

# BERGEN, NORWAY

Arrive: 1200 Thursday July 16, 2014\*  
Onboard: 2100 Thursday July 17, 2014

**Brief Overview:** When you step foot in this wharf town amidst a picturesque Norwegian landscape, you immediately get a sense of quintessential Norwegian life. Seven hills and seven fjords surround the city itself with breathtaking views in every corner. The waterfront city was once a center for seafaring trade and today is filled with colorful wooden buildings that house many boutiques and restaurants with traditional Norwegian cuisine. Outdoor adventure awaits those who pass through Bergen, offering trails, waterfalls, and hikes through neighborhoods that rest in the hills of the city. Journey through Bergen's oldest quarter that runs parallel to the eastern shore of Vågen Harbor. Within the quarter you can visit the lively Torget Fish Market and find smoked whale meat, fish and chips, occasionally some reindeer and elk, and everything in between. From the Fish Market, hop on the Fløibanen funicular for a short ride up the Fløyen Mountain. From the top of Fløyen you will not only enjoy spectacular views of the entire city of Bergen, but can also explore the various hiking trails or even take out a canoe on Skomakerdiket Lake. Get a taste of Norwegian art with a special guided tour through the Bryggen Kunst Museum, home to a wonderful collection of 18<sup>th</sup> and 19<sup>th</sup> century Norwegian and international artists.



**Warning: Norway is EXPENSIVE!** A simple meal at the Fish Market can run upwards of US\$50.

Suggested short-cuts to simple planning:

**Art and Architecture:**

BER 107-202: Private Reception at KODE Art Museum

**Nature/Outdoors:**

BER 105-201: 1 Day Norway in a Nutshell

**Cultural Highlights:**

BER 103-201: Hanseatic Bergen and History

**Taste of Bergen**

BER 102-103: Traditional Dinner on Mt Fløyen

BER 106-201: Lunch and Grieg's Concert

**Action/Adventure**

BER 304-201 Salmon Safari & Prekestolen Hike

BER 104-201: Hiking Mt Fløyen


**DEADLINE FOR OVERNIGHT TRIPS IN NORWAY: FRIDAY, JUNE 13.**


\* NOTE: July 16 is an IN-PORT class day. Classes will be held at their normal time in port.

**TERMS AND CONDITIONS:** In selling tickets or otherwise making arrangements for field programs (including transportation, shore side accommodations and meals); the Institute of Shipboard Education (I.S.E.) acts only as an agent for others who provide such services as independent contractors. All participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that I.S.E. shall not be liable or responsible in any way for any loss, death, injury, or illness to person or loss, theft or damage to personal property arising from or in connection with such services. I.S.E. shall not be responsible for cancellation of field programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

# BONUS Evening: Wednesday, July 16

Due to an early arrival in Bergen, we are pleased to offer evening programming on July 16.

BER 101-103	BERGEN RACE	Evening																														
<p>Join with friends or form a team with members of your sea to compete in this fun scavenger hunt around Bergen. Along the way, you will not only learn your way around Bergen, but you will also learn something about its history, its tastes (yes, you will try some local flavors!), music and culture.</p>		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #0056b3; color: white;"> <th colspan="2" style="text-align: left; padding: 5px;">STANDARD PRICE</th> <th style="text-align: left; padding: 5px;"><i>Early Booking</i></th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Adult</td> <td style="padding: 5px;">\$ 25</td> <td style="padding: 5px;">\$ 22</td> </tr> <tr> <td style="padding: 5px;">Child</td> <td style="padding: 5px;">\$ 15</td> <td style="padding: 5px;">\$ 12</td> </tr> <tr style="background-color: #d3d3d3;"> <th colspan="3" style="text-align: left; padding: 5px;">TIME</th> </tr> <tr> <td style="padding: 5px;"></td> <td style="padding: 5px;">Date</td> <td style="padding: 5px;">Time</td> </tr> <tr> <td style="padding: 5px;">Depart</td> <td style="padding: 5px;">July 16</td> <td style="padding: 5px;">1900</td> </tr> <tr> <td style="padding: 5px;">Return</td> <td style="padding: 5px;">July 16</td> <td style="padding: 5px;">2100</td> </tr> <tr style="background-color: #d3d3d3;"> <th colspan="3" style="text-align: left; padding: 5px;">HIGHLIGHTS</th> </tr> <tr> <td colspan="3" style="padding: 5px;"> <ul style="list-style-type: none"> <li>Cover all parts of the city</li> <li>Try some local flavors</li> <li>Team competition</li> </ul> </td> </tr> <tr style="background-color: #d3d3d3;"> <td colspan="3" style="padding: 5px;">           MINIMUM REGISTRATION: 15            MAXIMUM CAPACITY: 49         </td> </tr> </tbody> </table>	STANDARD PRICE		<i>Early Booking</i>	Adult	\$ 25	\$ 22	Child	\$ 15	\$ 12	TIME				Date	Time	Depart	July 16	1900	Return	July 16	2100	HIGHLIGHTS			<ul style="list-style-type: none"> <li>Cover all parts of the city</li> <li>Try some local flavors</li> <li>Team competition</li> </ul>			MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 49		
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	<p>Teaser: Find the park in this photo. Which famous composer's statue do you find in this park?</p> <p>A fun twist on a city orientation!</p> <p>Please Note: You will need to bring approximately 10 Euro per person for samples.</p>																															

