

HAVANA, CUBA

Disembark: 0800 Saturday, 29 November

Depart: 1800 Tuesday, 02 December

Brief Overview: Havana, both the capital city and a province of Cuba, is the island nation's largest and most populated city, and the third largest metropolitan area in the Caribbean. Havana lies on the northern coast of Cuba, south of the Florida Keys, where the Gulf of Mexico joins the Caribbean.

Founded in 1514 under the name of San Cristobal de La Habana, Havana is the political, economic, and socio-cultural pulse of the nation. The historic center of Havana was named a UNESCO World Heritage Site in 1982, and the city presents a unique diversity of architecture, from 16th century castles, to colonial-era construction, to present-day modern design. Explore the narrow streets and overhanging balconies of Old Havana, the popular and picturesque waterfront "Malecón", the vibrant "Vedado" downtown, and the "barrios" or local neighborhoods.



Semester at Sea's friends at Havana University are thrilled about the ship's return to Cuba again this fall. They have been working for months to plan and prepare for SAS's arrival. The faculty and students from Havana University, as well as from other Cuban universities, will be very involved in all of the field programs.

While the U.S. government restricts travel to Cuba, Semester at Sea has applied for and been granted a license to visit Havana. Please keep in mind that this port visit is an especially unique opportunity and as always, exercise good judgment and behavior as you represent

not only Semester at Sea, but also your home university and country.

Important Information Regarding Spending Limits in Cuba

In accordance with the Cuban Assets Control Regulation issued by the United States Government, Semester at Sea participants are limited in the amount of money that can be spent during this visit to Cuba. Money may be spent for the purchase of items directly related to travel such as hotel accommodations, meals, local transportation, and goods personally used by the traveler in Cuba at a rate **not to exceed US\$188 per day.**

This provision includes the purchase of field programs. Therefore, please consider the total cost of any programs for which you sign up, plus what you intend to spend in Cuba, to insure you do not spend more than the allowed US\$188 per day. **Please note: No goods of Cuban origin, other than information or informational materials, may be transported out of Cuba or brought into the United States.** Informational materials include books, films, tapes, and CDs which are statutorily exempt from these regulations.

Day 1: Saturday, 29 November

HAV

WELCOME TO CUBA

EVENING



Cuba is waiting! After three months at sea and in 12 different countries, you will finally have the opportunity to discover Cuba's incredible beauty and feel the warmth and hospitality of the country's people. After a Welcome Ceremony at the port of Havana, the shipboard community is invited to attend a reception and exchange with students and professors from the University of Havana, our host institution. This welcome event will be held on Havana University's campus and features sessions in which you'll learn about Cuban history and life today.

When Semester at Sea visited Cuba in the 1990s, they were the first group of U.S. students to visit the country since the 1959 revolution. Follow in previous voyagers' pioneering footsteps by climbing the University stairway to meet local students who will become your new friends as you learn about Havana and Cuba in general. This is an event you will not want to miss!

Please Note: *This program is required for all participants as part of Semester at Sea's Educational License allowing travel to Cuba. Everyone must return to the ship after this program for the Diplomatic Briefing. Participants are NOT required to register for this program through their MyPassport. Instead, all passengers onboard during the visit to Cuba will have a \$10 charge added to their shipboard account in lead up to arrival to Havana.*

STANDARD PRICE		Early Booking
Adult	\$10	\$10
Child	\$10	\$10
TIME		
	Date	Time
Depart	November 29	0840
Return	November 29	1400
HIGHLIGHTS		
<ul style="list-style-type: none"> • Reception at the University of Havana • Exchange with university students • Discussion of contemporary issues of U.S.-Cuba relations • Cultural performances by local artists 		
MINIMUM REGISTRATION:		
MAXIMUM CAPACITY:		

HAV 101-103

CUBAN BARRIOS EXCHANGE

EVENING

Here's your chance to spend the evening learning about life in Cuba. Meet Cuban families in the neighborhoods of Havana, engage in conversation about Cuban family life, local culture, and traditions, and get a sense of locals' day-to-day routines. Learn about the local community while exchanging perceptions and realities of life in Cuba.

