

YOKOHAMA and KOBE, JAPAN

Arrive Yokohama: 0800 Wednesday, 29 January
Onboard Time, Yokohama: 1800 Thursday, 30 January
Arrive Kobe: 0800 Saturday, 01 February
Onboard Time, Kobe: 1800 Sunday, 03 February

Brief Overview: The "Land of the Rising Sun" is a country where the past meets the future. Japanese culture stretches back millennia, yet has created some of the latest modern technology and trends. Japan is a study in contrasts and contradictions; in the middle of a modern skyscraper you might discover a sliding wooden door which leads to a traditional chamber with tatami mats, calligraphy, and tea ceremony. These juxtapositions mean you may often be surprised and rarely bored by your travels in Japan.

Voyagers will have the opportunity to experience Japanese hospitality first-hand by participating in a formal tea ceremony, visiting with a family in their home in Yokohama or staying overnight at a traditional ryokan. Japan has one of the world's best transport systems, which makes getting around convenient, especially by train. It should be noted, however, that travel in Japan is much more expensive when compared to other Asian countries.

Japan is famous for its gardens, known for its unique aesthetics both in landscape gardens and Zen rock/sand gardens. Rock and sand gardens can typically be found in temples, specifically those of Zen Buddhism. Buddhist and Shinto sites are among the most common religious sites, sure to leave one in awe.

From Yokohama: Nature lovers will bask in the splendor of Japan's iconic Mount Fuji and the Silver Frost Festival. Kamakura and Tokyo are also nearby and offer opportunities to explore Zen temples and be led in meditation by Zen monks. Voyagers may travel overland between Yokohama and Kobe to experience more of the country.

From Kobe: History buffs will be drawn to Hiroshima and Peace Memorial Park as a World Heritage site. The nearby historic city of Kyoto and the many UNESCO World Heritages sites within is a must see.

Suggested short-cuts to simple planning:

Art & Architecture:

YOK 111-102 Tokyo of Old: Art & Culture
YOK 110-102 Yokohama Walking Tour

Cultural highlights:

YOK 113-201 Enoshima & Chinatown
KOB 111-301 Kyoto Culture & Sweets

SAS Exclusives:

KOB 202-401 Western Gems: Hiroshima & Kyoto
YOK 204-201 Hakone & Hiroshima Overland
YOK 107-101 Zen Temple Experience w/ Monks
on Kamakura & Professor Hardy

Special Opportunities:

YOK 108-102 Tokyo Haunted Tour
YOK 106-101/201 Japan Home Visit
KOB 203-402 Mountaintop Temple Retreat

History:

YOK 109-201 Tokyo – Temple, Drums & Market
KOB 113-401 Ise – Toba Tour





TERMS AND CONDITIONS: In selling tickets or otherwise making arrangements for field programs (including transportation, shore side accommodations and meals); the Institute of Shipboard Education (I.S.E.) acts only as an agent for others who provide such services as independent contractors. All participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that I.S.E. shall not be liable or responsible in any way for any loss, death, injury, or illness to person or loss, theft or damage to personal property arising from or in connection with such services. I.S.E. shall not be responsible for cancellation of field programs for reasons beyond its control and in such event, at its option, may refund the purchase price.


IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.
Do not make any other travel plans as this is a designated class day in port for your course.

Field Labs	Yokohama, JAPAN	Wednesday, 29 January
SEMS 2500 501	Professor James Andre	Foundations of International Business (Section 1)
BIOL 1559 501	Professor Jon Kastendiek	Marine Biology (Section 1)
SEMS 3500 106	Professor Chandra Ranade	International Trade
ENWR 1559 502	Professor Greg Seib	Travel Writing (Section 4)

Field Labs	Kobe, JAPAN	Monday 03 February
SEMS 2500 102	Professor Peg Barratt	Intro to Social Psychology
SEMS 3500 101	Professor Paul Harvey	Organizational Behavior
ARTH 1559 101	Professor Fred Levine	Introduction to World Art
SEMS 3500 501	Professor Marye Tharp	International Marketing (Section 1)
ANTH 1010 501	Professor Janice Stockard	Introduction to Cultural Anthropology [1]

Day 1: Wednesday, 29 January – Yokohama

YOK-106-101	JAPAN HOME VISIT – GROUP A	Full Day												
	<p>The purpose of this home visit, sponsored by a Yokohama volunteer organization, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to go with a small group of students to meet with your hosts, who will provide a meal. Expenses incurred during the day. Please remember to bring a small gift for the host family (possibly a box of sweets or a memento from your home city or school).</p>	<table border="1"> <thead> <tr> <th colspan="2">STANDARD PRICE</th> <th>Early Booking</th> </tr> </thead> <tbody> <tr> <td>Adult</td> <td>\$33</td> <td>\$29</td> </tr> <tr> <td>Child</td> <td>\$17</td> <td>\$15</td> </tr> </tbody> </table>	STANDARD PRICE		Early Booking	Adult	\$33	\$29	Child	\$17	\$15			
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TIME														
	Date	Time												
Depart	January 29	1150												
Return	January 29	1700												