BER 102-103	TRADITIONAL DINNER ON MT. FLOIEN	Evening																														
<p>Meet a guide at the pier and take a brief walk to the funicular up to the restaurant. At the top, 320 meters above sea level, you will find Fløien Folkerestaurant - well above everyday life and the noise of the city. The restaurant, opened in 1925, has been completely restored and is, with its distinctive architecture and prominent location, without a doubt an attraction in and of itself. Don't miss the amazing panoramic view over Bergen - the islands - and beyond - the North Sea!</p> <p>Fløien Folkerestaurant is a very popular restaurant, not only among tourists, but also for the locals. In the areas surrounding Fløien Folkerestaurant, you will find charming roads running through exciting and varied nature with proud mountains, quiet woods and mountain lakes - as well as glimpses of the fabulous view overlooking Bergen and the coast.</p>		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #0056b3; color: white;"> <th colspan="2" style="text-align: left; padding: 5px;">STANDARD PRICE</th> <th style="text-align: left; padding: 5px;"><i>Early Booking</i></th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Adult</td> <td style="padding: 5px;">\$ 167</td> <td style="padding: 5px;">\$ 160</td> </tr> <tr> <td style="padding: 5px;">Child</td> <td style="padding: 5px;">\$ 84</td> <td style="padding: 5px;">\$ 80</td> </tr> <tr style="background-color: #d3d3d3;"> <th colspan="3" style="text-align: left; padding: 5px;">TIME</th> </tr> <tr> <td style="padding: 5px;"></td> <td style="padding: 5px;">Date</td> <td style="padding: 5px;">Time</td> </tr> <tr> <td style="padding: 5px;">Depart</td> <td style="padding: 5px;">July 16</td> <td style="padding: 5px;">1800</td> </tr> <tr> <td style="padding: 5px;">Return</td> <td style="padding: 5px;">July 16</td> <td style="padding: 5px;">2100</td> </tr> <tr style="background-color: #d3d3d3;"> <th colspan="3" style="text-align: left; padding: 5px;">HIGHLIGHTS</th> </tr> <tr> <td colspan="3" style="padding: 5px;"> <ul style="list-style-type: none"> <li>Ride on Floien funicular</li> <li>Enjoy tradition Norwegian cuisine while overlooking the fjords</li> </ul> </td> </tr> <tr style="background-color: #d3d3d3;"> <td colspan="3" style="padding: 5px;">           MINIMUM REGISTRATION: 10            MAXIMUM CAPACITY: 60         </td> </tr> </tbody> </table>	STANDARD PRICE		<i>Early Booking</i>	Adult	\$ 167	\$ 160	Child	\$ 84	\$ 80	TIME				Date	Time	Depart	July 16	1800	Return	July 16	2100	HIGHLIGHTS			<ul style="list-style-type: none"> <li>Ride on Floien funicular</li> <li>Enjoy tradition Norwegian cuisine while overlooking the fjords</li> </ul>			MINIMUM REGISTRATION: 10 MAXIMUM CAPACITY: 60		
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**16th July (Wed):** Evening: Meet with coach and guide at the pier.



