# MANAUS, BRAZIL

Arrive: 0800 Thursday, November 22 Onboard: 1800 Saturday, November 24

**Brief Overview:** Manaus is the largest city in the Amazon, with 1.6 million people living in an area that is surrounded by roughly a 1,000 miles of forest in every direction. It is located along the shores of the Rio Negro, near where it meets the Solimões to become the Amazon. This "Meeting of the Waters" is indeed one of nature's more curious wonders; these rivers run side-by-side without their waters mixing due to differences in temperature, density, and speed of the waters. The Amazon then continues all the way to the Atlantic Ocean.

This playground in the Amazon provides an endless array of activities along their rivers and throughout their forests. River guides will amaze you by catching alligators with their bare hands, and the cool river breezes will rock you to sleep in a hammock overnight. Jungle hikes are also common, with educational guides taking you along the flora and teaching you survival skills such as foraging for non-poisonous plants and following wilderness trails.



Once you get finished trekking through the flora and fauna of this Brazilian locale, take some time to discover the culture of this unique area. Learn how to dance during your stay here; workshops are offered in Samba, folk dancing, ballroom dancing, and a fusion of Brazilian moves. Eco parks and museums offer an educational view into the location as well as a chance to hear the stories of Manaus from a historical context. Discover the history of the Rubber industry and its repercussions as the city has overcome tumultuous shifts in population.

Discover Manaus during your short time here. Its mix of eco-systems, waterways, cultures, and resources will surprise you. You'll never forget the time you spent in the symbolic center of the Amazon.

Information was taken from www.frommers.com/destinations/manaus/2859010001.html.

#### Suggested short-cuts to simple planning:

Register for the following "bundles" of trips based on your interests.

#### Taste of Manaus:

Day 1: MAN17 Eating the Amazon

#### Community Service:

- Day 1: MAN15 Monte Salem Orphanage & School: Global Grins
- Day 2: MAN33 Abrigo Moacyralives: Home for Neurologically Disabled
- Day 3: MAN37 Monte Salem Orphanage & School

#### Cultural highlights:

Day 1: MAN16 Getting to Know Manaus Day 2: MAN30 Carnival Samba School Day 3: MAN35 Indigenous Ritual & Rubber Museum

#### Active/Adventure:

Day 1: MAN14 Swimming with the Dolphins Day 2: MAN22 Jungle Survival Skills of the Indigenous Dessana

<u>OVERNIGHT</u>TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.

#### Day 1: Thursday, November 22

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course:			
SEMS 2500-504	International Marketing (Section 2) with Professor Carvalho		
SEMS 3500-103	An Environmental Global Perspective: Institutions, Law and Policy with Professor Slaughter		

#### MNS11 JUMA JUNGLE LODGE



by boat, the journey to the lodge is a great tour by itself. During your trip you might encounter some pink dolphins on the way and you will stop to see the amazing Meeting of the Waters, the spot where the muddy waters of the Solimões River and the black waters of the Negro River run

side by side, without mixing, to form the great Amazonas River. Your boat passes through wide rivers and deep jungles en route to Juma's remote location in the middle of an untouched jungle lake. The lodge is built on stilts over the lake; although it is very rustic, it is comfortable and "jungle charming". It is a small and comfortable lodge designed to be totally integrated to the Amazon Jungle.

Travel in a variety of canoes and boats to see the Amazonian wildlife at its best.

#### Itinerary

Day 1 (L,D)

- Depart for lodge via speedboat and coach •
- Arrive at lodge and enjoy a welcome drink Made with exotic fruits
- Enjoy an Amazonian cuisine lunch
- Motorized canoe tour of Igarapés (Amazonian creeks) & Igapós (flooded forest)
- Night canoe ride to see wildlife, including alligators, frogs, and birds

## Day 2 (B,L,D)

- Sunrise river excursion followed by breakfast ٠
- Home visit to learn about Amazonian culture
- Picnic lunch in the jungle
- Travel in a paddle canoe and fish for piranhas

#### Day 3 (B.L)

- Early morning jungle hike
- Lunch at accommodation
- Return to Manaus via boat and van

#### MNS12 AMAZON RIVERBOAT EXPEDITION

At the pier board your home for the next two days, a regional riverboat. Your guides will distribute hammocks and prepare you for your adventure in the Amazon as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon River. Next you will enter the region of Lake January to view the giant water lilies. Return to the boat and travel to the Jacareubal area for your overnight stay. Be lulled to sleep listening to the sounds of the Amazon in hammocks with mosquito netting.

