop for considering how images of conflict are captured and conveyed, and for reflecting upon the ethics of telling war stories.

Watch [this video](#) to hear students' reflect on their visit to the War Remnants Museum in Ho Chi Minh City and insight they gained into the Vietnam War.

"It was an amazing experience. I felt so lucky to see the Cu Chi tunnels " – Madison, VP'14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 71	\$ 62
Child	\$ 36	\$ 31
TIME		
	Date	Time
Depart	February 12	0800
Return	February 12	1400
HIGHLIGHTS		
<ul style="list-style-type: none"> • Underground community made up of 200km of tunnels and chambers • War Remnants Museum 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 90		



Until the 16th century the Mekong Delta was an area of marshlands and forest. Gradually marshlands were reclaimed, and a canal network was built for the cultivation of rice, fish, soybeans, maize, peanuts, tobacco and melons. The My Tho area is famous for its coconut palms and fruit orchards (mangoes, longans, bananas and citrus fruits). The drive out of Ho Chi Minh City (about 1.5 hours using the National Highway) takes you through miles of flat rice fields, along a road that is always busy with bicycles and people heading to or from the market. A highlight of this trip is a boat ride on the Mekong River to observe the active river life. The Mekong Delta was annexed from the Khmers in the late 18th century and continues to be influenced by Cambodia. Your boat trip takes you to one of the islands in the Mekong Delta to see a traditional farmer’s home and fruit orchards where you will have the opportunity to sample exotic tropical fruits. Lunch will be at a local restaurant/house in My Tho.

STANDARD PRICE		Early Booking
Adult	\$ 46	\$ 40
Child	\$ 23	\$ 20
TIME		
	Date	Time
Depart	February 12	0800
Return	February 12	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> Natural & local life discovery in Mekong Delta Sampan ride through tiny canals Chances to interact with local people during walking 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 90		

“We all loved it...They took good care of us...This was the best excursion yet.” – Lana, SP’14



In the morning, travel to a local market to meet a chef who will guide you through the colorful and vibrant produce section to purchase the ingredients needed for the cooking class. Then, return to Hoa Tuc restaurant for your authentic Vietnamese cooking workshop.

Hoa Tuc restaurant is one of the city’s best kept secrets, hidden in a small urban square. The chef has selected some favorite Vietnamese dishes on the more classic side as well as some of the restaurant’s signature dishes. What makes this cooking class so special and unique is the small class size and keen attention to details. You will discover fresh, exotic ingredients at the local market, cook with unusual Vietnamese kitchenware in a beautiful location, and be guided by thoughtful staff effortlessly communicating in English.

STANDARD PRICE		Early Booking
Adult	\$ 82	\$ 71
Child	\$ 41	\$ 36
TIME		
	Date	Time
Depart	February 12	0830
Return	February 12	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> Interactive cooking class on traditional Vietnamese dishes Market visit with local chef The atmosphere at Saigon’s famous market on the most busy days before Tet 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 20		

Regardless of whether you are a novice or professional, you will find this cooking class to be a fun and interesting way to dig into Viet Nam’s rich and colorful culture. You will be given all recipes in detail at the end of the class. Menus can be adapted to incorporate vegetarians or those with any allergy. After the meal, our group is transferred back to the port or may stay downtown for further exploration.

“[It] was fantastic. Loved the food, great guides.” – Phillip, SP’14 Voyage

ATTENTION! This trip now DEPARTS on DAY 2, February 12

HCM 402-301

CAVING IN QUANG BINH (only ONE option)

3 days/2 nights



Warning, this trip is NOT for sissies. Camping, trekking, local villages, swimming at waterfalls. Seriously cool. In 2009, the world's largest cave was "found" in a remote jungle in Vietnam. Okay, we're not exploring THAT cave, but still, the three caves that you will explore are pretty incredible. Before you get there, we'll take you to ride local bikes through the country paths to Cam Thanh

village. Divide into smaller groups to attempt [paddling the basket boat](#) through the palm forest. Have lunch at local restaurant inside the village. The next morning in Hue you will learn about the history and culture at the [Thien Mu pagoda](#) & visit Minh Mang's tomb. Then it's on to the Quang Binh province for two FULL days exploring the jungle and cave area of **Tu Lan** (Google it!).