YOK-107-101	ZEN TEMPLE EXPERIENCE W/ MONKS ON KAMAKURA	Half Day												
	<p>Join history and religious studies Professor Grant Hardy as you explore Buddhism in Japan. Meet your senior volunteer guides for a short, 15 minute lecture about the Zen form of meditation. Travel by train about an hour to Kamakura for this unique opportunity to participate in a Zen meditation led by Zen monks. Kamakura was the capital of Japan from 1185-1333. The rule of Japan had effectively passed from the imperial family and the nobles represented by the Fujiwaras to the samurai. When they moved the capital away from Kyoto, they also patronized new forms of Buddhism, particularly Zen and Pure Land. On this Zen Temple tour, students will be instructed by monks on this form of Buddhist meditation. Enjoy Japanese green tea and confectionary before returning to the ship (train tickets, tea and light snack included in cost of program but bring extra Yen if you wish to purchase lunch).</p>	<table border="1"> <thead> <tr> <th colspan="2">STANDARD PRICE</th> <th>Early Booking</th> </tr> </thead> <tbody> <tr> <td>Adult</td> <td>\$39</td> <td>\$36</td> </tr> <tr> <td>Child</td> <td>\$20</td> <td>\$18</td> </tr> </tbody> </table>	STANDARD PRICE		Early Booking	Adult	\$39	\$36	Child	\$20	\$18			
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TIME														
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Return	January 29	1730												



Your first stop in the port city is Landmark Tower. As the tallest building in Japan, the view from its observatory floor (which you will reach via the world's second fastest elevator!) is breathtaking. A short walk will take you to Cup Noodle Museum. Do you know how cup noodles were invented and how are they made? This

fun museum will tell you all about this popular food and its creator, Momofuku Ando. You can design your own cup noodle, choosing the flavors you want and decorating the cup, to bring home!

The next stop is Yokohama's centre with the Motomachi district, an elegant, European-influenced area, and the biggest Chinatown in Japan. A coach will take you from the ship on a one-hour and twenty-minute ride to Hakone, the gateway to Mt. Fuji and the surrounding national park.

Tonight you will stay at a Japanese style hotel ('ryokan'), with futon beds laid on tatami floor, hot springs, and a delicious Japanese dinner.

[What to expect at a Ryokan](#)

After a traditional Japanese breakfast, start the day with a ride the world's second longest cable car up Mt. Owakudani, passing over sulfurous fumes from the hot springs which make Hakone famous. A majestic replica pirate ship will then sweep you across Lake Ashinoko, a lake formed by a volcanic eruption 3,000 years ago, with incredible views of the surrounding landscape.

The last stop of the day is the Hakone Open Air Museum, which successfully creates a harmonic balance of nature and art by exhibiting various sculptures on its spacious grounds in combination with beautiful views of the surrounding valley and mountains. Besides the sculptures, the Hakone Open Air Museum features various indoor galleries, including a sizable Picasso Collection, consisting of paintings, prints, sculptures and ceramic creations. You can also relax your tired feet in the hot spring foot bath!

Throughout the day you will have several chances for photo opportunities of Mt Fuji but please keep in mind that she is a notoriously shy mountain and it needs to be a clear day for best views.

Please note: Dinner (29th) and breakfast (30th) included in cost of program; **lunch at your own expense.** **For the hot springs, participants with tattoos may be denied access.** In Japan tattoos are traditionally linked to criminal groups and as such, hot spring establishments refuse entrance to people with tattoos.

ITINERARY:

Day 1: (D)

- Visit Landmark Tower
- Make your own cup noodle at Cup Noodle Museum
- Motomachi and Chinatown
- Travel to Hakone
- Overnight in ryokan, Japanese style hotel

Day 2: (B)

- Mt. Owakudani cable car ride
- Cruise on Lake Ashi
- Free time for **Lunch at your own expense.**
- Hakone Open Air Museum
- Return to Yokohama and the ship

STANDARD PRICE		Early Booking
Adult	\$449	\$429
Child	\$225	\$215
TIME		
	Date	Time
Depart	January 29	1200
Return	January 30	1630
HIGHLIGHTS		
<ul style="list-style-type: none"> • Spend a night in a Ryokan w/ hot springs! • Views of Mt. Fuji and Hakone area • Authentic Japanese cuisine • Design your own cup noodles at the Cup Noodle Museum 		
REGISTRATION DEADLINE EXTENDED til trip is full.		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 38		



YOK-111-102

TOKYO OF OLD: ART & CULTURE

Full Day



Away from the skyscrapers that come to mind when you think of Tokyo are areas and traditions in which the spirit of old Tokyo still lives on. The culture of the 'shitamachi' (Tokyo's 'downtown') is the culture of Tokyo's common people and it contributed greatly to the culture of Edo just as it contributes to Tokyo as a city today.

