RIO DE JANEIRO, BRAZIL

Disembark: 0800 Friday, November 07 Onboard: 1800 Sunday, November 09



Brief Overview: Rio de Janeiro is not called the **Magnificent City** for nothing. The juxtaposition of dense city and tropical rainforest leaves the imagination with endless inspirations. You can find yourself in the middle of a bustling city street one minute and the next hiking up to an astounding overlook through the **Tijuca Atlantic Forest**. See Rio from a bird's eye with a ride in a cable car up to **Sugar Loaf Mountain** and be sure to feel the benevolence of the **Corcovado** as it towers over the city. If you are a nature lover spend the day exploring caves, waterfalls, and beaches without having to venture too far from the city. This will leave you plenty of time to experience the nightlife of Rio, which is world-renowned! Let the rhythm of the **Samba** move you right out of your seat. Discover the passion of the people and hear how certain communities have overcome intense poverty with their entrepreneurial spirit. Lend a hand as you learn from them the ways they see fit to transform their communities.

<u>**Out of town</u></u>: Relax in Iguacu National Park,** which together with its sister park in Argentina, is home to over 270 waterfalls. Iguacu National Park is one of the most significant remaining rainforests in the southern cone of South America, which along with the waterfalls have been declared a National Heritage Site by UNESCO</u>

Visit the Amazon: Travel to Manaus, and embark on a riverboat expedition along

the Amazon River. Visit the "Meeting of the Waters," where the black water of the Negro River meets the brown water of the Solimões River, forming the Amazon or stay in a jungle lodge to explore the fascinating Amazonia environments.

Travel to Salvador Via Ship: On the two-day transit from Rio to Salvador, American diplomats from the US Consulate in Rio, as well as some local Brazilian Youth Ambassadors, will join our voyage. There will be workshops such as Survival Portuguese, Careers in the Foreign Service and Crisis Management. This will be a good opportunity to explore possible next steps in your career and enjoy exchange with local students.



Suggested short-cuts to simple planning:

The following trips are grouped according to interest categories *Art and Architecture*: Day 2: RIO 117-201 Urban Art: One-Way Walking Tour Day 2: RIO 118 201 Sacred Opulence Day 2: RIO 108-203 Plataforma Show with Dinner

Cultural highlights:

Day 1: RIO 114-101 African Heritage One-Way Walking Tour Day 2: RIO 120-201Coffee Farm Tour Day 3: RIO 104-301 Corcovado Tour

Impact Opportunities:

Day 1: RIO 111-101 Vale Encatado Community Day 2: RIO 106-201 Santa Marta Community Day 3: RIO 123-301 Inside Babilônia Community

Nightlife:

Day 1: RIO 116-103 Brazilian Barbecue and Lapa

Nature & the Outdoors:

Day 1: RIO 115-101 Itacoatatiara Beach Day 1: RIO 105-101 Tijuca Rainforest-Viewpoints, Hike, and Waterfall Day 2: RIO 501-202 All Around Brazil Overnight Day 2: RIO 119-201 Private Tropical Island Tour Day 2: RIO 110-201 Wild Beaches Hike Day 3: RIO 403-302 Iguaçu Falls Day 3: RIO 401-301 Amazon Riverboat Expedition- Group 1 Day 3: RIO 402-301 Juma Jungle Lodge Day 3: RIO 401-302 Amazon Riverboat Expedition- Group 2 Day 3: RIO 121-301 Sugar Loaf by Cable Car Day 3: RIO 122-301Adventure Hike to Christ Redeemer

TERMS AND CONDITIONS: In selling tickets or otherwise making arrangements for field programs (including transportation, shore side accommodations and meals); the Institute of Shipboard Education (I.S.E.) acts only as an agent for others who provide such services as independent contractors. All participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that I.S.E. shall not be liable or responsible in any way for any loss, death, injury, or illness to person or loss, theft or damage to personal property arising from or in connection with such services. I.S.E. shall not be responsible for cancellation of field programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

Day 1: Friday, November 07

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course:

Field Lab	Rio de Janeiro, Brazil	Friday, 07 November
PLCP 2500 502	Professor Jack Bielasiak	Comparative Politics: Democratization [Group 2]
ANTH 3590 102	Professor Tracey Ehlers	Anthropology and Underdevelopment
ENSP 2559 502	Professor Simon Gatrell	World Literature [Group 2]
SEMS 3500 501	Professor Sandra Loeb	International Marketing [Group 1]
SEMS 2500 103	Professor John Meunier	Experiencing World Architecture
SEMS 3500 105	Professor Abbas Noorbakhsh	International Financial Management
SEMS 2500 102	Professor Sergei Polozov	Introduction to Environmental Science
ENWR 2559 101	Professor Ruth Setton	Creative Writing: Introduction to Short Fiction

RIO 114-101

AFRICAN HERITAGE ONE-WAY WALKING TOUR W/ JANET SIX [GROUP A]

HALF DAY

This tour traces the footsteps of Afro-Brazilian culture in Rio, from the first arrival of the African slaves to the current image of Rio and Carnival. Departing ship on foot to the recently unearthed Cais (docks) do Valongo, where the commerce of slaves was transferred from Praça XV, the original port of Rio, to hide it from society's eyes, and learn how the slave trade became one of the most valuable commodities of it's time. Walk up to the newly restored Jardins (gardens) do Valongo, an 1906 attempt to erase the past during the Pereira Passos era of transforming Rio into a cosmopolitan Capital. From here you can see the old Largo do Depósito, where the actual commerce took place. Climb to the other side of the Conceição Hill and descend at Pedra do Sal. Here, freed and slaved Africans gathered to rest, sing, dance, and celebrate their culture, it is here that many years later samba gained its first tunes.