There are many spectacular untouched caves in this limestone mountain area with beautiful stalagmites and stalactites, as well as underground rivers and waterfalls. Tu Lan is somewhat hidden from the world due to its remote location, making this an excellent jungle area to explore! In fact, Hang Ken Cave, visited on this tour, won the [National Geographic 2011 photograph of the year](#).

You will experience the best camping adventure in Vietnam, beside a stunning waterfall deep in the jungle. Spot flying foxes in the early evening as you enjoy a delicious meal cooked over the fire. The trekking distance is about 7km per day and there are 2 moderate hills to pass. Safety is absolutely paramount and students will be provided with helmets, life jackets, headlights and trekking boots. All camping gear will also be provided and carried by local porters.

IMPORTANT NOTE: For adventure students only! [Students should have previous experience trekking and swimming abilities.](#)
MAXIMUM 20 PAX/GROUP

ITINERARY

Day 1: (B,L,D)

- Fly to Da Nang & simple breakfast on arrival
- Bike and Paddle basket boat near Cam Thanh village
- Lunch at local restaurant
- Drive approx. 4 hours to Hue
- Dinner at local restaurant & overnight at hotel

Day 2: (B,L,D)

- Visit Thien Mu pagoda & visit Minh Mang's tomb
- Lunch at local restaurant or en-route to Quang Binh (4.5 hrs overland drive)
- BBQ dinner and camp for overnight at the adventure centre (with full bathroom facilities)

Day 3: (B,L,D)

- Drive to Tan Hoa Village
- Trek to Hung Ton Cave, Yo Mo Valley (0930-1200)
- Lunch at To Mo Waterfall
- Arrive at Campsite in front of Hang Ken Cave
- Prepare camp, swimming at Hang Ken waterfall
- Dinner
- Overnight at campsite in front of Tu Lan Cave – a beautiful beach in front of the cave

Day 4: (B,L)

- Breakfast
- 0800 Explore Hang Kim Cave, with waterfalls and climbing fish
- Visit Tu Lan dry cave and waterfall
- Trek back to Tan Hoa Village (3 hrs)
- Lunch at local restaurant
- Depart Dong Hoi for drive to Hue airport
- Fly back to Saigon

STANDARD PRICE		Early Booking
Adult	\$ 899	\$ 869
Child	\$ 456	\$ 445
TIME		
	Date	Time
Depart	February 12	0430
Return	February 15	2300
HIGHLIGHTS		
<ul style="list-style-type: none">• Visit the Hue Complex• Overnight in Hue• Phong kha Ke Bang National Park – UNESCO World Heritage Site• Vietnamese jungle – waterfalls, caves, wildlife• Camping		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 20 (more on request)		

DAY 3: FRIDAY, FEBRUARY 13

HCM 302-301

TEMPLES OF ANGKOR

3 days/2 nights



Angkor is an incomparable temple complex built between seven and 11 centuries ago at the height of the Khmer civilization. Angkor's 100 or so temples constitute the sacred network of spectacular administrative and religious center covering 200-square kilometers. The ruins represent

successive capitals constructed by a dozen Khmer kings, which included massive stone temples, majestic causeways and imposing towers. You will visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, **many consider Angkor Wat to be one of the most inspired and spectacular monuments ever conceived by the human mind.** The largest religious building in the world, it was built by Suryavarman II, who reigned from 1112 to 1152, to honor Vishnu and for later use as his funerary temple. The Bayon Temple of the complex is an edifice of 54 towers, each carved with the four enigmatic faces of the Bodhisattva Avalokitesvara and bas-relief events.