Walk the suburb of Yanaka, which miraculously spared the carnage of the Allied bombings in World War II. Visit old temples and shrines, one of Tokyo's oldest Buddhist cemeteries, and traditional shops selling Japanese paper and sweets.

Afterwards, attend a performance of rakugo, a Japanese verbal comedy monologue that emerged during the 1600s. Using only a paper fan and a small cloth as props, and without standing up from the formal sitting position, the rakugo artist depicts a comical story. Today we have invited a rakugo artist, Kanariya Eiraku, to introduce you to this equally hilarious and culturally interesting art. Eiraku is fluent in English and will introduce you to the history and characteristic of rakugo, as well as delivering a comical monologue in English. You will learn a lot about Japanese culture through their sense of humor!

Last stop for today is the Edo-Tokyo museum (Edo is the old name of Tokyo), founded to protect Tokyo's historical heritage. In the Permanent Exhibition area, there are original and replicated exhibits, as well as large-scale models, faithful representations of their originals, which have been reproduced after painstaking investigations and research.

Please note: Free time for lunch at your own expense.

STANDARD PRICE		Early Booking
Adult	\$126	\$118
Child	\$63	\$59
TIME		
	Date	Time
Depart	January 29	1200
Return	January 29	1820
HIGHLIGHTS		
<ul style="list-style-type: none"> • Walking tour of Yanaka district • Informational rakugo experience 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 78		



YOK 108-102

TOKYO HAUNTED TOUR

Half Day



Are you ready to see Tokyo in a different light? This program will show you the spirits that haunt what is now a quiet residential district. The 47 Ronin are the masterless samurai of Japan's most beloved true-tale of heroism! See the actual place where the warriors committed ritual suicide after completing their violent vendetta. Walk the old Tokaido road and stop at the place where 50 Christians were burnt at the stake. Visit temples with Buddha statues said to have magical powers, and venture up Yuureizaka ('Ghost Hill').

You will be surprised at how spooky, but also extremely informative, this experience will be.

STANDARD PRICE		Early Booking
Adult	\$126	\$119
Child	\$63	\$60
TIME		
	Date	Time
Depart	January 29	1230
Return	January 29	1745
HIGHLIGHTS		
<ul style="list-style-type: none"> • "Blood of Samurai" Walking Tour 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 39		



This walking tour starts from the pier and will take you to Yokohama's most attractive spots. The first stop is Yamashita Park, a public park that stretches about 750 meters along Yokohama's waterfront. The park is about a hundred meters wide, and consists mostly of open green space. Strolling through Yamashita Park, it is hard to miss the massive ocean liner

beside the promenade. The ship, called the Hikawamaru, was first put into service in 1930 along the Yokohama-Vancouver/Seattle line. The ship had first-class cabins that attracted the likes of the imperial family and Charlie Chaplin for the transpacific journey. Near the Hikawamaru, and also hard to miss, is the Yokohama Marine Tower. Recently renovated, the Marine Tower is located just beside the park and extends 106 meters into the air. You will climb up to the Marine Tower's observatory, which has a 360 degree view located 100 meters above ground, and get a birds-eye view of Yokohama.

After enjoying the observatory, continue to Motomachi shopping street, which runs parallel to the Nakamura River. The street served the needs of the first foreign residents of Yokohama, and introduced many products to Japan. Nowadays the street does not differ drastically from other shopping streets, but it still has a certain European feel. There are a large number of high-end fashion shops, as well as cafes and restaurants. After passing through the Motomachi Area, walk up to the Yamate area, the main residential district of Westerners in Yokohama. Yamate has a number of parks within walking distance from each other. The largest is the Minato no Mieru Oka Park (Harbor View Park), which provides a view of the water and the Yokohama Bay Bridge. On the park grounds you will find preserved western buildings, mostly former residences. The buildings are open to the public and most have been furnished in their original style.

STANDARD PRICE		Early Booking
Adult	\$27	\$25
Child	\$14	\$13
TIME		
	Date	Time
Depart	January 29	1300
Return	January 29	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> • Yokohama's pleasant waterfront area • Amazing view from the Marine Tower 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 59		

アメリカ留学中の学生が日々の生活を綴るブログです。
現地からの生の声をお届けします。 ▶ 記事を読む

Try your hand at public diplomacy while interacting with [U.S. Embassy.Tokyo](http://U.S.Embassy.Tokyo) diplomats and Japanese students as part of the Connect USA* program!

First, you'll be greeted by an Embassy representative and receive an overview of their public diplomacy approach. Next, work in small groups with Japanese students and U.S. diplomats to apply what you've learned. Develop a social media campaign to increase awareness in Japan on the following topics: human rights issues, innovation, study abroad, women's issues, and energy issues.