STANDARD PRICE		Early Booking
Adult	\$11	\$10
Child	\$5	\$5
TIME		
	Date	Time
Depart	November 29	2000
Return	November 29	2300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Meet Cuban families in their neighborhoods • Engage in conversation with locals about daily life in Cuba • Learn about community activities and local projects 		
MINIMUM REGISTRATION:20		
MAXIMUM CAPACITY: 80		

Optional Cultural activity in the Havana amphitheater – free of charge and walking distance from the ship. Enjoy a selection of great works from musical theater including the *Phantom of the Opera*, *The Wizard of Oz*, *Chicago*, *Red Mill*, and *Cats*. The show also includes the music of Messie Julian, a famous Cuban artist.

STANDARD PRICE		Early Booking
Adult	\$TBA	\$ TBA
Child	\$ TBA	\$ TBA
TIME		
	Date	Time
Depart	November 29	2030
Return	November 29	2300
HIGHLIGHTS		
•		
MINIMUM REGISTRATION:		
MAXIMUM CAPACITY: 300		

Day 2: SUNDAY, 30 NOVEMBER

HAV 201-201 HISTORIC SANTA CLARA & REMEDIOS

2 DAYS/ 1NIGHT

Ernesto "Che" Guevara, commonly known as "el Che" or simply "Che", was an Argentine Marxist revolutionary, physician, author, guerrilla leader, diplomat, and military theorist. To this day, Che's life remains a contentious issue. Engage in discussion with students from the University of Las Villas about this controversial figure. Next, you will visit the Community Project "Naturarte" an artistic and environmental project followed by a typical Cuban lunch.

After lunch, you will enjoy a visit to the historic town of Remedios, known for its traditional "Parrandas" festivities. Check in at Hotel Los Caneyes and enjoy the evening at your leisure with dinner on your own.

After breakfast at the hotel, you will tour the city of Santa Clara including a visit to the Memorial of Ernesto Che Guevara.

STANDARD PRICE		Early Booking
Adult	\$176	\$168
Child	\$88	\$84
TIME		
	Date	Time
Depart	November 30	0700
Return	December 01	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> • Memorial Monument of Che Guevara • Heritage city of Remedios • Community Project " Naturarte" 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		

HAV 202-201 TRINIDAD & COFFEE TRAIL

2 DAYS/1 NIGHT

Trinidad is a countryside town in central Cuba, situated in the province of Sancti Spiritus. Along with nearby Valle de los Ingenios, Trinidad has been a UNESCO World Heritage site since 1988, and is one of the best-preserved cities in the Caribbean. With the guidance of Semester at Sea commerce professors, you'll explore the Sugar Mills Valley in Trinidad, an area where the sugar trade prospered, as well as the Municipal History Museum (Museo de Historia Municipal) which details the history of the region. You'll enjoy lunch at the Plaza Mayor, an open-air museum of Spanish colonial architecture.

Following lunch, explore the rich agriculture of the region by climbing the Topes de Collantes in the Escambray Mountains to your lodging at the Hotel Los Helechos. Discover the business and influence of the Coffee Trail, a route that has supplied the nation with a wide variety of crops. You will also visit a local museum that shares the process of growing, harvesting, and producing coffee and provides a sense of the local economy.

STANDARD PRICE		Early Booking
Adult	\$164	\$156
Child	\$82	\$78
TIME		
	Date	Time
Depart	November 30	0700
Return	December 01	1330
HIGHLIGHTS		
<ul style="list-style-type: none"> • Trinidad's Historical Center • Museum "Palacio Cantero" • Plaza Mayor in Trinidad • Topes de Collantes • Coffee Trail 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		

HAV 103-201 PLAYA GIRON: BAY OF PIGS AREA

FULL DAY

One of the defining moments of the Cuban Revolution was the Bay of Pigs Invasion in 1961, and its patriotic significance remains today. Explore the area with a Semester at Sea political science professor as well as a professor from the University of Havana who together will shed light on this political and historic area.