The journey across the sea was terrible, many of the Africans disembarked dead or about to die. They where buried in a common ditch, close to the port, but the

STANDARD PRICE		Early Booking		
Adult	\$32	\$30		
Child	\$16	\$15		
TIME				
	Date		Time	
Depart	November 07		0830	
Return	November 07 1230		1230	
HIGHLIG	HTS			
 Cais do Valongo Pedra do Sal Pretos Novos Cultural Center Jose Bonifácio Cultural Center 				

Jose Bonifácio Cultural Center
 Bida the Providencia Cable Car

• Ride the Providencia Cable Car MINIMUM REGISTRATION: 10 MAXIMUM CAPACITY: 15



exact location was unknown until 1996, when a family looking to expand their home, discovered bones buried in their backyard. The Pretos Novos Cemetery is now a Cultural Center to remind us of the shame and horror of that period. Next we will stop at the Jose Bonifacio Cultural Center, recently reopened to and dedicated to Afro-Brazilian culture. Finally we will see Rio's first favela from above, taking the Favela Providencia Cable Car, created to facilitate the lives of the local residents. Looking from the top you will see the Sambadrome, temple of Samba and Carnival, built exclusively for the parade.

Upon arrival at the subway station, your guide will give you important information on how to use our public transportation system, hand out a two ride subway pass, an information sheet with points of interest of each station, how to reach some of Rio's main attractions and how to return to the ship using the metro.

Please Note: Wear comfortable shoes to hike uphill and on busy streets.

AFRICAN HERITAGE ONE-WAY WALKING TOUR W/ ALEX NALBACH [GROUP B] HALF DAY

This tour traces the footsteps of Afro-Brazilian culture in Rio, from the first arrival of the African slaves to the current image of Rio and Carnival. Departing ship on foot to the recently unearthed Cais (docks) do Valongo, where the commerce of slaves was transferred from Praça XV, the original port of Rio, to hide it from society's eyes, and learn how the slave trade became one of the most valuable commodities of it's time. Walk up to the newly restored Jardins (gardens) do Valongo, an 1906 attempt to erase the past during the Pereira Passos era of transforming Rio into a cosmopolitan Capital. From here you can see the old Largo do Depósito, where the actual commerce took place. Climb to the other side of the Conceição Hill and descend at Pedra do Sal. Here, freed and slaved Africans gathered to rest, sing, dance, and celebrate their culture, it is here that many years later samba gained its first tunes.

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STANDARD PRICE		Early Booking		
Adult	\$32 \$3		30	
Child	\$16	\$15		
TIME				
	Date		Time	
Depart	November 07		0830	
Return	November 07		1230	
HIGHLIGHTS				

- Cais do Valongo
- Pedra do Sal
- Pretos Novos Cultural Center
- Jose Bonifácio Cultural Center
- Ride the Providencia Cable Car

MINIMUM REGISTRATION: 10 MAXIMUM CAPACITY: 15

looking to expand their home, discovered bones buried in their backyard. The Pretos Novos Cemetery is now a Cultural Center to remind us of the shame and horror of that period. Next we will stop at the Jose Bonifacio Cultural Center, recently reopened to and dedicated to Afro-Brazilian culture. Finally we will see Rio's first favela from above, taking the Favela Providencia Cable Car, created to facilitate the lives of the local residents. Looking from the top you will see the Sambadrome, temple of Samba and Carnival, built exclusively for the parade.

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RIO 115 101

ITACOATIARA BEACH



Across the bay, in the city of Niteroi is a hidden treasure, at least for most visitors of Rio, the beach of Itacoatiara. This golden sand shore, sided by two massive rocks, is an oasis during week days, visited almost exclusively by locals and surfers, with a charming residential neighborhood in the back. The journey to reach it can be a tour on itself, by crossing the bay bridge, seeing Rio from the

distance. On the way back the bus will stop at the Museum of Contemporary Art, designed Oscar Niemeyer, a chalice shaped building, constructed over a rock, overlooking Rio de Janeiro across the bay.

FULL DAY

STANDARD PRICE		Ear	rly Booking
Adult	\$54	\$54 \$52	
Child	\$27	\$26	
TIME			
	Date		Time
Depart	November	07	0800
Return	November	07	1600
HIGHLIGHTS			
Guanabara Bay Bridge			
Itacoatiara Beach			
 Mus 	eum of Conter	npor	ary Art

MINIMUM REGISTRATION: 20 MAXIMUM CAPACITY: 44

Please Note: There are kiosks at the beach for lunch on your own. Please bring a change of clothes as you will not be allowed back in the bus wet. Proper attire is required to enter the museum

RIO 111-101 VALE ENCATADO COMMUNITY



This is a unique program that includes a visit to the Vale Encantado community, an hour's walk through the nature that surrounds it, and a delicious and unique lunch made with local ingredients. You will learn the history of the community and their economic process, as well as how they relate to the environment around them.



Enjoy the opportunity to engage with locals while tasting the delights of their cuisine. The small community of Vale Encantado has only 200 inhabitants. Its residents were able to reinvent themselves over the years to keep pace with the changing economic conditions of Rio de Janeiro. These families have worked with the extraction of granite, with the planting of strawberry and flowers, and today invest in cookery and tourism to maintain the livelihood of its residents. Contact with the environment is felt in every plant, affirming respect for the environment, essential to sustainable construction. The visit is guided by

locals and finishes with an enjoyable, nutritious, locally prepared lunch.

Please Note: This program includes a fee paid to support the Vale Encantado Community. Minimum age of 9 years old.