Bergen has given a warm welcome to its visitors for more than 900 years. Bryggen has become a symbol of Norway's cultural heritage and has gained a place on UNESCO's World Heritage List. The old Hanseatic wharf is architecturally unique and is perhaps one of

the most familiar image in all of Norway. We walk through the narrow streets amongst colorful wooden buildings. After the visit to Bryggen proceed to Stalheim via Dale. The beautiful view over the Nærøy Valley, from Stalheim Hotel, has for nearly 200 years been one of the highlights in many a traveller's visit to Western Norway. Many artists, painters and poets, both famous and not so famous, have through the years found inspiration to great works of art in this dramatic but at the same time harmonic landscape. Dinner and overnight at the historical Stalheim Hotel.

STANDARD PRICE		Early Booking
Adult	\$ 1364	\$ 1176
Child	\$ 818	\$ 706
TIME		
	Date	Time
Depart	July 16	1800
Return	July 19	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• UNESCO sites:, Sognefjord, Urnes Stave Church, Geirangerfjord, Røros</li> <li>• Bøya Glacier</li> <li>• National Tourist Route, Trollstigen-Geiranger Road</li> <li>• Olympic town of Lillehammer</li> </ul>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

**17th July (Thu):**

Breakfast at hotel. Depart Stalheim for Gudvangen by coach. Enjoy a two hour Sognefjord cruise to see spectacular Nærøfjord and Aurlandsfjord. The Nærøfjord, a branch of the Sognefjord, has been included in UNESCO's World Heritage List and is considered to be among the most scenic fjord areas on the planet. After the cruise, meet with your coach again at Flåm and drive further to cross Sognefjord, Fodnes-Manheller, and Solvorn-Ornes by car ferry.



Next, visit Urnes Stave Church. The stave churches are Norway's unique contribution to the world's cultural heritage. Most were built between approx. 1130 and 1350. Though similar churches existed elsewhere in Europe, only the Norwegian ones have survived. Of the original approx. 1,000 churches, 28 remain. Urnes Stave Church is the eldest and most decorated of them. In 1979 it was included on UNESCO's World Heritage List. After the visit, proceed to Bøyum Glacier, an arm of Jostedal Glacier and enjoy some free time

to admire the landscape. Continue the tour to the village of Loen, along Nordfjord. Spend dinner and an overnight at Hotel Loenfjord.

**18th July (Fri):**



After breakfast, depart Loen for Hellesylt. Enjoy an hour cruise on Geirangerfjord listed on UNESCO's Nature Heritage List. Geiranger is the jewel in the crown of the Norwegian fjords. It is a fairytale landscape with its majestic, snow-covered mountaintops, and wild and beautiful waterfalls. Upon arrival in Geiranger, drive along the national tourist route of Geiranger and Trollstigen. This promises to be an exceptional driving

experience along a route steeped in tradition, through spectacular scenery of deep fjords and lush valleys - wild, wonderful and vibrant. Enjoy spectacular Eagle Road, followed by a short ferry crossing at Eidsdal-Linge to join the historic Trollstigen road, with its 11 hairpin bends. Take some time on top of the Trollstigen area where you will see the blend of magnificent nature, design, and architecture at some of the view platforms. After some free time, proceed to the town of Røros, listed in UNESCO's World Culture Heritage List. Today, the small town of Røros is a living museum, and the entire town centre with its authentic wooden buildings is protected. As you explore Røros' narrow streets, old courtyards, and



buildings, you will find an amazing number of charming shops and interesting workshops. The town is famous for its high concentration of artists and craftsmen, and it also boasts an impressive list of award-winning designer products from Røros based companies. Dinner and the night will be spent in Rica Bergastaden.

### 19th July:

In the morning, enjoy breakfast at hotel before departing Røros for Oslo. Drive along the mountain and lush green valley towards the Olympic town of Lillehammer. Lillehammer was the host town for winter Olympic games in 1994. A charming town with a lively atmosphere, you will



see the ski jump used for the opening and closing ceremony. After some free time for lunch, drive along the largest lake in Norway, Mjøsa, toward the capital city of Norway.