You'll also discover the natural landscape of this picturesque area with a visit to the town of Playa Giron on the eastern edge of the Bay of Pigs. There you will find the Zapata Biosphere Reserve (a UNESCO World Heritage site) as well as the Crocodile Farm, the largest habitat of crocodiles in the country. Enjoy local, traditional cuisine at Cueva de los Peces for lunch after discussing how the nation's politics and natural landscape have shaped Cuban culture.

STANDARD PRICE		Early Booking
Adult	\$77	\$74
Child	\$39	\$37
TIME		
	Date	Time
Depart	November 30	0700
Return	November 30	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> • Lunch included • Zapata Biosphere Reserve, a UNESCO World Heritage site • Crocodile Farm • Bay of Pigs Museum 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		

HAV 104-201**PINAR DEL RÍO: LAND & TOBACCO****FULL DAY**

In the westernmost part of Cuba is Pinar del Rio, known for its natural beauty with two of the six World Biosphere Reserves in the country. Join a Semester at Sea professor of commerce along with a professor from the University of Havana to learn about the business of rum manufacturing in Cuba. Interact with students and faculty at the University of Pinar del Rio to learn about the commerce of the region. Later, visit Casa del Veguero to observe the business of tobacco and its influence on Cuban history and culture. You'll also visit a local plantation to converse with producers and learn about local customs. The day will include lunch at a local restaurant and a boat ride.

STANDARD PRICE		Early Booking
Adult	\$59	\$56
Child	\$30	\$28
TIME		
	Date	Time
Depart	November 30	0700
Return	November 30	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit the Guava Rum Factory of Pinar • Meet students and faculty at the University of Pinar del Río • Boat trip with local lunch • Meet tobacco producers in the House of Veguero 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 20		

HAV 105-201**EDUCATION IN CUBA****HALF DAY**

“Education for All People” is a major social policy in Cuba. Join Semester at Sea and Havana University professors to explore the educational experience in Cuba. Visit the Ciudad Escolar Libertad, a former military barracks that was converted into a school after the victory of Cuban Revolution. You will also visit a school for autistic children where you will converse with teachers about the educational resources in this specialized institution. Learn about Cuba’s literacy campaign at the Literacy Museum, and visit elementary secondary schools to converse with teachers and students.

STANDARD PRICE		Early Booking
Adult	\$23	\$22
Child	\$11	\$11
TIME		
	Date	Time
Depart	November 30	0800
Return	November 30	1100
HIGHLIGHTS		
<ul style="list-style-type: none"> • Meet teachers at the School Dora Alonso • Literacy Museum • Interact with students and teachers at Ruben Bravo Elementary School 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: TBA		

HAV 100-201

HAVANA CITY TOUR: DEVELOPMENT & RESTORATION

HALF DAY

Founded in 1514 under the name of San Cristobal de La Habana, Havana is the political, economic, and socio-cultural pulse of the nation. You will explore charming old Havana as well as modern Havana to get a sense of the evolution of Cuban architecture.

In Old Havana, explore the narrow streets, main squares, and parks such as Plaza Vieja, Plaza de Armas, San Francisco de Asis and the Plaza de la Catedral, which collectively tell the history of urban development in Havana. Engage in conversation about restorative work in the area, and meet and converse with locals along the route. In modern Havana, discover the Malecon or seafront area, popular Vedado neighborhood, and more. Enjoy lunch at Paladar La Figura and meet the owner Raul Diago, an ex-volleyball player, coach and current consultant of the Cuban National Volleyball Team

“Through these crooked doorways, broken streets and ragged clothes their love for life is inspiring and shines through clearly.” –Previous SAS voyager’s thoughts of Cuba