STANDARD PRICE Early Booking \$92 \$87 Adult Child \$46 \$44 TIME Date Time November 07 0900 Depar November 07 1430 Retur

HIGHLIGHTS

n

- Vale Encantado Community
- Community history and economic process
- Breathtaking views from Rio de Janeiro
- Lunch with typical ingredients

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 39





RIO 105- 101 TIJUCA RAINFOREST, VIEWPOINTS, HIKE & WATERFALL

This tour goes through one of the largest urban forests of the world, revealing the history and Tijuca National Park, the lush rainforest located in the heart of Rio. Amazing viewpoints, waterfalls, and a hike on an easy trail takes the group to one of the most stunning summits of Rio within an hour. From the top of Pedra Bonita (2274ft/693m) and through a unique angle we see the famous and



majestic Pedra da Gavea, the highest (2769ft/844m)

monolith close to the sea in the world. Get to know the history, the fauna, and the flora of the Tijuca Rainforest visiting 3 different sections of the park and see traditional tours.

STANDARD PRICE		Early Booking		
Adult	\$103	\$9	\$98	
Child	\$51	\$4	9	
TIME				
	Date		Time	
Depart	November 07		0800	
Return	November 07		1500	
HIGHLIGHTS				
Tijuca Rainforest				
2 hour hike to Pedra Bonita Peak				
• Visit 3 different sectors of the park				
Check out the highest waterfall of the				
Tijuca Rainforest				
 Pac 	Packed lunch			

FULL DAY

Packed lunch

MINIMUM REGISTRATION: 10 MAXIMUM CAPACITY: 45

of the park and see Rio from unique angles uncommon to the traditional tours

Please Note: This is a 3.5km (2.2mi) / 2h hike (roundtrip) up and down hike (elevation gain 203m/667ft). Bring small backpack, 2 liters of water, sunscreen, bug spray, and sturdy walking shoes.

FULL DAY

RIO 116-103 BRAZILIAN BARBEQUE & LAPA

EVENING



Your night will start with an authentic Brazilian Barbecue, a feast of good food and prime cuts of meat. Located next to the Copacabana Palace and one block from Copacabana beach, Churrascaria Palace is the spot for those interested in experiencing Brazilian barbecue, famous including traditional Brazilian food, sushi, various salads, and 25 types of meat including cuts of prime beef, ostrich, lamb, and wild boar. Then you will go to a place in Rio that embodies the "alegria" or happiness of the Brazilian people. Nowhere in the city represents the nightlife scene better than the neighborhood of Lapa. Once the sun

STANDA	RD PRICE	Early Booking		
Adult	\$70			
Child	\$35	\$33		
TIME				
	Date		Time	
Depart	November 07		1900	
Return	November 07		0000	
HIGHLIGHTS				
Brazilian Barbecue				
Lapa Nightlife				
MINIMUM REGISTRATION: 20				

MINIMUM REGISTRATION: 20 MAXIMUM REGISTRATION: 44

goes down, this normally quiet neighborhood turns into a bustling and vibrant area full of restaurants, nightclubs and bars. The streets fill with cariocas and gringos alike, who

flock to this Rio neighborhood with one thing in mind...fun!! From traditional northeastern forró, to Rio's own samba, to reggae from Bahia, visitors will enjoy the best that the Rio music scene has to offer. You will go right to the heart of the action where our local guide will point out the best clubs in Lapa, such as Rio Scenarium, Carioca da Gema, Barzinho and many others.

Please Note: Those who want to stay when bus departs must find their own way back. Take cabs on busy, lit streets.

Day 2: Saturday, November 08

RIO 501-202

ALL AROUND BRAZIL OVERNIGHT

unique country's y You will go fu famous Iguac Rio de Janiero, Salvador da Bahia, Iguacu Falls, and the

Amazon Rainforest – what more can you think of when you picture Brazil? These four locations each provide their own insight into the

country's vast culture and diversity. You will go from Rio de Janiero to the famous Iguacu Falls and then into the heart of the Amazon Rainforest to a city called Manaus. Here you will board a

regional riverboat to sail down the Amazon River, experiencing all the life around it along the way. You'll be back to the MV Explorer with time to spare in order to enjoy the remaining days in Salvador.

From Rio, you will take a late afternoon flight to Iguacu. On arrival, head to your hotel for check in and dinner on your own.

The first day begins at the Guira Oga Bird Park, where you have the opportunity to experience the native flora and fauna first hand. By following the trails through the forest, visitors will have the opportunity to get close to native Brazilian bird species, some of which are classified as endangered. You will then visit Iguaçu National Park in Brazil. En route to the falls, enjoy a drive

STANDARD PRICE		Early Booking		
Adult	\$1,730 \$1,		L,648	
Child	\$1,295	\$1,233		
TIME				
	Date		Time	
Depart	November 08		1430	
Return	November 13		0230	
HIGHLIGHTS				

Overnight / 4N5N

- Iguaçu Falls and Bird Park
- Overnight on an Amazon Riverboat
- Swimming with Dolphins
- Acajatuba Village Visit

MINIMUM REGISTRATION: 20 MAXIMUM CAPACITY: 40



through the lush, subtropical vegetation of the park. After arrival, you will take a descending trail of the canyon to enjoy panoramic views of more than 240 falls. You will then board a glass elevator to a platform where more exquisite views will be revealed. After a lunch break, you will visit the artisans fair. Enjoy the evening at your leisure.

The next day you will have an early morning transfer to the airport for your flight to Manaus. Upon arrival you will be taken to the pier where you will board your home for the next two days, a regional riverboat. Your guides will distribute hammocks and prepare you for your adventure in the Amazon as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon. Next you will enter the region of Lake January to view the giant water lilies. In the evening you'll go alligator spotting and, back on board the riverboat, be lulled to sleep as you listen to the sounds of the Amazon.

Start the next day off right with a sunrise canoe exploration. After breakfast back onboard, visit Acajatuba Village, a small riverside community of 200 people. Tour Acajatuba and meet the local people. Afterward, enjoy a jungle walk in the surrounding rainforest. Your local guide will point out the unique flora and fauna of the Rio Negro as you walk in the jungle. Learn how villagers interact with their environment in a positive and sustainable way. Return to the boat and travel to the Dolphin Sanctuary where you will swim and interact with the colorful Amazon pink dolphin (Boto Cor da Rosa). For dinner, enjoy a barbeque on the beach and your final night on the riverboat.