STANDARD PRICE		Early Booking
Adult	\$ 996	\$ 949
Child	\$ 498	\$ 475
TIME		
	Date	Time
Depart	February 13	0530
Return	February 15	2030
HIGHLIGHTS		
<ul style="list-style-type: none"> Historic sites in Siem Reap including famous Angkor Temples Local life in Cambodia 		
MINIMUM REGISTRATION: 23		
MAXIMUM CAPACITY: 25		

Attention: **1 passport-size photo AND \$30 cash are required for visas AT THE BORDER.**

Itinerary

Day 1: (L,D)

- Fly from Saigon to Cambodia
- Upon arrival transfer to Empress Angkor Hotel
- Lunch at hotel
- Visit Rolous group with Lolei, Preah Ko & Bakong Temples
- Dinner at restaurant with Cultural Dance Show
- Overnight

Day 2: (B,L,D)

- OPTIONAL sunrise at Angkor
- Breakfast at hotel
- Visit Ta Prohm, Bayon
- Lunch at Restaurant
- Visit Angkor Wat until sunset
- Dinner at restaurant
- Overnight

Day 3: (B,L)

- Breakfast at hotel
- Boat trip on Tonle Sap Lake followed
- Lunch at hotel
- Visit Preah Khan and Neak Pean
- Fly to Saigon and transfer back to Ship

"It was captivating. The best part was wandering through the ancient ruins...It was perfect." – Sean, SP'14

In addition to visiting **Ha Noi**, which arguably has become one of the most interesting cities in Southeast Asia, this trip explores one of the natural wonders of the world – the magnificent **Ha Long Bay**. The bay’s tranquil beauty encompasses 1,500-square miles dotted with more than 1,000 limestone islands and islets. Bizarre rock sculptures jut dramatically from the sea, and numerous grottoes have created a picturesque setting. The sails of the *junks* and *sampans* gliding on the bay add to the timeless beauty of the scene. A four-hour boat trip on the bay includes stops at some of the grottoes. The most spectacular is Dau Go Cave with its stalactites and stalagmites resembling beasts, birds and human forms. Enjoy learning about some of Ha Long Bay’s historic battles and listening to folk legends about the various grottoes.

Your journey starts with a transfer to Ho Chi Minh City Airport for your flight to Ha Noi. Upon arrival, you are transferred to Ha Noi for an orientation that includes visits to the Army Museum, Ba Dinh Square and One Pillar pagoda. Enjoy lunch at a local restaurant in Ha Noi then depart by motorcoach to Ha Long Bay. This three-hour journey provides insight into the agricultural lifestyle of the north. See emerald-green rice paddies, water buffalo, farms and villages. Check into the hotel and refresh before going out for dinner at a local restaurant.

The next day, enjoy a four-hour boat ride in Ha Long Bay, including lunch on board before departing overland for Ha Noi, arriving early evening. Enjoy a water puppet performance with dinner.

The following day visit the Temple of Literature, 36 Streets and Tran Quoc Pagoda then have free-time for lunch on your own. Depart Hanoi after lunch toward Noi Airport for the return flight to Saigon with stop en-route to visit two typical villages at Hanoi’s outskirts, Nhat Tan and Dong Ngac, where you will see the local people busily preparing for the festive season of TET.

STANDARD PRICE		Early Booking
Adult	\$ 713	\$ 679
Child	\$ 356	\$ 340
TIME		
	Date	Time
Depart	February 13	0345 (worth it!)
Return	February 15	2230
HIGHLIGHTS		
<ul style="list-style-type: none"> • Halong Bay & Caves – one of the World’s 7 New Wonders • Hanoi’s highlights and local life at both Old Quarter and outskirt villages in the days before Tet 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 50		



ITINERARY

Day 1: (B,L,D)

- Fly to Hanoi
- City tour – includes visit to Ho Chi Minh complex
- Lunch at local restaurant
- Drive to Halong
- Dinner at local restaurant
- Overnight at hotel in Halong Bay

Day 2: (B,L,D)

- Breakfast – check out of hotel
- Boat ride in Halong Bay

- Seafood lunch on board
- Drive back to Hanoi – hotel check-in
- Free time
- Dinner at local restaurant with puppet show
- Overnight at hotel in Hanoi

Day 3: (B)

- Breakfast at hotel
- Hanoi city tour
- Free time for lunch on your own
- Visit Nhat Tan flower village and Dong Ngac ancient village
- Fly to Saigon and transfer to ship



For those who want a hands-on experience of Vietnam’s culture through its craft and cuisine then this half-day activity is for you.