### **ITINERARY**

#### Day 1 (B, D):

- Depart for Gudvangen by coach
- Gudvangen-Flåm Sognefjord Cruise
- Continue to Fodnes by the Fodnes-Manheller car ferry
- After lunch, transfer by Solvorn-Ornes car ferry
- Visit Urnes Stave Church
- Return by car ferry with stop at Bøyabreen-Glacier
- Transfer to Loen for dinner and overnight

#### Day 2 (B, D):

- Breakfast at hotel
- Transfer to Hellesylt
- Hellesylt-Geiranger Fjord Cruise
- Transfer by Eidsdal-Linge Cafr Ferry
- Visit Trollstigen with lunch en route and free time
- Transfer to Røros for walking tour, dinner, and overnight

#### Day 3 (B):

- Breakfast at hotel
- Depart Røros
- Visit Lillehammer with free time and lunch en route
- Arrive in Oslo

# Day 1: Thursday, July 17

**IMPORTANT:** If you registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course.

<b>Field Labs</b>	<b>Bergen, Norway</b>	<b>Thursday, July 17</b>
PLIR 2500 101	Professor Robert Wilder	International Law

## BER 301-201 HIKING, RAFTING, & BIKING IN THE FJORDS 3 Days/ 2 Nights



Are you ready for an active fjord experience? Try yourself in a white water rafting adventure in Voss; enjoy a spectacular hike in Hangur and take a ride on the Flåm Railway. Have a thrilling fjord safari on a RIB-boat, speeding close to sheer mountains and hiking from Tufto

to Gudvangen.

Next, do not miss out on the chairlift ride to Geilo! On the last day you will explore Oslo, the capital city of Norway, visited by thousands of tourists every year. The city offers



entertainment for everyone with its great shopping centers, buzzing nightlife and beautiful old streets to explore – as well as a top range of art, cultural, culinary, and architectural experiences to enjoy.

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**Please Note:** A waiver is



STANDARD PRICE		Early Booking
Adult	\$1413	\$1218
Child	\$848	\$731
TIME		
	Date	Time
Depart	July 17	0800
Return	July 19	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Rafting in Voss</li> <li>• Flåm Railway</li> <li>• Fjord safari</li> <li>• Bike tour from Berekvam to Flåm</li> </ul>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

### ITINERARY

#### Day 1 (D):

- Transfer to Voss
- White water rafting and film presentation on the sport
- Transfer to Hangur for a three hour hike with guide
- Travel to Myrkdalen Hotel for dinner and overnight

#### Day 2 (B, L, D):

- Breakfast at hotel
- Transfer to Myrdal by train and board the Flåm railway to Berekvam
- Bicycle tour from Berekvam to Flåm
- RIB fjord safari from Flåm to Tufto
- Hike from Tufto to Gudvangen for a boxed lunch
- Transfer to hotel in Geilo for dinner and overnight

#### Day 3(B):

- Breakfast at hotel
- Free time and chairlift ride to mountain top for beautiful views
- Transfer to Oslo for brief sightseeing tour
- Return to ship

**\*\* NEW ADDITION \*\***

**BER 304-201**

**SALMON RIVER SAFARI & PREKESTOLEN**

**3 Days/ 2 Nights**



You ADVENTURE begins with a scenic drive along one the Norway's 18 national tourist routes. Make a stop at Steindal waterfall and walk behind the mighty water fall. Lunch under own arrangement en route. Afternoon arrival at Mo Laksegård. You will be provided with a survival suit, snorkel and mask.

You commence the **salmon safari by floating freely along with the powerful current of the Suldalslågen River with wild salmon.** A guide follows your progress from a nearby canoe. After the excursion, drive further south to Basecamp Prekestolen where you will spend a night. Dinner at the basecamp & overnight at one of the unique facilities, the **tree camp (sleeps 3 in each) or on the hammock at the water camp.**



STANDARD PRICE		Early Booking
Adult	\$1,124	\$969
Child	\$674	\$581
TIME		
	Date	Time
Depart	July 17	0900
Return	July 19	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Walk behind Steindal waterfall</li> <li>• Salmon swimming safari</li> <li>• Prekestolen ("Pulpit Rock")</li> <li>• Tree camp or hammock overnight</li> <li>• Optional adventure activities at basecamp</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 36		

Enjoy your breakfast at the camp. Meet your activity leader for the day who will take you up to the **Pulpit Rock**. This breath-taking scenic point, chosen by Lonely Planet as one of the **top ten most spectacular viewing points in the world** with amazing view of the Lysefjord and surrounding mountains. After the delicious Lunch at the basecamp afternoon is also full of adventures. Enjoy choice of your activities, **canoeing, kayaking or rapelling**. After the activity, transfer to Stavanger by your through coach, using car ferry, Tau-Stavanger. Dinner under own arrangement and overnight at a hotel in Stavanger in quad rooms. Breakfast at hotel.