After breakfast you'll disembark the riverboat and make your way into Manaus for lunch before transferring to the airport for your flight to Salvador.

Please Note: Bring a light jacket, comfortable clothes and shoes. 1 small luggage (max 23kg) and 1 back pack per passenger. The overnights in Manaus are designed for those who want to enjoy the ruggedness of the Amazon. Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect

RIO 501-202	ALL AROUND BRAZIL OVERNIGHT			Overnight / 4N5N
RIO 501-202 Itinerary: Day 1- Travel Day • Depart Ship • Flight to Iguaçu • Transfer to hotel • Dinner on your own	ALL AROUND BRAZI Day 2 (B, L) • Bird Park • Tour of Brazilian side of Falls • Lunch • Artisans Fair • Dinner on your own	 Day 3 (B, L, D) Transfer to airport Flight to Manaus Transfer to pier and embark on regional boat down Amazon River Visit "Meeting of the Waters" Enter Lake January and visit the water lilies Piranha fishing and 	 Day 4 (B, L, D) Breakfast and travel along Negro River Jungle walk in Arara Forest with educational guide Beach swim Depart for Lake Acajatuba and the Acajatuba village Swim with dolphins Alligator beach for 	Overnight / 4N5N Day 5 (B, L) Breakfast Arrival at Manaus Port Tropical Hotel for lunch Transfer to airport Depart for Salvador
		alligator-spotting in canoe • Arrive in Jacareubal for overnight on the boat	 Alligator beach for barbecue feast 	

RIO 117-201 URBAN ART: ONE-WAY WALKING TOUR

Rio is a prolific ground for urban art. The history of the city, the social movements, and the creativity of the people can be seen all over in installations, sculptures, graphite and street performances. Many art studios are moving to the port region for its affordable houses with vast spaces. You will start at the new



Museum of Rio, dedicated to contemporary art and also an art school, where you will be able to talk to local students. After some free time at the museum, you will continue to Largo de São Francisco da Prainha and pass by the largest graphite mural in Rio. Going up Pedra do Sal you will observe moments of the

STANDARD PRICE		Early Booking		
Adult	\$29	\$2	8	
Child	\$14	\$1	4	
TIME				
	Date		Time	
Depart	November 08		0830	
Return	November 08		1230	
HIGHLIGHTS				
MAR Museum				
Pedra do Sal				
Conceição Hill				
Street Art				
MINIMU	MINIMUM REGISTRATION: 10			

HALF DAY

MAXIMUM CAPACITY: 15

history of samba captured on the walls. On the Conceição hill you will stop at Imaculada Bar & Gallery, where local artists exhibit their work in a very informal atmosphere. Along the tour you will pass by many historical sites, and will have the chance to see downtown from the top of the hill. You tour ends at Central do Brasil a subway and train hub, the busiest in Rio, where many artists perform for the massive crowds.

Upon arrival at the subway station, your guide will give you important information on how to use our public transportation system, hand out a two ride subway pass, an information sheet with points of interest of each station, how to reach some of Rio's main attractions, and how to return to the ship using the metro.

Please Note: Comfortable shoes are recommended.

RIO 118-201 SACRED OPULENCE: ONE-WAY WALKING TOUR

HALF DAY

Rio showcases a collection of the finest examples of Brazilian Baroque. Your tour will start at one of the first temples in the city, the Monastery and church of Saint Benedict, fully covered in gold leaves, decorated in a mix of baroque and rococo styles. You will continue to the Candelaria church, with its neo-renaissance interior, one of the largest in Rio. Next is the significant Our Lady of Carmel Church, once the Cathedral, stage of coronations and royal weddings. The façade has seen many changes, the latest from 1910, but the interior remains one of the finest examples of rococo style. Underneath one of the chapels, rests the remains of Pedro Alvares Cabral, discoverer of Brazil, brought here from Portugal in 1903. Following is Our Lady of the Rosary and Saint Benedict of the Black Men church with a very simple interior after a fire in 1960 burned the rich altars. This church was founded by a brotherhood of freed slaves, becoming one of the most important in the city, and houses the Museum of Black history on the second floor. The last stop is Saint Francis of Penitence Church, called the



"golden cave", as the simplicity of the façade contrasts with the opulence of its interior. For many historians, this is the pinnacle of Portuguese-Brazilian

STANDARD PRICE		Early Booking	
Adult	\$37	\$35	
Child	\$19	\$18	
TIME			
	Date		Time
Depart	November 08		0830
Return	November 08		1230
HIGHLIGHTS			

Church of Saint Benedict

Candelaria church

Our Lady of Carmel church

 Our Lady of the Rosary and Saint Benedict of the Black Men church

• Saint Francis of Penitence church

MINIMUM REGISTRATION: 10 MAXIMUM REGISTRAION: 15

Baroque, with a special attention to the six-winged image of Christ on the Cross. Upon arrival at the subway station, your guide will give you important information on how to use our public transportation system, hand out a two ride subway pass, an information sheet with points of interest of each station, how to reach some of Rio's main attractions and how to return to the ship using the metro.

Please Note: Comfortable shoes are recommended for uphill walks and busy street.

RIO 119-201

PRIVATE TROPICAL ISLANDS TOUR



The Tropical Islands are part of the Sepetiba Bay, which is located in the city of Itacuruçá. This program includes the ride from the ship in the morning, traveling the 95 km that separate Rio de Janeiro from the port of Itacuruçá, in the southern area of the city. Upon arrival, you will board a schooner where tropical fruits are offered on board. Before reaching the

island, where you can buy lunch on your own, the schooner will make a stop for those who want to dive in very clear waters of the bay. Guests can stay on the island for approximately 3 hours, long enough for swimming or playing the available water sports.