STANDARD PRICE		Ear	rly Booking	
Adult	\$ 554.00	\$ 529.00		
Child	\$ 277.00	\$ 264.50		
TIME				
	Date Time			
Depart	November 22		1000	
Return	November 24		1500	
MEALS				
<ul> <li>2 Breakfasts</li> <li>3 Lunches</li> <li>2 Dinners</li> </ul>				

3 Days/2 Nights

## 3 Days/2 Nights Located three hours away from Manaus

STANDARD PRICE		Ear	rly Booking	
Adult	\$ 619.00	\$ 5	89.00	
Child	\$ 309.50	\$ 294.50		
TIME				
	Date Time			
Depart	November 22		0830	
Return	November 24		1730	
MEALS				
2 Breakfasts				
3 Lunches				

2 Dinners

- - 2 Dinners

#### MNS12 AMAZON RIVERBOAT EXPEDITION

#### 3 Days/2 Nights



Have breakfast while traveling along the Negro River. Take a jungle walk with an educational guide who will teach you about the Arara rainforest. Take some time off for a swim at a local beach, followed by traveling to the Acajatuba Lake. Next visit the Acajatuba Village, a small riverside community of 200 people that is a favorite spot for many SAS participants and a soon-to-be favorite for you. Tour Acajatuba and compete in a soccer game between students and community members. The night comes to a close at alligator beach, where we will have a barbecue feast.

Our last day will begin with breakfast and piranha fishing in the flooded forest.

Afterward, enjoy a jungle walk in the surrounding rainforest. Your local guide will point out the unique flora and fauna of the Rio Negro as you walk in the jungle. Learn how villagers interact with their environment in a positive and sustainable way. Take a break to swim in the river before lunch. We will then have some free time before making our way back to Manaus.

This program is designed for participants who want to enjoy the ruggedness of the Amazon. Please note: Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary.

The packages include all meals (breakfast, lunch and dinner) and three bottles 500ml of water per day

#### Itinerary

<u>Day 1 (L,D)</u>

- Embark on a regional boat down the Amazon River
- Visit the "Meeting of the Waters"
- Enter the Lake January region and visit the water lilies
- Go alligator-spotting in a canoe
- Share dinner on the boat
- Arrive in Jacareubal for overnight on the boat

#### Day 2 (B,L,D)

- Breakfast and travel along Negro River
- Jungle walk in Arara forest with educational guide
- Beach swim
- Depart for Lake Acajatuba and the Acajatuba village
- Lunch and soccer game with local community
- Go to alligator beach for barbecue feast
- Overnight on the boat

#### <u>Day 3 (B,L)</u>

- Breakfast
- Piranha fishing in the flooded forest
- Jungle walk through rainforest
- River swim
- Lunch
- Free time
- Return to Manaus

#### MNS13 AMAZON ECO PARK LODGE

Visit an Eco Park Lodge in the Amazon to get a true taste of life in Manaus. The lodge is situated one hour from Manus in a beautiful lagoon amidst undulating and lush rainforest with natural springs and a private island that is the home to a large preserve of free ranging primates indigenous to the Amazon. Operating since 1991, the Amazon Eco Park Lodge is an ecological complex as well as a scientific and educational enterprise.



The grounds are sprawling, dotted with thatched roofed cabanas and common areas connected by a series of footpaths. The main structure is a native style "maloca" with hammocks strung about for relaxing after a day's outing in the

STANDARD PRICE		Early Booking		
Adult	\$ 638.00	\$ 638.00 \$ 609.00		
Child	\$ 319.00	\$ 304.50		
TIME				
	Date		Time	
Depart	November 22		1300	
Return	November 24		1700	
MEALS				
<ul><li>2 Breakfasts</li><li>2 Lunches</li></ul>				

2 Dinners

forest. There are several fresh water streams, jungle trails with diverse vegetation, including virgin forests, natural savannas, and creeks for canoeing. The lodge was used as the base camp and partial set for the campy adventure/ horror film

"Anaconda"!

Explore the "Meetings of the Rivers", a spectacular merge of Negro and Solimões Rivers where he waters of the two rivers run together for about 12kms, side by side, without mixing due to differences in temperature, density and speed of the waters of the rivers. From this point on both rivers form the famous Amazon River that runs all the way to the Atlantic Ocean.

While on this trip you will have plenty of chances to encounter wildlife and local Manaus culture. Visit a Monkey Forest where Brazil is seeking to rehabilitate animals used in illegal commerce, watch while you guide attempts to catch an alligator with his bare hands during a night canoe tour, and learn about local flora and fauna at an Eco Park. You'll even have the chance to visit a local resident's house in this tour.