Begin the day with a 30-minute escorted walk through the local market to absorb some of the sights, smells and color on your way to your destination where everyone will craft a pottery item and learn to cook an authentic Vietnamese meal.

After making your pottery and preparing your meal, sit down to enjoy the lunch you have created! When you finish, take a walk with a local guide to visit a nearby market on its busiest time of the year and also visit a Chinese Temple with fantastic statues and intricate wood carvings.

STANDARD PRICE		Early Booking
Adult	\$ 75	\$ 66
Child	\$ 38	\$ 33
TIME		
	Date	Time
Depart	February 13	0900
Return	February 13	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Learning Vietnamese craft and cuisine • Special atmosphere at local market and Temples in preparation for Lunar New Year 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 20		



Vietnam is perhaps one of Asia’s finest destinations for biking, considering its extensive use in day to day life. There is no better way to get close to people in the countryside and to take in the extraordinary sights, sounds and smell of rural life in Vietnam.

Guests are picked up at the port at 7:30AM and transferred out of the busy city to a drop off point in Tan Phong ward, district 7. From there, each guest will be provided a bicycle and, as a group, we will cycle through villages and local markets on both paved and dirt roads toward the Tan An township of Long An province.

On the way, we stop for a coffee or a cold drink and to chat with local people. This is a relaxing and insightful ride to discover the simple but enchanting way of life in the Vietnamese countryside without journeying too far. The ride will be from 20 to 35km depending on group ability and includes a local lunch. Return to the port around 3:30PM.

“I thought it was great; I loved being able to see the countryside up close and interact with local people along the way.” – Brennan, SP’14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 84	\$ 73
Child	\$ 42	\$ 37
TIME		
	Date	Time
Depart	February 13	0730
Return	February 13	1530
HIGHLIGHTS		
<ul style="list-style-type: none"> • Discover local life at a slower pace on the outskirts of the city • Local lunch 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 30		

DAY 4: SATURDAY, FEBRUARY 14

HCM 301-401

CAMBODIA EXPRESS TO PHNOM PENH AND SIEM REAP

3 days/ 2 nights



In Phnom Penh, you will have a brief city orientation before visiting the Tuol Sleng Museum, a school that was converted into a prison camp and torture chamber by the *Khmer Rouge*. Thousands of Cambodians were incarcerated here before they were taken to *Choeng Ek* to be killed. Photographs of the victims line the walls of the former schoolrooms.

The only crime committed by most of these victims was being educated. A map of Cambodia, constructed of human skulls, dominates one room and symbolizes the fact that the death and destruction carried out by the Pol Pot Regime affected the entire country. At the Killing Fields of *Choeng Ek*, you will see the mass graves of more than 17,000 men, women and children who were executed at this extermination camp between 1975 and 1978. **Please note:** These sites are grim reminders of the extermination policies carried out by the *Khmer Rouge*. If you choose to participate in these visits, be prepared for some gruesome and depressing sights.

Angkor's 100 or so temples constitute the sacred network of spectacular administrative and religious center covering 200-square kilometers. The ruins represent successive capitals constructed by a dozen *Khmer* kings, which included massive stone temples, majestic causeways and imposing towers. You will visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, **many consider *Angkor Wat* to be one of the most inspired and spectacular monuments ever conceived by the human mind.** The largest religious building in the world, it was built by Suryavarman II, who reigned from 1112 to 1152, to honor Vishnu and for later use as his funerary temple. The Bayon Temple of the complex is an edifice of 54 towers, each carved with the four enigmatic faces of the Bodhisattva Avalokitesvara and bas-relief events.

Attention: 1 passport-size photo AND \$30 cash are required for visas AT THE BORDER.