STANDARD PRICE		Early Booking	
Adult	\$110	\$1	05
Child	\$55	\$53	
TIME			
	Date		Time
Depart	November 08		0730
Return	November 08 15		1500
HIGHLIGHTS			
Sepetiba Bay			
Schooner Cruise			

EVENING

MINIMUM REGISTRATION: 25 MAXIMUM CAPACITY: 44

Please Note: Bring a bathing suit and a change of clothes as you will not be allowed on the bus wearing wet clothing. Sunscreen and comfortable shoes are also recommended.

RIO 120-201 COFFEE FARM TOUR (WITH LUNCH)

From Rio de Janeiro head to Barra do Piraí to visit Taquara Farm, a typical example of a 19th century coffee estate that has survived the passage of time. Built in 1830, the farm is from the first cycle of coffee plantations in Brazil, when it was grown by slave hands. The property,

kept under the original family, is one of the few that still produces coffee in the region. The main house has original furniture, pictures and documents dating back to its founder. A historical tour will teach you about life at that time and why the farms in this

STANDARD PRICE		Early Booking	
Adult	\$110	\$1	05
Child	\$55	\$5	3
TIME			
	Date		Time
Depart	November 08		0800
Return	November 08		1800
HIGHLIGHTS			
Colonial Coffee Farm			
Vassouras rural town			
Casa da Hera Museum			
MINIMUM REGISTRATION:15			
MAXIMUM CAPACITY: 44			

FULL DAY

region lost their prominence to the ones in São Paulo. A lunch will be served at the farm, hosted by the owners.

After lunch, you will head to Vassouras, the town that was the social and political center of the region. Still an emblematic example of rural Brazil, Vassouras kept many colonial homes and churches from its heyday, and is now an important university center for agronomy. The tour will include a stop at Casa da Hera, a museum that recreates, with original furniture, the lifestyle of Coffee Barons. There will be some time on your own, before heading back to Rio.

Please Note: Wear comfortable shoes and clothes.

RIO 108-203 PLATAFORMA SAMBA SHOW



please. From the samba in Rio, to the African influences and culture of Bahia, to Amazonian traditions and Gaucho moves, the pulsating spectrum of Brazilian song and dance is presented in this evening show.

For those looking for a classic "big show," this samba spectacle with and dancers singers wearing elaborate costumes representing Brazil's rich folkloric traditions with the famous rhythms of Carnival. is sure to

Depart November 08 1900 Return November 08 2300 HIGHLIGHTS Folkloric Brazilian Music and Dance

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 44

STANDARD PRICE

\$124

\$62

Date

Adult

Child

TIME

•

EVENING

\$118

\$59

Early Booking

Time

RIO 106 -201 SANTA MARTA COMMUNITY

FULL DAY



This is your insider tour of Rio de Janeiro's model favela. Guided by a trained tour guide from the community, this three-hour walking tour takes you into the community where the first Pacification Police Unit of Rio de Janeiro was installed. The setting of many video clips and international movies, Santa Marta offers plenty of attractions. Visitors will ride the tram to

the top of Santa Marta, see the Michael Jackson statue, visit several social projects, and experience the daily routine of the six thousand residents. Santa Marta's stunning location offers visitors a privileged view of the city with sweeping views of Sugarloaf, Christ the Redeemer, Rodrigo de Freitas Lagoon, and the surrounding neighborhoods.

This program allows visitors to experience the reality of life in the favelas and contribute to improving the quality of life of the local community by creating

opportunities for sustainable employment. We will finish this tour with a delicious typical lunch made by a host inside this community.

Please Note: This program includes a fee paid to support the Santa Marta Community. Minimum age of 9 years old.

"The participants really enjoyed this program. The guides were very informative about the purification of the Favelas, especially because the guide lived through it and shared her experience. We also loved the delicious home cooked meal provided by local residents." – David, Fall 2013 Voyage

RIO 110 -201 WILD BEACHES HIKE

The tour takes you across the city from South to West, showing the beautiful coastline of Rio, protected beach areas, and the surfer's preferred spots (Prainha and Grumari) before starting the hike. After a 1.5-hour walk inside the



Pedra Branca Park, the largest urban forest in the world, you'll get to the wild beaches, which are only accessible by foot. Hike through the rainforest seeing the incredible Marambaia's sandbank, a 26-mile beach. Reach the top of the Turtle Rock with a stunning view to beautiful beaches and islands. Take a

splash in the Atlantic Ocean or relax on the beach. Far away from the Copacabana rush, this is your chance to escape the crowds and the noise. During the tour you'll discover a bit about the history of Rio, Brazil, and also about the fauna and flora of the surrounding rainforests.

"Great trip overall. The tour guides did a great job of helping us learn about the wildlife and plant life in the areas we were at. The history of Brazil discussions were really amazing, too." - Carlos, Fall 2013 Voyage

Please Note: No children under 14 years old. Only recommended for people used to hiking and trekking activities. Bring swimwear, sunscreen, towel, water, snacks and small backpack. It is also recommended to wear comfortable shoes, light clothing, and a hat. Trail description: 5km(3mi) /4h (roundtrip); up and down hike (elevation gain 160m/525ft)

STANDARD PRICE		Early Booking	
Adult	\$92	\$87	
Child	\$46	\$4	4
TIME			
	Date		Time
Depart	November 08		0900
Return	November 08		1400
HIGHLIGHTS			

- Santa Marta Community
- Breathtaking views from Rio de Janeiro
- Lunch inside the community