Each group will pick one topic, develop a social media plan, and present your ideas to the Embassy. Your suggestions will be used on the Embassy's youth-oriented social media ([Facebook](https://www.facebook.com) and [Twitter](https://twitter.com)). This is a great **resume builder!**

STANDARD PRICE		Early Booking
Adult	\$ 69	\$ 65
Child	\$ 69	\$ 65
TIME		
	Date	Time
Depart	January 29	1230
Return	January 29	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Meet and connect with US diplomats • Develop and present social media plan 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

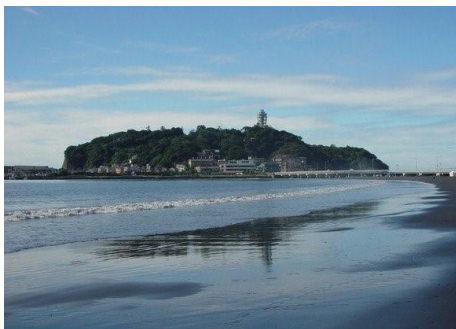
*Connect USA is the online home for public diplomacy programs designed by U.S. Embassy Tokyo and our American Centers for young Japanese citizens. It provides a gateway to information on education, culture, the arts and public diplomacy issues related to the United States and U.S.-Japan relations.

Day 2: Thursday, 30 January – Yokohama

YOK 113-201

ENOSHIMA & CHINATOWN

Full Day



Only an hour drive from Yokohama, Enoshima is a pleasant island connected by bridge with the mainland. The island offers a variety of attractions, including a shrine, park, observation tower and caves. Distant views of Mount Fuji can be enjoyed on days with good visibility.

Enoshima is a forested hill which can only be explored on foot (and escalators). Several shrine buildings, collectively known as Enoshima Shrine, are found around the island and are dedicated to Benten, a popular goddess of good fortune, wealth, music and knowledge. Benten is believed to have created Enoshima before subduing a five headed dragon was been terrorizing the area. After the shrine, a one-way escalator takes you to Samuel Kokking garden, a pleasant park with a 60-meter observation tower that also serves as a lighthouse. After the garden, you will continue to the caves. The caves can be found in the cliffs along Enoshima's southern coast. The first cave contains Buddhist statues, while the second cave is dedicated to the legendary dragon that used to terrorize the area.

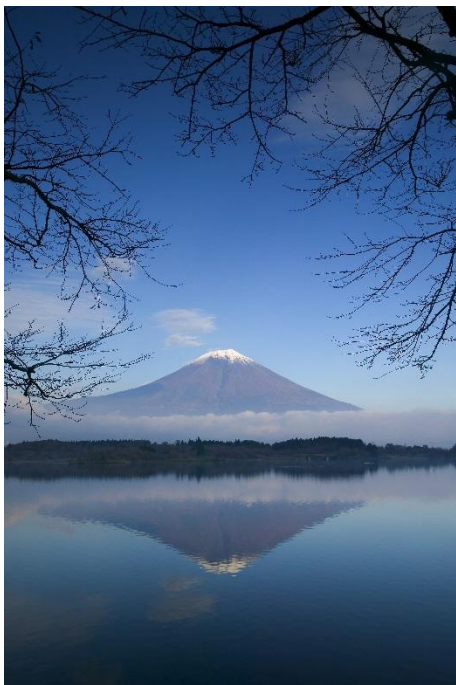
After enjoying the island sites, head back to Yokohama. On arrival at Yokohama Chinatown, you will be escorted to a Chinese restaurant for lunch, which is famous for its authentic Chinese dishes. After having lunch, you can enjoy strolling around the Chinatown streets and experience a unique mixture of Japanese & Chinese culture.

STANDARD PRICE		Early Booking
Adult	\$169	\$159
Child	\$85	\$80
TIME		
	Date	Time
Depart	January 30	0800
Return	January 30	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> • Guided tour of Enoshima • Delicious lunch in Yokohama Chinatown 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 78		

YOK 112-201

HAKONE & MT. FUJI NATIONAL PARK

Full Day



From the ship enjoy a 1.5-hour ride to Hakone, the gateway to Mt Fuji and the surrounding national park. Start the day with a ride on the world's second longest cable car up Mt Owakudani. Pass over sulfurous fumes from the hot springs which make Hakone famous. A majestic replica pirate ship will then sweep you across Lake Ashinoko, a lake formed by a volcanic eruption 3,000 years ago, with incredible views of the surrounding landscape. The last stop of the day is Hakone Open Air Museum, which creates a harmonic balance of nature and art by exhibiting sculptures in combination with beautiful views of the surrounding valley and mountains. In addition to the sculptures, the Hakone Open Air Museum features various indoor galleries, including a sizable Picasso Collection, consisting of paintings, prints, sculptures and ceramic creations. You can also relax your tired feet with soak in the hot spring foot bath!