"It was a trip that maximized our Cambodia experience." – Stacy, SP'14 Voyage Itinerary

Day 1: (D)

- Check-in at hotel
- Visit Silver Pagoda, Royal Palace
- Sunset Cruise on the Mekong River
- Visit Palm Tree Orphanage
- Dinner at restaurant
- Overnight at hotel

Day 3: (B,L)

- Optional sunrise at Angkor Wat before breakfast
- Visit Ta Prohm and Angkor Wat
- Lunch at hotel

Visit South Gate of Angkor Thom, Bayon, Baphuon,

- Elephant Terrace and Leper King Terrace
- Fly to Saigon and transfer to Ship

Day 2: (B,L,D)

- Breakfast
- Visit Toul Sleng and Killing Fields
- Visit Russian Market (if time permitted)
- Lunch restaurant
- Visit National Museum
- Fly to Siem Reap
- Dinner at restaurant with Cultural Dance Show
- Overnight at hotel

STANDARD PRICE		Early Booking
Adult	\$ 1227	\$ 1169
Child	\$ 614	\$ 585
TIME		
	Date	Time
Depart	February 14	0600
Return	February 16	2030
HIGHLIGHTS		
<ul style="list-style-type: none"> • Historic sites in Phnom Penh & Siem Reap • Optional sunrise at Angkor Wat • Killing Fields • Local life in Cambodia 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		



Beginning in the 16th century, the marshlands of the Mekong Delta were reclaimed and a canal network was built for the cultivation of rice, fish, soybeans, maize, peanuts, tobacco and melons. The drive out of Ho Chi Minh City (about 2.5 hours) takes you through miles of flat rice fields. A highlight of this trip is a boat ride on the Mekong River to observe the active river life. Your boat trip takes you to one of the islands in the Mekong Delta to see a traditional farmer’s home and fruit orchards where you will have the opportunity to sample exotic tropical fruits, interact with local people and take a bicycle ride through the village.

Dinner and overnight at a local house tonight with lot of evening activities offered by the owner, including making your own traditional Vietnamese New Year rice cakes called Banh Tet and cooking them for breakfast in the morning.

The next morning, have breakfast at the house and then take a walk along the village to enjoy the fresh air. Afterwards, the group will take a boat trip to visit the brick kilns where you can see how the local people create beautiful clay pottery. The boat will go along the floating village and you will learn more about catfish farms in Vietnam. The cruise will end at Vinh Long city where group can visit Vinhlong market— the best place in town for taking pictures of local food ingredients, such as fish, shrimp, prawns, crabs, snakes, rice-field rats, tropical fruits, and vegetables. In *the days before Tet (Vietnamese New Year), the Cai Rang floating market is usually full of boats and vendors who bring red, orange and yellow colored flowers to trade* at the floating market along with lot of fruits and vegetables. This is the most vivid season of the floating market when it may expand its size from 50 meters square to 100 meter square.

Then, travel overland from Vinh Long to Can Tho (about 1.5 hour drive) to the most modern and commercial town in the Delta. Check-in at hotel on arrival. In the afternoon, you will visit a typical ancient house in Binh Thuy that specializes in making “Pizza Hu tieu” and have the chance to sample this interesting dish. Then, return to Ho Chi Minh City and visit the Khmer Pagoda and Can tho Museum (if open) before returning to the hotel for checkout. Lunch at a local restaurant.

“It was the homestay where I felt like I was really immersed into the culture.” – Ileana, SP’14 Voyage

Please NOTE: We are in the process of confirming participation with **Heifer International** program in Can Tho.

Itinerary

Day 1: (L,D)

- Depart Nha Rong Port for Cai Be
- Arrive Cai Be township and boat to nearby islands
- Lunch at local house en-route
- Dinner served at the **homestay**

Day 3: (B,L)

- Departing Can Tho by riverboat
- Visit a local house for “Pizza Hu tieu”
 - Return to city to visit a Khmer Pagoda
 - Lunch at local restaurant
 - Return overland to Saigon and re-board Ship

Day 2: (B,L,D)

- Banh Tet for Breakfast at house
- Depart by boat for Vinh Long township
- Drive Can Tho and enjoy free time in city
- Lunch then check-in **hotel**
- Visit Binh Thuy temple
- Return overland to Can Tho
- Dinner at local restaurant

STANDARD PRICE		Early Booking
Adult	\$ 240	\$ 229
Child	\$ 120	\$ 115
TIME		
	Date	Time
Depart	February 14	0800
Return	February 16	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Local life in Mekong Delta during Tet • Homestay with local people and chance to learn more of the traditional lifestyle • Local kilns & floating markets 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 20		



New this year, SAS made special arrangements for its voyagers to participate in a “get your hands dirty” work project at Anh Duong School, about 1 hour drive from the ship. The school will be closed for the Tet holiday, but we will meet with a few local teachers and school leaders to paint the inside of the school. After all that hard work, the group will enjoy a typical Vietnamese lunch at a local restaurant.