Drive along the European Road 18 towards Oslo by your through coach. En route stop at one of the southern towns of Norway for a lunch. Your tour will terminate at the ship in Oslo.

PLEASE NOTE: This trip involves STRENUOUS activity. A waiver is required for this trip.

ITINERARY		
<p><u>Day 1 (BOX L from ship, D):</u></p> <ul style="list-style-type: none"> <li>• Steindal waterfall</li> <li>• Swim with Salmon on river safari</li> <li>• OVN at tree camp or hammock at water camp</li> </ul>	<p><u>Day 2 (B, L, Dinner at own expense):</u></p> <ul style="list-style-type: none"> <li>• Breakfast at base camp</li> <li>• Prekestolen (Pulpit Rock) summit</li> <li>• Afternoon activities (canoe, kayak, or rapel)</li> <li>• OVN at hotel in Stavanger (4/room)</li> <li>•</li> </ul>	<p><u>Day 3 (B,L):</u></p> <ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Approx 8-hour drive to Oslo via scenic European Road 18</li> <li>• Lunch break in southern town</li> </ul>

National Tourist Routes are beautiful drives with much to experience. The routes are carefully selected by the Norwegian Public Roads Administration and each route has its own history and character. The routes are adapted to traveler’s needs by building spectacular viewpoints with service buildings, car parks, furniture, paths, and art. They are a real blending of nature, design, and architecture. Visit three carefully selected of the 18 spectacular routes!



On the first day, you will drive along the beautiful shores of Hardangerfjord to the village of Ulvik. The route passes through a scenic area steeped in culture and tradition, where for more than a century travellers have come to experience mountains, fjords, waterfalls, and glaciers.

Hardanger has been a fruit-growing region since the 14th century. En route make a stop and walk behind the Steindal Waterfall. Dinner and the night will be spent at a hotel in Hardanger area.

On the second day, depart Ulvik for Gudvangen by coach. Enjoy the Sognefjord Cruise from Gudvangen to Flåm, where you will meet the coach again and drive up Stegastein to admire the view of breathtaking Sognefjord. This road is a part of National Tourist Route - Aurlandsfjellet. Next you will return through the tunnel towards the Hardanger Bridge to the village of Eidfjord. Enjoy the hike from Sima to the mountain farm of Kjeåsen (approx. two hours). Following, drive down to Sima Power Station, one of Europe’s largest power station. Dinner and the night will be spent at a hotel in Eidfjord.



On the last day, depart Eidfjord to enjoy a scenic drive on yet another National Tourist Route - Hardangervidda. Visit Hardangervidda Nature Center and make a stop at Fossli to enjoy the view of Vøringsfoss Waterfall. The road continues to Hardangervidda Mountain Plateau which is northern Europe's largest mountain plateau and Norway's largest national park. Enjoy an hour hiking in this unique mountain area with a panoramic view of the glacier. Stop for a visit to Gol Stave Church before arriving in Oslo.

STANDARD PRICE		Early Booking
Adult	\$966	\$832
Child	\$579	\$499
<b>T</b>		
	Date	Time
Depart	July 17	1700
Return	July 19	1830
<b>HIGHLIGHTS</b>		
<ul style="list-style-type: none"> <li>• Visit three National Tourist Routes</li> <li>• Sognefjord cruise through Nærøy fjord on the Unesco’s world heritage list</li> <li>• Spectacular hike up to Kjeåsen Mountain Farm at 600m above sea level</li> <li>• Guided tour of Sima Power station</li> <li>• Hiking at Hardangervidda National park</li> </ul>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

CANCELED

ITINERARY		
<p><u>Day 1 (D):</u></p> <ul style="list-style-type: none"> <li>• Depart for Harangerfiord</li> <li>• Dinner and overnight at hotel in Ulvik</li> </ul>	<p><u>Day 2 (B, D):</u></p> <ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Depart for Gudvangen</li> <li>• Gudvangen-Flåm Fjord Cruise</li> <li>• Visit Stegastein Viewing Point</li> <li>• Hike up to Kjeåsen Mountain Farm and coach back</li> <li>• Guided tour of Sima Power Station</li> <li>• Dinner and overnight in Eidfjord</li> </ul>	<p><u>Day 3 (B):</u></p> <ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Depart for Vøringsfossen and proceed over Hardangervidda Mountain Plateau for plateau hiking</li> <li>• Stop at Gol Stave Church en route to Oslo</li> </ul>

Depart along the beautiful shores of Hardangerfjord to the village of Øystese or Norheimsund. This route passes through a scenic area steeped in culture and tradition, where for more than a century travellers have come to experience mountains, fjords, waterfalls, and glaciers. Hardanger has been a fruit-growing region since the 14th century. En route make a stop and walk behind the Steindal Waterfall. Dinner and your first night will be spent at Hardangerfjord Hotel.