STANDARD PRICE		Early Booking
Adult	\$157	\$149
Child	\$79	\$74
TIME		
	Date	Time
Depart	January 30	0830
Return	January 30	1630
HIGHLIGHTS		
<ul style="list-style-type: none"> • See Mt. Fuji, a UNESCO Heritage site • Boat cruise on Lake Ashinoko • Ride Owakudani Ropeway 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 78		

Please note: Mt. Fuji is a notoriously shy mountain and it needs to be a clear day for best views. Free time for lunch at your own expense.



This adventure in Japan is ideal for those who want to cover a lot of ground in a short amount of time! Being the journey with a 1.5-hour ride to Hakone, the gateway to Mt Fuji and the surrounding national park. Enjoy a ride on the world's second longest cable car up Mt. Owakudani, passing over sulfurous fumes which make

Hakone famous. A majestic replica pirate ship will then sweep you across Lake Ashinoko, a lake formed by a volcanic eruption 3,000 years ago, with incredible views of the surrounding landscape.

The next stop is Hakone Open Air Museum, which creates a harmonic balance of nature and art by exhibiting various sculptures in combination with beautiful views of the surrounding valley and mountains. In addition to the sculptures, the Hakone Open Air Museum features various indoor galleries, including a sizable Picasso collection, consisting of paintings, prints, sculptures and ceramic creations. You can also relax your tired feet with soak in the hot spring foot bath!

Spend the evening at a Japanese style hotel ('ryokan'), with futon beds laid on tatami floor, hot springs, and enjoy a delicious Japanese cuisine dinner.

After a traditional Japanese breakfast head to Odawara station, where you will ride the world famous Shinkansen bullet train to Hiroshima. Travelling up to 360 kmph, the Shinkansen takes about 4 hours to reach Hiroshima with one change in Nagoya. Enjoy the wonderful Japan landscape from the train: sea, countryside, mountains, traditional Japanese houses, rice fields and more. Spend the rest of the afternoon in Hiroshima after check-in at leisure to explore and experience this beautiful city.

Being the third day with a visit to the Peace Memorial Park; the park now lies at ground zero for the Atomic Bomb on 6 August, 1945. Stroll through the park and discover the many memorials, monuments and statues before heading into the museum itself.

After lunch, a short ferry ride will take you to Miyajima Island, a small sacred island that has been a holy place of Shintoism since the earliest times. Here you will find perhaps the most photographed site in Japan - The Floating Torii Gate. Designated as one of Japan's '3 Most Beautiful Views', the shrine it belongs to dates back to the 6th century with the present structure dating back to the 12th century. You will have time to explore the island and its many shrines and temples, sample local goodies like maple leaf shaped cakes before heading back to your hotel for the evening at your leisure.



On the last day catch the Shinkansen once again, this time to Shin Kobe.

Please note: At the hot spring, guests with tattoos may be denied access. In Japan, tattoos are traditionally linked to criminal groups and as such, hot spring establishments refuse entrance to people who have tattoos. Also, Mt. Fuji is a notoriously shy mountain and it needs to be a clear day for best views.

ITINERARY:

<p><u>Day 1 (D)</u></p> <ul style="list-style-type: none"> • Mt. Owakudani cable car • Cruise on Lake Ashi • Hakone Open Air Museum • Afternoon and evening at leisure at ryokan 	<p><u>Day 2 (B)</u></p> <ul style="list-style-type: none"> • Breakfast at ryokan • Train to Hiroshima • Time for reflection at Peace Memorial Park • Afternoon and dinner at leisure 	<p><u>Day 3 (B)</u></p> <ul style="list-style-type: none"> • Train to Kobe
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STANDARD PRICE		Early Booking
Adult	\$1,213	\$1,159
Child	\$591	\$580
TIME		
	Date	Time
Depart	Jan 30 (Yokohama)	0900
Return	Feb 2 (Kobe)	1400
HIGHLIGHTS		
<ul style="list-style-type: none"> • Spend a night in a Ryokan w/ hot springs! • Mt. Fuji, Hiroshima, & Miyajima • Ride the Shinkansen, Japan's world-famous bullet train 		
<p>REGISTRATION DEADLINE EXTENDED til trip is full.</p>		
<p>MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 38</p>		



Before Tokyo became the technological megalopolis that it is today, it was a prosperous city for centuries, with a flourishing merchant culture. You will discover the Tokyo of old and how the Edo citizens used to live through a visit to two interesting museums. The first one is Meiji University's Museum of Commodities and Archaeology. The museum collects and displays traditional handicrafts and artifacts. The exhibition introduces manufacturing processes and design types, from the raw materials, parts, manufacturing techniques and partially processed items, to completed goods. The visit to the museum is also a nice opportunity for you to see what a Japanese university campus is like.

Then, visit Asakusa, a Tokyo district with a rich history. Enjoy a walk through Asakusa, including Sensoji, Tokyo's oldest temple complex, and Nakamise, a shopping street that has been providing temple visitors with a variety of traditional, local snacks and tourist souvenirs for centuries. Visit the Taiko Museum, where hundreds of Japanese drums are displayed – and you can actually try playing most of them! Learn how different drums are used for traditional performing arts such as Kabuki, or for religious processions and festivals.