Later, visit the [Cu Chi wildlife rescue station](#). The station was established in 2006 and is home to animals confiscated from the illegal animal trade in Ho Chi Minh and surrounded provinces. The Cu Chi Wildlife Rescue Station is a cooperative program between Wildlife At Risk (WAR) and the Ho Chi Minh City Forest Protection Department (FPD). At the Cu Chi Wildlife Rescue Station, you will see endangered animals and learn about their stories from wildlife rescue and rehabilitation professionals.

Afterwards, you will visit the **Thien Phuoc Handicapped Children Fostering Institution** that was established and managed by Priest Phan Khac Tu. Thien Phuoc is an organization that cares for and supports disabled children. Established in the community of West An Nhon, in the Cu Chi district, it is a branch of the Catholic Committee of Ho Chi Minh City. Thien Phuoc is responsible for taking in, feeding, teaching, and treating handicapped children and those with infectious diseases and illness. There are also children, from newborn infants to 12 year olds, as well as orphans and those that are too poor to pay for medicine that have been accepted into Thien Phuoc’s care,

Please Note: The cost of this program includes paint, supplies, water and snacks at the school; entrance fee and donation to Thien Phuoc.

“I loved it. I most enjoyed the 2 hours that we spent directly with the kids [at Thien Phuoc].” – Kim, SP’14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 97	\$ 84
Child	\$ 48	\$ 42
TIME		
	Date	Time
Depart	February 14	0800
Return	February 14	1900
HIGHLIGHTS		
<ul style="list-style-type: none"> • See rare wildlife native to Viet Nam • Interact & helping with taking care of handicapped children 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 75		

DAY 5: SUNDAY, FEBRUARY 15

HCM 201-501

IMPACT: HOMESTAY IN COCONUT GROVE

2 days/1 night



Ben Tre is a province that lies in the lowest part of the Mekong River Basin, some 85 km south of Ho Chi Minh City. Verdant and flat, the province is dedicated to rice and fruit cultivation and the traditional Mekong way of life is still preserved here. Famous for its coconut desserts, Ben Tre is suitably covered in coconut trees. In Ben Tre, you have a chance to look at fine handicraft items made from coconut, such as sandals, dolls, small baskets, bed lamps and vases. You can also watch how candy is made and taste it right at the workshops.

In this 2-day trip, the group will take a boat cruise to visit various local workplaces that will give you a sense of how the local economy works, including a brickworks, a coconut processing workshop and a mat weaving house, where straw mats are woven using a hand loom.



Stop at a quiet village for a short walk to experience real Delta village life, before boarding your **xe loi** (a kind of motorized rickshaw) and travelling into the forest for lunch at a riverside restaurant.

After lunch take a bicycle fun ride through the forest and take a break at a local's house, where you may enjoy his collection of antique items and fascinating artifacts. Continue onto another house where you will have a cooking lesson with the family and help prepare your dinner. After dinner, join the family to make **Tet sticky rice** cake that is a special cake in the South of Vietnam and usually be made a week prior to Tet festival (Vietnamese New Year).

Next day, enjoy a simple breakfast at the homestay then head out for a bicycle ride to the temple and market in **Phu Nhuan**. After saying goodbye to your homestay family, it's time to board a sampan for a relaxing trip along narrow canals before reaching the boat to get back to pier. From there, travel back to Ho Chi Minh City via bus.