On the second morning, depart on a short ferry crossing to the village of Utne from Kvanndal. Visit Hardangerfjord Folk Museum. Travel back in time by visiting the historical wooden buildings in charming surroundings. Enjoy lunch on your own before catching the ferry back to Kvanndal. Next, visit the village of Ulvik. On his fruit farm Nils Lekve produces apple juice, cider, and apple brandy. We will visit his Hardanger Juice and Cider Factory in yet another beautiful setting. After the visit, transfer to Voss for dinner and a stay at Fleischers Hotel. The hotel is a beautiful wooden building, with pointed towers, spires and bay windows in a myriad of Swiss and dragon styles. Many have stayed in this historic hotel, including Emperor Wilhelm of Germany, Edvard Grieg, and even the Prince of Siam. Here came, princes and princesses, kings and queens, princes and emperors.



On the last day, depart Voss for Gudvangen by coach. Enjoy a two hour Sognefjord cruise by fjord ferry and enjoy lunch on your own in Flåm. Board the famous Flåm Railway to Myrdal and then Bergen Railway to Ustaoset. Meet with the coach again at Ustaoset and proceed to Oslo through Hallingsdal Valley. Visit Stave Church in Gol, before returning to the pier.



STANDARD PRICE		Early Booking
Adult	\$953	\$821
Child	\$572	\$493
TIME		
	Date	Time
Depart	July 17	1800
Return	July 19	2000
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Hardanger fjord &amp; Sognefjord cruise</li> <li>• Hardangerfjord Folk Museum</li> <li>• Overnight at historical Fleischers Hotel</li> <li>• Hardanger juice &amp; cider factory in Ulvik</li> <li>• Flåm Railway and Bergen Railway</li> <li>• Gol Stave Church</li> </ul>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

ITINERARY		
<p><u>Day 1 (D):</u></p> <ul style="list-style-type: none"> <li>• Depart for Hardangerfjord with stop at Steindal Waterfall</li> <li>• Dinner and overnight at hotel in Hardangerfjord</li> </ul>	<p><u>Day 2 (B, D):</u></p> <ul style="list-style-type: none"> <li>• Transfer to ferry pier at Kvanndal</li> <li>• Take the Kvanndal-Utne Ferry to the Folk Museum at Utne</li> <li>• Return by ferry and visit the Hardanger Juice and Cider Factory in Ulvik</li> <li>• Dinner and overnight at Fleischer's Hotel</li> </ul>	<p><u>Day 3 (B):</u></p> <ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Sognefjord cruise, Gudvangen-Flåm</li> <li>• Flåm-Myrdal by Flåm Railway</li> <li>• Myrdal-Ustaoset by Bergen Railway with stop at Gol Stave Church</li> <li>• Arrive in Oslo</li> </ul>



Spend the day in the heart of Norway's Fjord region and admire some of the world's most breathtaking scenery. A day of scenic splendors begins with a drive to Gundvangen. Along the way admire the mighty waterfalls and spectacular lakes and rivers. Upon arrival in Gundvangen, take the Sognefjord cruise boat to Flaam.



You will have lunch on board the ferry. In Flaam, you'll embark on an express train to Myrdal. Here, board the world famous Flam Mountain Railway for an hour-long thrilling ride descending 2,600 feet and passing through 20 tunnels, thundering waterfalls and towering mountains. Finally in Myrdal, board your final train to the quaint village of Voss. From here, you will transfer back to Bergen.