#### Itinerary

<u>Day 1 (D)</u>

- Depart Manause for a tour of Meeting of the Waters on board of a regional double deck boat.
- View the city of Manaus from the Negro River
- Dinner is served
- Night tour in a motorized canoe and go searching for alligators

#### Day 2 (B,L,D)

- Breakfast is served
- Visit the Monkey Forest
- Lunch is served
- Visit a local resident's house with bilingual guide
- Depending on water levels, visit distant communities or go fishing
- Dinner and evening at leisure

Day 3 (B,L)

- Breakfast is served
- Nature hike in Eco Park with educational guide
- Learn about local flora/fauna, first aid, edible fruits, and potable water
- Lunch is served
- Travel back to Manaus

<u>OVERNIGHT</u>TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.

#### 3 Days/2 Nights

#### MNS14 SWIMMING WITH THE DOLPHINS – GROUP A



Here's your chance to swim with the dolphins in the Amazon! Embark on a full-day expedition up the Rio Negro to visit local villages, finally reaching the Dolphin Sanctuary. Here we can swim in a natural pool with the native "botos", or river dolphins, of the Amazon,

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STANDARD PRICE		Ear	rly Booking		
Adult	\$ 108.00 \$ 9		6 99.00		
Child	\$ 54.00	\$ 49.50			
TIME					
	Date		Time		
Depart	November 22		0800		
Return	November 22		1700		
MEALS					
Lunch					

Full-day

We start by motoring away from Manaus, up the Rio Negro, until we arrive at the river settlement of Ponta do Lago Araras Tatu. Here we will trek through the

surrounding jungle with a local guide to learn of the local flora and fauna. Afterwards, a lunch will be provided in a local style barbecue with fish fresh from the river and various Amazonian fruits.

We will then visit the local Dolphin Sanctuary and enjoy close contact swimming in the river with these friendly mammals, and learn about their reversed place in indigenous Amazonian lore and legend. Return to Manaus later in the afternoon.

#### MNS15 MONTE SALEM ORPHANAGE & SCHOOL: GLOBAL GRINS

CROOM CRIME
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Become a Global Grins Delivery Squad member by joining Semester at Sea Trustee, Todd Miller and Joselyn Miller (Semester at Sea alumni) on a visit to the Monte Salem Orphanage and School. Deliver toothbrushes to the shelter and school, which is home to children from both Manaus and Amazonian riverside communities. Many arrive malnourished and

have behavioral problems. The residential shelter is small with a capacity of 30 students and is supported by 10 full time school and shelter staff. The Millers are the founders of Global Grins, a non-profit corporation dedicated to delivering toothbrushes around the world to those in need. Good oral hygiene is key to

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STANDA	RD PRICE	Early Booking		
Adult	\$51.00 \$4		9.00	
Child	\$26.50	\$24.50		
TIME				
	Date		Time	
Depart	November 22		1000	
Return	November 22		1400	
MEALS				
Box lunch from ship				

Half-dav

fighting heart disease, stroke, diabetes, HIV, cancer and pregnancy complications. Participants will receive Global Grins t-shirts and patches. More information about Global Grins can be found at <u>www.globalgrins.org</u>. Have an opportunity to share good dental hygiene with the children as well as engage them in games and singing.

OVERNIGHT\_TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.

#### MNS16 **GETTING TO KNOW MANAUS**

Leave from the floating port, designed to move with the river tide of the Ric Negro, and begin your orientation to Manaus. Pass the Customs Hour (prefabricated in Liverpool and shipped to Manaus a hundred years ago), the clock tower, the Cathedral and the Palacio Rio Negro, which is the priva residence of a German rubber baron and later the Governor's office. A visit to the Indian Museum is also an interesting way to understand the traditions, habi and behavior of the indigenous populations.

> The highlight of your tour will be a visit to the city's most famous landmark, the lavish pink ar white Teatro Amazonas Opera House. Built in

1896, this marvel of architecture features a dome of 36,000 vitrified ceramic tiles imported from Europe, set in a mosaic of the colors of the Brazilian flag. The amazing painting that graces the inside of the dome is a re-creation of the view you would have if you stood under

the Eiffel Tower and looked up. The dazzling auditorium boasts perfect acoustics and performances here range from single guitar concerts to entire ballet companies and philharmonic orchestras. As stunning as the building is, perhaps its most extraordinary element is the fact that it is located in the heart of the Amazon Jungle, in the city of Manaus - a testament to the dazzling affluence that accompanied the rubber boom. Visit the fabled and bustling Fish Market, and adventure for the senses as you discover the variety of products that are caught, raised and made in the Amazon region!

End the tour with a guided walk through the Municipal Market and learn about the amazing array of flora, fauna, medicine and folk art that is offered in this sprawling riverside market.