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 39



tion of the Favelas, bus home cooked meal

FULL DAY

STANDARD PRICE		Early Booking	
Adult	\$114	\$109	
Child	\$57	\$55	
TIME			
	Date		Time
Depart	November 08		0700
Return	November 08		1630
HIGHLIGHTS			
Get to beaches only accessible by hike			
Drive along the coastline from South to			
West district of Rio			

- Hike through the rainforest to get to the beach
- Take a splash and chill at the most remotes beaches of Rio
- Packed lunch

MINIMUM REGISTRATION: 10 MAXIMUM CAPACITY:30

Day 3: Sunday, November 09

RIO 403-302 IGUAÇU FALLS

Iguaçu Falls, located on the international border of the State of Parana, is one of the most famous attractions in all of Brazil. The 275 massive waterfalls are divided between Argentina and Brazil, and provide vastly different views and experiences depending on the side from which they are viewed. Along with its "sister" park in Argentina, The Iguassu National Park forms the most significant remaining rainforest in the southern cone of South America, which along with the waterfalls have been declared a National Heritage Site by UNESCO. In the "Land of the Falls", visitors can revel in the splendor of the natural forests, rivers and lakes, as well as the world's largest hydroelectric work, the Itaipu Dam.

Depart from ship for your late afternoon flight to Iguassu. Arrival and transfer to your hotel with dinner on your own.

Your day begins at the Iguaçu National Park in Brazil. En route to the falls, you will drive through the lush, subtropical vegetation of the park. After arrival, you will take a descending trail of the canyon to enjoy panoramic views of more than

240 falls. You will then board a glass elevator to a platform with even more exquisite views. Next, you will get up close and personal to the falls on the Macuco Safari boat ride.

At night, enjoy a lively musical show, mixing the splendor of a Broadway musical with the traditional folklore of the region. At the "Rafain Churrascaria" guests will enjoy the famous Brazilian barbecue, prepared with a great variety of selected meats brought to your table and a buffet of side dishes. During dinner, visitors will enjoy a South American folkloric show, representing the music and dance of the countries bordering Foz do Iguaçu– Brazil, Argentina and Paraguay. There will also be elements of dance and music from Mexico, Bolivia, Peru and Chile.

The next day, visit Guira Oga Bird Park to experience native flora and fauna at first hand. By following the trails through the forest, visitors will have the opportunity to get close to native Brazilian

bird species, some of which are classified as endangered. You will then visit the largest hydroelectric dam in the world. The tour begins at the reception center, where visitors can watch an audiovisual presentation about the dam and its power production station. Following the presentation, you will visit the dam itself. The dam is 8 km wide and features a total of 20 turbines, running at a capacity of 14MW. This impressive civil engineering project, which crosses the Paraná River, the 7th largest river in the world, was built by the Brazilian and Paraguayan governments and supplies water to 10 different states in Brazil and Paraguay. Spend the afternoon and evening at leisure.

On the last day you will have an early morning transfer to airport.

Please Note: Bring bug spray, sunscreen, a light jacket, comfortable clothes and shoes. 1 small luggage (max 23kg) and 1 backpack per passenger.

 Day 1: Depart Ship Flight to Iguassu Transfer in to hotel Dinner on your own?? 	 Day 2: Tour of Brazilian Side of Falls Macuco Safari boat ride Rafain Dinner Show
Day 3: Bird Park Itaipu Dam	Day 4: • Transfer out to airport • Flight to Salvador • Arrive at ship

4 DAYS/ 3 NIGHTS

STANDARD PRICE		Early Booking	
Adult	\$1,043 \$99		94
Child	\$679	\$6	46
TIME			
	Date		Time
Depart	November 09		1400
Return	November 12		1400
HIGHLIGHTS			
Iguaçu Falls			

- Bird Park
- Itaipu Dam

Rafain Dinner Show

MINIMUM REGISTRATION: 20 MAXIMUM CAPACITY: 44



RIO 401-301

AMAZON RIVERBOAT EXPEDITION: GROUP 1

5 DAYS/ 4 NIGHTS

Upon arrival in Manaus, you will head to the pier to board a regional Amazonian riverboat, your home for the next several days. Your guides will distribute hammocks and prepare you for your adventure as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon. During your time on board, you will have the opportunity to see the giant water lilies in Lake January, cast your line as you fish for piranhas, and walk through the jungle with a native guide who will teach you about the Jaraqui rainforest. There will also be time to relax on the beaches of the river with an evening barbeque, visit Terra Preta (a



Caboclo settlement), and swim with the famous Amazon pink dolphin (Boto Cor da Rosa). You will also visit with locals living in the Acajatuba Village, a small riverside community of 200 people that is a favourite spot for

STANDARD PRICE		Early Booking	
Adult	\$1,406	\$1	,339
Child	\$1,003	\$9	55
TIME			
	Date		Time
Depart	November 09		0445
Return	November 13		0245
HIGHLIGHTS			
 Pirhana Fishing Luaua Dinner Acajatuba Village Swimming with dolphins Boating on the Rio Negro 			

MINIMUM REGISTRATION:15 MAXIMUM CAPACITY: 30

many SAS participants and a soon-to-be favourite for you. Meet with the villagers, learn how they interact with their environment in a positive and sustainable way, and enjoy a friendly soccer match before departing. In the evenings you can listen to the sounds of the Amazon around you as you fall

sleep in your hammock on board the boat. There is really no better way to experience the Amazon

Please Note: This program is strenuous; involving night flights (in order to maximize time on the river) and is designed for participants who want to enjoy the ruggedness of the Amazon. Please note: Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary. You can choose to purchase you hammock at the conclusion of the trip (approximately \$25 USD payable on site).

The packages include all meals (breakfast, lunch and dinner) and two bottles of water/person per day. Soft drinks not included but are available for purchase.