Please note: Free time for lunch at your own expense in Nakamise market.

STANDARD PRICE		Early Booking
Adult	\$105	\$98
Child	\$52	\$49
TIME		
	Date	Time
Depart	January 30	0900
Return	January 30	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> • Japanese traditional music & crafts • 'Old Tokyo' and Sensoji Temple 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 58		



The purpose of this home visit, sponsored by a Yokohama volunteer organization, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to go with a small group for an in-depth experience with your hosts, who will meet you at the airport. The cost of the visit ranges from ¥1,500 to ¥2,500, which includes transportation and meals incurred during the day. Please remember to bring a small gift (possibly a box of sweets or a memento from your home city or school).

SOLD OUT

hosts, who will meet you at the airport. The cost of the visit ranges from ¥1,500 to ¥2,500, which includes transportation and meals incurred during the day. Please remember to bring a small gift (possibly a box of sweets or a memento from your home city or school).

Please note: Out of respect to the host families, cancellations will not be acceptable. Walking shoes and some spending money are suggested.

STANDARD PRICE		Early Booking
Adult	\$33	\$29
Child	\$17	\$15
TIME		
	Date	Time
Depart	January 30	1000
Return	January 30	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> • Personal experience with a Japanese family 		
MINIMUM REGISTRATION: 3		
MAXIMUM CAPACITY: 5		



Day 4: Saturday, 01 February – Kobe

KOB 116-102

KOBE HOME VISIT – GROUP A

Half Day



The purpose of this home visit, sponsored by the Kobe Convention & Visitors Association, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to go with a small group to engage in in-depth personal and intellectual exchanges with your

hosts, who will meet you at the ship. Out-of-pocket expenses may range from ¥700 to ¥2,500 to cover expenses incurred during the day. Please remember to bring a small gift to your host family (possibly a box of sweets or a memento from your home city or school).

Please note: Out of respect to the host families, cancellations will not be accepted. Walking shoes and some spending money are suggested (between ¥700-¥2000).



STANDARD PRICE		Early Booking
Adult	\$10	\$10
Child	\$10	\$10
TIME		
	Date	Time
Depart	February 1	1230
Return	February 1	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> Personal experience with a Japanese family 		
MINIMUM REGISTRATION: 3		
MAXIMUM CAPACITY: 5		

KOB 111-101

KYOTO CULTURE & SWEETS

Full Day



A must see destination in Japan is Kyoto, the nation's former capital and residence of the emperor from 794 until 1868. It is a city of culture that offers a plethora of temples, shrines and other historically priceless structures. You will start your day with a visit to **Kinkakuji Temple** (Golden Pavilion), originally built as a retirement villa for the Shogun. After

his death it became a Buddhist Temple at his request, and is now one of Kyoto's most famous temples. **Nijo Castle** is an ornamental castle built by the founder of the Edo Shogunate as his Kyoto residence and is surrounded by stunning gardens. The main building was completed in 1603, and is famous for its architecture, decorated sliding doors and 'chirping' nightingale floors. Then, it's time for **Kiyomizu (Pure Water) Temple**. From the 13 meter veranda jutting out from the Main Hall you can enjoy amazing views of Kyoto while pondering the fact that both the Main Hall and Veranda were built without the use of nails or any kind of joiners.

Last, it's time for the sweet part! Enjoy a hands-on experience of traditional arts: learn to make Japanese sweets at a historical Japanese patisserie and enjoy your creations with a cup of matcha green tea! **Please note:** Free time will be provided for lunch at your own expense.

STANDARD PRICE		Early Booking
Adult	\$137	\$129
Child	\$68	\$65
TIME		
	Date	Time
Depart	February 1	0930
Return	February 1	1740
HIGHLIGHTS		
<ul style="list-style-type: none"> 3 UNESCO World Heritage Sites! Learn to make traditional sweets 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 78		



Discover the beautiful Kobe, a Japanese port town made unique by European influences and striking natural beauty, surrounded by between mountains and ocean.

Catch the ropeway to the mountains in Shin Kobe. Stop for a stroll in Nunobiki Herb Garden, a garden boasting hundreds of different plants and

flowers making it a splendid sight in every season. Back on the ropeway, get to the top station where you can take in an astonishing view of Kobe Bay.

Descend back to Shin Kobe for a visit to the Kitano district. Kitano was where the European and American diplomats first established their residences after the opening of Japan in the XIX century, and many of those residences are still standing. Enter Uroko No Ie ('Fish scale house', named after the tiles that adorn it) and see how those diplomats used to live in a then very foreign country.

Lastly, go back by the sea for a walk in Meriken Park, the waterfront area. Enjoy the many buildings and art installations that adorn this district before transferring back to the ship.

Please note: Free time will be provided for lunch at your own expense.