Itinerary

Day 1: (L,D)

- Drive to Ben Tre town
- Upon arrival, board a private boat for cruising on Ham Luong river to visit various local workshops
- Take a tour on a Xe Loi (motorized rickshaw)
- Lunch at a riverside restaurant
- Bicycle ride to the local house where group will stay for night
- Join the owners to make Tet cake and prepare for your dinner with some typical dishes
- Dinner and time with family

Day 2: (B,L)

- Breakfast at the homestay
- Bicycle ride to visit nearby temple and market
- Return to house and free time
- Depart village and travel by sampan for a relaxing cruise back to the boat
- Take bus back to Ho Chi Minh - lunch at local restaurant en-route
- Arrive Nha Rong Port and re-board ship

STANDARD PRICE		Early Booking
Adult	\$ 135	\$ 129
Child	\$ 68	\$ 65
TIME		
	Date	Time
Depart	February 15	0800
Return	February 16	1500
HIGHLIGHTS		
<ul style="list-style-type: none"> • Local life in Ben Tre town – the legendary land of coconut • Boat journeys and cycling through the verdant countryside • Experience the ways locals prepare for Tet holidays 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 15		



Explore an area of the Mekong Delta seen by few before. After a 2-3 hour drive from Ho Chi Minh City, you will be welcomed to Cai Thia local market in Tien Giang Province. Walk along Cai Thia Canal to visit Cai Thia church, My Luong temple, and a bricks factory. Continue by boat to a local house to witness the

tradition of rice paper-making. After learning how to make rice paper, take an optional bike tour to explore the village of Hoa Loc Mango. Bike on small, beautiful roads to see traditional houses made of wood and palm tree leaves. Take in the local farmers' activities as they catch fish or pick fruit.

Next, the boat will arrive in Rach Tre (Bamboo Canal) where you will enjoy hot tea and homemade cakes before a special lunch featuring local dishes. In the afternoon, you will explore Cai Be's floating market as the boat cruises along local barges full of fruits and vegetables. Learn how to make coconut candy, pop-rice and rice wine. After an afternoon exploring the market, you will make your way back to Ho Chi Minh City in the late afternoon.

Please Note: Wear clothing and footwear appropriate for biking including sturdy shoes, light-weight clothing, a sun hat, sunglasses, and sunblock.

"This was another great trip. And the food that we were served on the boat was the best that I had in Vietnam. It was truly memorable." – Grant, SP'14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 66	\$ 58
Child	\$ 33	\$ 29
TIME		
	Date	Time
Depart	February 15	0800
Return	February 15	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> Natural & local life discovery in Mekong Delta Biking ride through narrow paths & bridges Chances to interact with local people during walking 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 38		



One traditional art form with deep roots in Vietnamese culture is the **water puppet show**. Water puppetry originated in the villages of the Red River Delta around Hanoi more than 1,000 years ago. Reflecting their origin, most of the skits revolve around stories about village and rural life. In the evening, you are picked up from hotel and driven to the **Water Puppetry Theatre** for

1-hour show followed by Vietnamese set menu dinner at a local restaurant in the downtown. Then you are transferred back to your hotel can enjoy free time downtown for further exploration on your own.

"It was awesome! Highly recommend." – Mary, SP'14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 53	\$ 46
Child	\$ 26	\$ 23
TIME		
	Date	Time
Depart	February 15	1645
Return	February 15	1915
HIGHLIGHTS		
<ul style="list-style-type: none"> Water puppet performance & Vietnamese typical dishes 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 120		

DAY 6: MONDAY, FEBRUARY 16

HCM 114-601

MEKONG RIVER ADVENTURE BY SPEEDBOAT

Full-Day



Can Gio Biosphere Reserve is located in the coastal district southeast of Ho Chi Minh City. It covers 75,740 hectares and is dominated by mangroves home to both salt water and brackish water species. The mangroves in Can Gio have a high biodiversity with more than 200 species of fauna and 52 species of flora. The effects of the wars on these ecosystems have been

devastating and enormous efforts have been made by local people to rehabilitate the mangroves. Today it is one of the most extensive sites of rehabilitated mangroves in the world.

After taking an eco-adventure speedboat tour through scenic canals to the mangrove forests, we will enter the famous Mekong Delta and stop at a local riverside market where you can absorb all the sounds, colors and aromas of this amazingly fertile region.