"I loved this field program! It was my favorite program by far. The guides were amazing. The experience was unlike any other. How many people can say they traveled the Amazon on a boat... and slept in a hammock?! I would do it again in a heartbeat and recommend it to everyone." – Tiffany, Fall 2013 Voyage

 Day 1- Travel Day Transfer to airport at 0445 Arrive in Manaus and transfer to Riverboat Visit "Meeting of the Waters" Enter the Lake January region and visit the water lilies Lunch on boat Piranha fishing and alligator spotting in a canoe Arrive in Jacareubal 	Day 2 (B, L,D) • Breakfast and travel along Negro River • Jungle walk in Jaraqui forest with educational guide • Beach swim • Depart for Terra Preta • Visit school, play soccer with community • Piranha fishing and alligator spotting • BBQ feast	Day 3 (B,L) • Breakfast • Jungle walker survival technical • Lunch on boat • Relax on a beach • Visit Acajatuba village • Dinner on boat	Day 4 (B,L,D) • Breakfast • Swimming with dolphins • Arrive at Manaus Port Tropical hotel, lunch • Transfer to airport and depart for Salvador	Day 5- Travel Day • Arrive in Salvador • Travel to ship
	BBQ feast			

JUMA JUNGLE LODGE

4 DAYS/ 3 NGIHTS

The Juma Amazon Lodge is a long-time favorite of Semester at Sea participants – a small and comfortable rustic hotel designed to be totally integrated to the Amazon Jungle. Located three hours away from Manaus by a combination of bus and boat, the journey to the lodge is a spectacular journey in and of itself. You



will pass through wide rivers and deep jungles en route to Juma's remote location and see the Meeting of the Waters, where the muddy waters of the Solimões River and the black waters of the Negro River run side by side. Perhaps, you will also spot some pink dolphins accompanying you on your trip.

STANDARD PRICE		Early Booking	
Adult	\$1,521	\$1,449	
Child	\$1,060	\$1	,010
TIME			
	Date		Time
Depart	November 09		0445
Return	November 12		0245
HIGHLIGHTS			
Overnight stay at the jungle lodge			
See the Meeting of the Waters			
Part	Darticipate in a variety of Amazon		

 Participate in a variety of Amazon experiences

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 30

The lodge is built on stilts over a remote and untouched jungle lake. As a

guest, you will participate in a variety of activities all designed to help you explore, appreciate, and learn about this unique place - canoeing, alligator-spotting, piranha fishing, jungle picnics, sunrise excursions, presentations by local inhabitants, and more. As a special component to this tour, you will also have the opportunity to spend one night out in the jungle with a local expert, sleeping in hammocks, and listening to the sounds of the forest around you (this is an optional activity and an additional cost). Truly, a trip to the Juma Lodge is an Amazon experience at its best.

"Everyone loved this trip. Alligator spotting, bird watching, hike, piranha fishing... All were winners. And Juma was wonderful! Authentic yet comfortable." – Laura, Fall 2013 Voyage

Please Note: This program involves night flights. The transfers to/from the lodge are a combination of overland driving and regional boat. As space is limited, we ask guests not to bring more than 10 kg of luggage per person.

<u>Day 1 (L,D)</u>	<u>Day 2 (B,L,D)</u>
 EARLY morning Flight to Manaus Depart for lodge via speedboat and coach with box lunch along the way Arrive at lodge and enjoy a welcome drink made with exotic fruits Dinner with regional and international cuisine Night canoe ride to see wildlife, including alligators, frogs, and birds 	 Sunrise river excursion followed by breakfast Jungle hike Lunch at accommodation Travel in a paddle canoe and fish for piranhas Dinner with regional & international cuisine followed by lecture
Day 3 (B,L) • Canoeing • Picnic in the jungle • Visit with local people • Dinner	Day 4 (B. L) • After breakfast, return to Manaus • Box lunch provided along the way • LATE evening Flight to Salvador

RIO 401-302

AMAZON RIVER EXPEDITION: GROUP 2

4 DAYS/ 3 NGIHTS

Upon arrival in Manaus, you will head to the pier to board a regional Amazonian riverboat, your home for the next several days. Your guides will distribute hammocks and prepare you for your adventure as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon. During your time on board, you will have the opportunity to see the giant water lilies in Lake January, cast your line as you fish for piranhas, and walk through the jungle with a native guide. There will also be time to relax on the beaches of the river with an evening barbeque and swim with the famous Amazon pink dolphin (Boto Cor da Rosa). You will visit with locals living Acajatuba Village, a small riverside community of 200 people that is a favourite spot for many SAS participants and a soon-to-be favourite for you. Meet with the villagers, learn how they interact with their environment in a positive and sustainable way, and enjoy a friendly soccer match before departing. In the evenings you can listen to the sounds of the Amazon around you as you fall sleep in your hammock on board the boat. There is really no better way to experience the Amazon.

"Students <u>loved</u> this trip, especially swimming with dolphins. Students said it was the best trip they had taken, and I agree. It was really great and I learned so much!" –Ashley, Fall 2013 Voyage

Please Note: This program is strenuous, involving night flights and is designed for participants who want to enjoy the ruggedness of the Amazon. Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary.