STANDARD PRICE		Early Booking
Adult	\$116	\$109
Child	\$58	\$55
TIME		
	Date	Time
Depart	February 1	1000
Return	February 1	1745
HIGHLIGHTS		
<ul style="list-style-type: none"> • Panoramic views of Kobe • Visit Kitano District and Uroko No Ie 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 78		



Day 5: Sunday, 02 February – Kobe

KOB 202-201

WESTERN JAPAN'S GEMS: HIROSHIMA & KYOTO

2 Days/1 Night



Enjoy a visit to two of Japan's biggest and most beautiful cities: Hiroshima and Kyoto.

Begin your adventure with a ride on the world famous Shinkansen bullet train to Hiroshima. Capable of speeds of up to 360 kmph, the Shinkansen takes 1h15m to reach Hiroshima.

After arrival, visit Peace Memorial Park which lies at ground zero for the Atomic Bomb on 6 August, 1945. The Memorial Park was created and dedicated to those who lost their lives in the attack. Stroll through the park and discover the many memorials, monuments and statues in the park before heading into the Museum itself.

After lunch a short ferry ride will take you to Miyajima Island. a small sacred island that has been a holy place of Shintoism since the earliest times. Here you will find perhaps the most photographed site in Japan - The Floating Torii Gate. Designated as one of Japan's '3 Most Beautiful Views,' the shrine it belongs to dates back to the 6th century with the present structure dating back to the 12th century. The harmoniously arranged buildings reveal great artistic and technical skill, and have been designated a UNESCO World Heritage Site. You will have time to explore the island and its many shrines and temples, sample local goodies like maple leaf shaped cakes before heading to your hotel for an evening at your leisure.

On the last day, visit Kyoto Japan's ancient capital. Visit Kinkakuji Temple (Golden Pavilion), originally built as a retirement villa for the Shogun. After his death it became a Buddhist Temple at his request, and is now one of Kyoto's most famous temples. Nijo Castle is an ornamental castle built by the founder of the Edo Shogunate as his Kyoto residence and is surrounded by stunning gardens. The main building was completed in 1603, and is famous for its architecture, decorated sliding doors and 'chirping' nightingale floors. Then, it's time for Kiyomizu (Pure Water) Temple. From the 13 meter veranda jutting out from the Main Hall you can enjoy amazing views of Kyoto, while pondering the fact that both the Main Hall and Veranda were built without the use of nails or any kind of joiners.



STANDARD PRICE		Early Booking
Adult	\$579	\$549
Child	\$282	\$275
TIME		
	Date	Time
Depart	February 2	0900
Return	February 3	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> Hiroshima, Miyajima, & Kyoto Ride the 360 kpmh Shinkansen! 		
<p>REGISTRATION DEADLINE EXTENDED til trip is full</p>		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 58		

ITINERARY:

<p><u>Day 1</u></p> <ul style="list-style-type: none"> Bullet train to Hiroshima Time for reflection at Peace Memorial Park Ferry ride to Miyajima Island Overnight in Hiroshima 	<p><u>Day 2(B)</u></p> <ul style="list-style-type: none"> Bullet train to Kyoto Visit Kinkakuji Temple, Nijo Castle, and Kiyomizu Temple Free time for lunch at your own expense Transfer back to ship
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Get in touch with Japan's ancient tradition in the archipelago's most sacred place – Ise! Located an hour twenty minutes from Kobe, you will visit Ise Shrine, the most important shrine in Japan, where you will learn all about Shinto, the local religion that worships nature. Move on to the sea side to meet the *ama*, the female divers who pass on this tradition from generation to generation. You will be able to talk with the ama divers at one of their huts and learn about their life and history, and also eat delicious, fresh seafood picked by the ama divers and grilled on the spot.

STANDARD PRICE		Early Booking
Adult	\$175	\$165
Child	\$88	\$83
TIME		
	Date	Time
Depart	February 2	0830
Return	February 2	1900
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit Ise Shrine and and town • Interact with ama divers • Seafood lunch! 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 78		

In the afternoon go back to Ise town to explore the Naiku district. Walk on Oharai Doori, the stone-paved and centuries-old pathway that has led pilgrims to Jingu for centuries. Enjoy a stroll in Okage Yokocho, a recreated traditional Japanese market area mirroring the scene for visiting pilgrims on their way to and from Jingu in times past. Modern visitors can enjoy Okage Yokocho's traditional buildings and atmosphere and will find an array of shops and restaurants as well as festivals and entertainment performances throughout the year. **Please note:** Beverages not included at lunch.



Spend two days reflecting on your time in Japan with this truly unique experience! Mount Koya (Koya-san) is the center of Shingon Buddhism, an important sect introduced to Japan in 805 by Kobo Daishi (also known as Kukai), one of Japan's most significant religious figures. A small, secluded temple town has developed

around the sect's headquarters on Koyasan's wooded mountaintop.