STANDARD PRICE		Early Booking
Adult	\$35	\$33
Child	\$18	\$17
TIME		
	Date	Time
Depart	November 30	0800
Return	November 30	1100
HIGHLIGHTS		
<ul style="list-style-type: none"> • Walking tour of Old and Modern Havana • Capitol building, Grand Theatre of Havana, Central Park, and Paseo del Prado • Malecon Avenue • Revolution Square • Lunch at la Figura 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		

HAV 107-203

CUBAN BASEBALL GAME

HALF DAY

A love of athletic competition is in the DNA of Cubans, with world-renowned athletes in volleyball, boxing, and judo. But, without a doubt, the Cuban passion is baseball and it is considered the country’s national sport. Join Semester at Sea and University of Havana professors at a professional baseball stadium where you’ll learn about the history of the sport and its significance in Cuban culture. Revel in the thrill and Cuban enthusiasm of a national series game!

STANDARD PRICE		Early Booking
Adult	\$TBA	\$ TBA
Child	\$ TBA	\$ TBA
TIME		
	Date	Time
Depart	November 30	Evening TBA
Return	November 30	Evening TBA
HIGHLIGHTS		
<ul style="list-style-type: none"> • Experience a Cuban National Series baseball game 		
MINIMUM REGISTRATION: TBA		
MAXIMUM CAPACITY: TBA		

Day 3: MONDAY, 01 December

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.

Do not make any other travel plans as this is a designated class day in port for your course.

Field Lab	Havana, Cuba	Sunday, 30 November
SPAN 2010	Celeste Delgado-Librero	Intermediate Spanish (University of Havana)

HAV 109-301	MATANZAS: NATURE & MODERNITY	Full day												
<p>Join us on this educational tour to Matanzas, considered the first modern city Cuba, also known as the City of Bridges. On the way, stop at Mirador Bacunayagua Bridge, one of the seven wonders of Cuban civil engineering as well as the Slave Route Museum. Next, you will have a tour of Matanzas and visit the Pharmaceutical Museum, the first of its kind in Latin America, opened in 1882</p> <p>You will then have the opportunity to be part of an exchange with students and teachers of the University of Matanzas and learn about their daily lives in the Campus. After lunch at Hotel Velazco in Matanzas City, you will visit an Art School to meet the students and teachers and then have a chance to see some of the local street art.</p>														
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MINIMUM REGISTRATION: 20 MAXIMUM CAPACITY: 80														

HAV 110-301	LAS TERRAZAS RURAL COMMUNITY	Full day												
<p>Take part in a visit to the rural community of Las Terrazas and get a sense of rural Cuban life and culture. Join a Semester at Sea professor to explore the ruins of a coffee plantation which once employed slaves to grind coffee. Meet with community artists, locals in the Moka Alley, and visit the community center built by the community itself. You'll also visit the Rural Primary School to learn about education in area. The program includes lunch with traditional Cuban food at La Casa del Campesino.</p>														
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MINIMUM REGISTRATION: 20 MAXIMUM CAPACITY: 20														

HAV 113-301 HEALTH CARE IN CUBA**Half day**

The health system in Cuba is one of the country's greatest strengths. Cuba operates a national health system and assumes fiscal and administrative responsibility for the health of all its citizens. All hospitals, clinics, and health services are public. Join Semester at Sea public health professor Rigmor Berg (University of Texas Health Science Center at Houston), to observe and discuss the Cuban health system and engage with doctors, nurses, and medical students at a family doctor's office, health polyclinic, and pediatric hospital.

STANDARD PRICE		Early Booking
Adult	\$12	\$12
Child	\$6	\$6
TIME		
	Date	Time
Depart	December 1	0800
Return	December 1	1100
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit to a family doctor • Travel for health polyclinic 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		

HAV 114-302 HAVANA BOTANICAL GARDEN**Half day**

Escape from the city to the tranquility of the National Botanical Garden. A specialized guide will accompany you through the indoor exhibition pavilions housing a great variety of tropical and subtropical flora as well as the outdoor gardens with ponds, aquatic plants and ornamental features. The greenhouses are a true highlight, housing everything from arid cacti to tropical flora. You will also visit the beautiful Japanese Garden.