STANDARD PRICE		Early Booking	
Adult	\$1,416	\$1	,349
Child	\$992	\$945	
TIME			
	Date		Time
Depart	November 09		0700
Return	November 12		1130
HIGHLIGHTS			

- Boating on the world famous Rio Negro
- Meeting of the Waters
- Jungle Walk
- Piranha Fishing
- Luau Dinner

• Swimming with dolphins

• São Tomé Village Visit MINIMUM REGISTRATION: 40 MAXIMUM CAPACITY: 80



<u>Day 1</u>	Day 2	Day 3	Day 4- Travel Day
 Transfer to airport Arrive in Manaus and transfer to riverboat Visit the "Meeting of the Waters" Enter the Lake January region and visit the water lilies Go Piranha fishing and alligator-spotting in a canoe Arrive in Jacareubal for overnight on the boat 	 Breakfast and travel along Negro River Jungle walk Indians Dessana, forest with educational guide Beach swim Depart for Acajatuba lake (lunch on board) Swimming with dolphins Go to alligator beach Alligator spotting and barbecue feast, 	 Breakfast Piranha fishing Lunch on Board Relax by a white sand beach (swimming, football, and volleyball available) Visit Acajatuba village and play soccer. Dinner, arrival at Manaus port tropical hotel 	 Transfer to Airport Arrival in Salvador

RIO 104-301

CORCOVADO TOUR

Depart from the ship to visit the Christ Statue, recently elected as one of the seven modern wonders of the world. The statue sits 2,300 ft. above sea level, atop Corcovado Hill. We will arrive at the foot of the hill, where we embark on a



small train which climbs the beautiful mountainside cutting through the lush Tijuca Forest National Park. Upon reaching the top, visitors will experience a panoramic view of Rio de Janeiro and discover why it is known as the "Marvelous City"! Upon descent, the bus will make a stop in Ipanema for those who want to stay on their own, before returning to the ship with the

STANDARD PRICE		Early Booking		
Adult	\$71	\$6	\$68	
Child	\$36	\$3	5	
TIME				
	Date		Time	
Depart	November 09		0800	
Return	November 09		1200	
HIGHLIGHTS				
Corcovado CogwheelChrist the Redeemer StatueTijuca Forest				

remaining passengers.

Please Note: Those who stay in Ipanema must find their own way to return to the ship.

RIO 121-301 SUGAR LOAF TOUR



Over a million tourists each year visit the world famous 'Pão de Açúcar' (Sugar Loaf Mountain), which has become an iconic symbol of the city of Rio de Janeiro, rising up from a small peninsula at the entrance of Guanabara Bay. The journey to the top is made in glass cable-cars. The first cable-car takes passengers to

the top of Urca Hill, which rises 215 meters above sea level and offers spectacular views of the entire bay and its surrounding islands. From Urca Hill, passengers continue in a second cable-car to the top of Sugar Loaf which rises 395 meters above sea level and offers a 360 degree view of the entire city

HALF DAY

STANDARD PRICE		Early Booking	
Adult	\$72	\$68	
Child	\$36	\$34	
TIME			
	Date		Time
Depart	November 09		0800
Return	November 09		1200
HIGHLIGHTS			
Entrance to Sugar Loaf			
Amazing views of the city			
MINIMUM REGISTRATION: 10			

MAXIMUM CAPACITY: 44

MINIMUM REGISTRATION: 10

MAXIMUM CAPACITY: 44

including Botafogo and Copacabana Beaches, Corcovado Mountain and downtown Rio de Janeiro. After descending, the bus will make a stop in Ipanema for those who want to stay on their own, before returning to ship with remaining passengers.

Please Note: Those who stay in Ipanema must find own way to return to ship. Comfortable shoes are recommended.

HALF DAY

RIO 122-301 **ADVENTURE HIKE TO CHRIST REDEEMER**

This tour takes you to the summit of Corcovado Mountain to see the statue of **Christ the Redeemer** through a challenging hike crossing the Atlantic Rainforest. On the way up you will get to see what regular tours don't show you: monkeys, squirrels and breathtaking landscapes such as the unique geography of Ipanema, Lagoa Rodrigo de Freitas, Pedra da Gávea and the South Zone mountains.

The tour begins at Parque Lage where an old coffee farm gave room to а beautiful garden and а neoclassical to mansion where is situated the Brazilian School of Visual Arts. Our tour explores the Atlantic Rainforest hiking Serra da

STANDARD PRICE		Early Booking		
Adult	\$135	\$129		
Child	\$68	\$64		
TIME				
	Date		Time	
Depart	November 09		0700	
Return	November 09		1430	
HIGHLIGHTS				
Christ StatueHike through the Tijuca Rainforest				

National Park

Visit Lage Park and School of Visual Arts

See natural wildlife

Packed lunch •

MINIMUM REGISTRATION: 10 MAXIMUM CAPACITY: 20

Carioca and after about 3 hours we conquer the top of Corcovado Hill, m(2326ft/703m) where the statue of Christ the Redeemer is.

During the tour you will learn the history of the Tijuca Forest, which dates back to the Colonial Period more than 100 years before Christ the Redeemer became a New Wonder of the World.

Please Note: No children under 14 years old. Only recommended for people used to hiking and trekking activities. Water bottles, small backpack, sunscreen, light athletic clothes, and hiking shoes are recommended.

RIO 123-301 BABILÔNIA COMMUNITY

This program includes a nature hike through the Atlantic Rainforest and a visit to the Babilônia Favela of Rio de Janeiro. Your professional tour guide will also be a community resident. Along your two-kilometer trek into the Atlantic Rainforest, he will tell you all about the history of the favela and provide an overview of the



reforestation work being done in environmental protection this area. The views from the top of the hill are breathtaking! The deep blue ocean and the beauty of the forest, interspersed with landmarks such as Sugarloaf Mountain, truly do justice to Rio's nickname "The Marvelous City." After the trail, visit various parts

STANDARD PRICE		Early Booking			
Adult	\$92	\$87			
Child	\$46	\$44			
TIME					
	Date		Time		
Depart	November 09		0900		
Return	November 09		1400		
HIGHLIGHTS					
Babilon Community					

FULL DAY

Babilon Community

Breathtaking Views from Rio de Janeiro

Lunch inside the community •

MINIMUM REGISTRATION:15 MAXIMUM CAPACITY: 39

of the favela and learn about some of the social projects that are taking place. To finish the tour you will be a guest of one of the families and enjoy the

traditional Brazilian meal of Feijoada prepared especially for you.

Please Note: This program includes a fee paid to support the Babilonia Community. Minimum age of 9 years old.



FULL DAY