Then, we leave behind the leafy palms and coconut trees of the Mekong and are soon enveloped in a dusky twilight world, surrounded by towering mangrove trees. See villagers hand-knotting nets before spreading them out to dry in the sun at a local fishing hamlet. Spot monkeys and gibbon swinging through the trees at **Vam Sat**. Feed the crocodiles at the crocodile reserve and paddle around the still waters of the Bat Lagoon in a small wooden boat.

A breakfast of pastries, fresh fruits and Vietnamese coffee will be served as we depart Saigon and Vietnamese specialties will be served for lunch.

"The speedboat was very fun, along with feeding the crocs and seeing the bats, and monkeys." – Linda, SP'14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 147	\$ 128
Child	\$ 73	\$ 64
TIME		
	Date	Time
Depart	February 16	0730
Return	February 16	1530
HIGHLIGHTS		
<ul style="list-style-type: none"> • Can Gio Biosphere Reserve • Daily local life along waterways in Saigon's outskirts 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 30		

HCM 120-601

Cu Chi Tunnels, Agricultural Village, & Healthy Cooking Class

Full-Day



This tour will combine a visit to the Agriculture villages in the Cu Chi area and the famous tunnel complex. This will provide the group with a full day experience of the traditional ways that local people work with agriculture in Vietnam as well as a chance to taste some traditional dishes from Vietnamese cuisine.

HCM Agricultural Villages is an area of over 70,000 square meters, located on the dirt roads of Cu Chi Province, about 35 km from

Ho Chi Minh City. Here you will discover a [Vietnamese medicine garden](#) with a variety of herbs, spices and vegetables. Moreover, guests are instructed how to grow many kinds of mushrooms and understand use of herbs and spices in traditional Vietnamese medicine.

In the morning, you are picked up from the port and driven to the village where you are escorted by the chef through the gardens as he explains the various traditional agriculture processes. Pick your own

STANDARD PRICE		Early Booking
Adult	\$ 90	\$ 78
Child	\$ 45	\$ 39
TIME		
	Date	Time
Depart	February 16	0800
Return	February 16	1900
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit traditional farm and learn how to create typical Vietnamese dishes with a local chef • Visiting the Cu Chu tunnel networks 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 90		

ingredients before heading back to the kitchen where, with the help of the chef, you will create delicious dishes using the farm produce. After enjoying your lunch, depart the village to see a rice paper making demonstration and visit a rubber tree forest to understand how latex is processed.

Leaving the farms, the group then visits the Cu Chi tunnels with its famous 200-kilometer network of underground tunnels. These tunnels were created and used by the Viet Cong forces during wars against both the French and Americans. Before visiting the tunnel system, you will be shown a video explaining their history and construction. From the mid-1940s onward, the tunnels were used as a base from which the Viet Cong could launch strategic attacks and then seemingly disappear into thin air. The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and the impact of bombs. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for easier access.



“The best part by far was the cooking class, the staff and food was incredible.” – Krissy, SP’ 14 Voyage



The Dieu Giac Temple Orphanage is located in Ho Chi Minh City (Saigon), and run by a group of Buddhist monks and nuns, who care for over 120 abandoned or orphaned street children. They range from several months to 18 years of age and are of different ethnic groups and religious backgrounds. When the children reach school age, they are sent to local school like other children.

After school hours, the children learn handcrafts such as knitting, embroidering and making wooden toys which will be sold at the pagoda’s souvenir shop to raise fund for the orphanage.



At midmorning, you will have chance to help the nuns serve the children a special lunch sponsored by the Destination Asia Vietnam and Semester at Sea.

Then, if the group wishes, they can take leisurely visit pagoda next door or return to the downtown for wandering and shopping at Ben Thanh market.

“I enjoyed it so much. It’s amazing how much love the children give to complete strangers.” – Kayla, SP’14 Voyage

STANDARD PRICE		Early Booking
Adult	\$ 44	\$ 38
Child	\$ 22	\$ 19
TIME		
	Date	Time
Depart	February 16	0830
Return	February 16	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> Interact, play and take care of orphaned children 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 90		