STANDARD PRICE		Early Booking
Adult	\$21	\$20
Child	\$10	\$10
TIME		
	Date	Time
Depart	December 1	1230
Return	December 1	1530
HIGHLIGHTS		
<ul style="list-style-type: none"> • Indoor pavilions • Outdoor gardens • Japanese Garden • Drink at Ranchón Restaurant 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY:		

HAV 106-302 SALSA LESSONS**Half day**

Cuba is rich in music, mambo, rumba, and salsa, and Cubans love to share their dancing with visitors. Learn unique and authentic salsa dance moves, as well as the dance's influence on Cuban culture. University of Havana students and professors will guide you in this lesson and share their insights on the tradition of salsa dancing.

STANDARD PRICE		Early Booking
Adult	\$17	\$16
Child	\$8	\$8
TIME		
	Date	Time
Depart	December 1	1330
Return	December 1	1530
HIGHLIGHTS		
<ul style="list-style-type: none"> • Salsa dancing lessons • Cultural exchange with students from the University of Havana 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: TBA		

Spend your last evening in Havana sharing your experiences with your new acquaintances from Havana University. Enjoy salsa dancing, a dance competition and other activities.

“...I can only hope the next time, instead of fearing what is different, I embrace and learn from it.” –Previous SAS voyager’s thoughts of Cuba

STANDARD PRICE		Early Booking
Adult	\$18	\$17
Child	\$9	\$9
TIME		
	Date	Time
Depart	December 1	2000
Return	December 1	2330
HIGHLIGHTS		
<ul style="list-style-type: none"> • Cuban and international music • Dance competitions • Light buffet with 2 non-alcoholic drinks included 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: TBA		

Day 4: Tuesday, December 2

HAV 108-401

OLD HAVANA'S MILITARY FORTRESSES

Half day

La Cabaña, or "Fort of Saint Charles" is a fortress built in the 18th century to protect Havana from pirate and enemy attacks. Over the years it served as both a military base and a prison. Join a Semester at Sea history professor along with a University of Havana professor to discover the history of this strategic fortress. Explore the Museo de Armas (Weapons Museum), Command Headquarter of Che Guevara Museum, and a Monographic Museum to gain an understanding of how the fortress has served the city throughout history.

STANDARD PRICE		Early Booking
Adult	\$25	\$24
Child	\$13	\$13
TIME		
	Date	Time
Depart	December 02	0800
Return	December 02	1100
HIGHLIGHTS		
<ul style="list-style-type: none"> Castillo de la Real Fuerza - Castle of the Royal Force Castillo de los Tres Reyes del Morro - Castle of the Three Kings of Moors Fortaleza San Carlos de La Cabaña 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		

HAV 112-301

HEMINGWAY IN CUBA

Half day

Renowned writer Ernest Hemingway lived in Cuba, and it was there that he wrote his Nobel Prize winning novel *The Old Man and the Sea*. Step inside Hemingway's world by exploring his villa residence, "Finca Vigia" with Semester at Sea English professors along with professors from the University of Havana. Discover and discuss the author's lifestyle and legacy in Cuba while visiting his favorite fishing town of Cojimar, bars and restaurants he frequented, and the room at Ambos Mundos Hotel where he often stayed when visiting Cuba.

STANDARD PRICE		Early Booking
Adult	\$27	\$25
Child	\$13	\$13
TIME		
	Date	Time
Depart	December 2	0800
Return	December 2	1200
HIGHLIGHTS		
<ul style="list-style-type: none"> Finca Vigia, villa where Hemingway lived converted into a museum Cojimer fishing village Old Havana, Restaurant Floridita and Bodeguita del Medio Ambos Mundos Hotel 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 80		