STANDARD PRICE		Early Booking
Adult	\$214	\$198
Child	\$107	\$99
TIME		
	Date	Time
Depart	July 17	0800
Return	July 17	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Explore Norway's beauty from the water and by train</li> <li>• Experience the best of Norwegian fjords</li> </ul>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		



Begin this tour, walking past the fortress of Bergenhus, the Coronation Hall, and along the Bryggen. View all the old wooden merchant buildings that once belonged to the German merchants of the Hanseatic League. Your walking tour will take you past the famous Fish and Flower Market and ends at the funicular station of Floibanen. The funicular will take us safely up to 320 meters above sea level. From the top, enjoy a magnificent view of Bergen and the surroundings.

STANDARD PRICE		Early Booking
Adult	\$60	\$58
Child	\$30	\$29
TIME		
	Date	Time
Depart	July 17	0830
Return	July 17	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Mount Floien Hiking Tour</li> <li>• Funicular</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 50		

At the top of Mount Fløien, walk towards Lake Skomakerdiket. Enjoy your visit, as the views get more and more spectacular! After approximately 45 minutes, reach Rundemannsvegen and continue up to the highest point at 570 meters. In the Fløien area, you will be walk over dirt roads and paths and back to the Fløibanen to take the funicular down to the center of Bergen and back to the ship.

**Please Note:** Good walking shoes are recommended. Also, bring a windproof jacket and a bottle of water.



Bergen was founded in the year 1066 and until the 1830s, was the largest city in the country and a center for commerce and shipping. For several centuries, the Hanseatic Merchants had one of their four major overseas trading offices in Bergen. Our guided walking tour starts along the

German pier, Bryggen. View the characteristic wooden buildings and alleyways with pointed gables facing the harbor. The promenade gives an intimate picture of what it was like to live in the town in the Middle Ages.

The Hanseatic Museum is situated in one of the old trade houses at Bryggen. The Hanseatic League had one of their foreign Offices at Bryggen in Bergen from approx. 1360 until 1754. The Hanseatic merchants traded mainly with stock fish and grain from northern Norway.

Your next stop is the Bryggen Museum, which is based on the findings of the archeological excavations of Bryggen from the 12th century illustrating daily life during the Middle Ages. Today Bryggen is a fascinating honeycomb of active workshops, where painters, weavers, and craftsmen produce fine-quality and original items. Our walking tour ends at the famous Fish and Flower Market.

STANDARD PRICE		Early Booking
Adult	\$52	\$50
Child	\$26	\$25
TIME		
	Date	Time
Depart	July 17	0900
Return	July 17	1200
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Hanseatic Museum</li> <li>• Bryggen Museum</li> </ul>		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 80		



Floien is the most visited of the seven mountains that surround the city center of Bergen. Enjoy a unique opportunity to bike over Bergen, experiencing the great views and beautiful nature just a brief trip from the city center.



Take a ride on the Floien Funicular, which will take you to the summit of Mount Floien in eight minutes. The summit offers great views over the city and its surroundings. The area is great for recreation and Mountain Biking.

**Please Note:** The terrain is easy on country back roads, rather than rough terrain/paths, requiring normal fitness and bicycle experience. Come experience Bergen’s views, historic, and cultural sites.

STANDARD PRICE		Early Booking
Adult	\$144	\$138
Child	\$72	\$69
TIME		
	Date	Time
Depart	July 17	0900
Return	July 17	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Floien Funicular</li> <li>• Mountain biking at Mount Floien</li> </ul>		
MINIMUM REGISTRATION: 10		
MAXIMUM CAPACITY: 15		



Enjoy a private cocktail reception in the famed Kode Museum in Bergen. Drink sparkling wine as you view the beautiful works of Munch and other world famous painters. KODE has one of the best collections of Munch's art, and in the course of the tour you will be able to look at paintings and works on paper from this master's lifelong work as an artist. From his



early paintings in a quite figurative form, we can see how Munch found his way towards a more expressive and symbolic way of painting. His absolute highlights like *Evening at Karl Johan*, *Woman in three stages*, *Melancholy*, and *Jealousy* are presented in the same room - a magnificent experience!

Munch ended his artistic career in a brighter and more colorful palette, and you will find many examples of this way of painting in one the last rooms of Munch. Finally, visit the special "Mini Scream" which Munch drew on paper with pen. Together with this work you will also find other exquisite works on paper, like *Madonna*.

STANDARD PRICE		Early Booking
Adult	\$154	\$147
Child	\$77	\$73
TIME		
	Date	Time
Depart	July 17	1300
Return	July 17	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>Private reception and tour of fabulous art</li> </ul>		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 250		