Kobo Daishi began construction on the original Garan temple complex in 826 after wandering the country for years. Since then over one hundred temples have sprung up along the streets of Koyasan. The most important among them are Kongobuji, the head temple of Shingon Buddhism, and Okunoin, the site of Kobo Daishi's mausoleum. Koya-san and the surrounding area is a UNESCO World Heritage Site.



STANDARD PRICE		Early Booking
Adult	\$369	\$349
Child	\$180	\$175
TIME		
	Date	Time
Depart	February 2	1200
Return	February 3	1400
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit one of Japan's 'most mystic places' • Learn about Buddhism & monks' daily lives 		
REGISTRATION DEADLINE EXTENDED til trip is full		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 30		

Spend the evening at a shukubo, Buddhist temple lodging and enjoy a dinner of shojin ryori, traditional vegetarian Buddhist cuisine. You will also be able to participate in a zen meditation session with the monks.

The next day, wake up early to watch the monks holding their daily prayers. You will then take a walking tour of Japan's largest cemetery and the mausoleum of the founder of Shingon Buddhism, Kobo Daishi. The 2km walk to the mausoleum takes you past 200,000 tombstones, belonging to feudal lords, prominent monks and well known Japanese companies.

ITINERARY:

Day 1 (D)	Day 2 (B)
<ul style="list-style-type: none"> • Travel to Mt. Koya to visit main temples and sites • Dinner and overnight at a temple lodge 	<ul style="list-style-type: none"> • Wake up early to attend monk's daily prayers • Okunoin walking tour • Transfer back to ship



The purpose of this home visit, sponsored by the Kobe Convention & Visitors Association, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to go with a small group to engage in in-depth personal and intellectual exchanges with your hosts, who will meet you at the ship. Out-of-pocket expenses may range from ¥700 to ¥2,500 to cover expenses incurred during the day. Please remember to bring a small gift to your host family (possibly a box of sweets or a memento from your home city or school).

Please note: Out of respect to the host families, cancellations will not be accepted. Walking shoes and some spending money are suggested (between ¥700-¥2000).



STANDARD PRICE		Early Booking
Adult	\$10	\$10
Child	\$10	\$10
TIME		
	Date	Time
Depart	February 2	1230
Return	February 2	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> Personal experience with a Japanese family 		
MINIMUM REGISTRATION: 3		
MAXIMUM CAPACITY: 6		

Day 6: Monday, 03 February – Kobe

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.
Do not make any other travel plans as this is a designated class day in port for your course.

Field Labs	Kobe, JAPAN	Monday, 03 February
SEMS 2500 102	Professor Peg Barratt	Intro to Social Psychology
SEMS 3500 101	Professor Paul Harvey	Organizational Behavior
ARTH 1559 101	Professor Fred Levine	Introduction to World Art
SEMS 3500 501	Professor Marye Tharp	International Marketing (Section 1)
ANTH 1010 501	Professor Janice Stockard	Introduction to Cultural Anthropology (Section 1)

KOB 114-301 RELAX AT THE HOT SPRINGS Full Day



Bathing in Onsen (hot springs) is more than just getting clean. It is a chance to relax, reflect and “wash off” one’s cares and worries. Located a 45 minute drive from the ship, Arima Onsen is one of the oldest and most popular hot springs resorts in Japan, with a history of over one thousand years. Its two different types of

thermal water (kinsen, “golden water”, and ginsen, “silver water”) are said to cure various ailments and muscle pains.

Today you will experience Japanese hot springs at the Arima Gyoen resort, a historic hot springs hotel. Enjoy a dip in one or the indoors or outdoors public hot springs baths, and have a classic “bento box” Japanese cuisine lunch (lunch and water included in program cost).

Please note: Do NOT apply for this field program if you have tattoos. In Japanese culture, tattoos are associated with criminal groups and as such, Onsen will deny access to people with tattoos. Also, the baths are public and gender separated. You may enter with any kind of clothes, including swimsuits and towels.

STANDARD PRICE		Early Booking
Adult	\$132	\$125
Child	\$66	\$62
TIME		
	Date	Time
Depart	February 3	1000
Return	February 3	1515
HIGHLIGHTS		
<ul style="list-style-type: none"> • Experience Japanese hot springs! • Savour a traditional Japanese lunch 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 78		

KOB 115-301 OSAMU TEZUKA, FATHER OF MODERN MANGA Half Day



Manga are arguably one of Japan’s most popular art forms being widely read and enjoyed all over the world. Did you know that one man in the 60s and 70s changed the way Japan looked at manga?

CANCELLED

Japanese manga and many of his works have been recognized within, and outside, Japan as works of high artistic and social value. His work contains deep and thought-provoking themes while never abandoning a certain comedic vibe that permeates his whole body of works. **Please note:** Lunch at your own expense.

STANDARD PRICE		Early Booking
Adult	\$82	\$78
Child	\$41	\$39
TIME		
	Date	Time
Depart	February 3	1000
Return	February 3	1400
HIGHLIGHTS		
<ul style="list-style-type: none"> • A day of learning about Japan’s most prominent Manga artist 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 78		