#### MNS17 EATING THE AMAZON

Brazilian cuisine is known the world over for its variety and diversity, imaginative use of local ingredients and distinctive flavors. This program invites a small group of SAS participants to venture to SENAC, the Brazilian Institute charged with training less advantaged members of society for careers in the hospitality and restaurant industry. A team of local chefs will greet you in SENAC's kitchens and

> take you on a three hour journey through the delicacies of the Amazonian region. You will have the opportunity to prepare (and enjoy!) several dishes alongside the chefs, as

well as sample a variety of dishes prepared especially for you by the chefs. Emphasis will be on the exotic fish of the Amazon River, as well as the rich variety of indigenous fruits, vegetables and spices. A foodie's delight!

Adult

Child

TIME

Depart

Return

MEALS

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Dinner

#### 3 1/2 hours

RIO	STANDARD PRICE		Ear	rly Booking
ise	Adult	\$ 75.00 \$		9.00
he	Child	\$ 37.50	\$7.50 \$ 34.50	
ate he	TIME			
oits		Date		Time
	Depart November 22		2	1300
	Return	November 22	2	1630
he	MEALS			
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\$ 125.00

\$ 62.50

Time

1700

2100



STANDARD PRICE Early Booking

\$ 134.00

\$67.00

November 22

November 22

Date

#### MNS18 **BRAZILIAN BALLROOM DANCING UNDER THE STARS**

Brazilians love to dance, and it's not just a one note samba!

A wide variety of dance steps stemming from the rich cultural traditions of Europe, Africa and indigenous peoples make Brazilian dance a delight to behold and a pleasure to indulge. And by "Ballroom Dancing" we don't necessarily mean your parent's ballroom dancing... these dance forms range from the slow and graceful to the rhythmic and syncopated.

> Tonight we will host a mini dance party under the stars at the Teatro Amazonas, Manaus' Belle Époque

landmark, where a beautiful plaza provides a memorable venue. Watch several couples from "Ritimo Quente" dance academy display their moves, then feel free to join in as they instruct our participants on how to dance - and enjoy -Brazilian music.

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STANDARD Adult

Child

TIME

Depart

Return MEALS

Snack

STANDARD PRICE

\$86.00

\$43.00

November 22

November 22

Date

Adult

Child

TIME

Depart

Return

MEALS

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None

\$

\$39.00

Date

November 22

November 22

A Brazilian snack specialty "Tacaca" and beverages will be provided from a local vendor at the plaza. A very Amazonian experience.

#### **MNS19** JUNGLE BY NIGHT & ALLIGATOR SPOTTING

Take a riverboat cruise under a starry Amazon sky into the dense jungle backwaters. At the jetty in the Lake January Ecological Park, transfer to motorized canoes. Glide silently into the flooded forest and its countless overgrown tributaries. Armed with only a flashlight, your guide will attempt to locate caimans (alligators). Attracted

by the light, their eyes shine like rubies. Watch as the guide attempts to catch one of the smaller reptiles with his bare hands and lifts it out of the water for you to see. Unharmed, the caiman will then be returned to the water. The thrill of catching a caiman, plus the mystical surroundings of the forest at night makes

this quite a unique and exciting experience. The cruise back to the pier is approximately 35 minutes.

Please note: Flat, rubber-soled shoes and comfortable, lightweight clothing are recommended. Caution is advised when getting in and out of the canoes.

3 hours

Early Booking

Time

1900

2200

\$79.00

\$ 39.50

3 nours			
PRICE	Early Booking		
79.00	N/A		

N/A

Time

1930

2230

ALL STREET	
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## Day 2: Friday, November 23

#### MNS20 JUNGLE LODGE

This two-day trip allows you to see the best of Amazonian flora and fauna. Stay in a jungle lodge and visit a Monkey Forest where Brazil is seeking to rehabilitate animals used in illegal commerce. Watch while you guide attempts to catch an alligator with his bare hands during a night canoe tour and learn about local flora and fauna at an Eco Park. You may even have the chance to go fishing for piranhas! Get aboard your canoe and start discovering the real Amazon.

#### Itinerary

<u>Day 1</u>

- Travel to Jungle Lodge
- Visit Monkey Forest
- Lunch and possibly time for fishing
- Depart lodge in paddle or motorized canoe with a bilingual guide
- Piranha fishing (depending on time)
- Dinner
- Alligator-spotting in paddle or motorized canoes

- <u>Day 2</u>
  - Breakfast
  - Nature Hike in Ecopark
  - Lunch
  - Depart for Manaus

#### 2 Days/1 Night

STANDARD PRICE		Ear	rly Booking	
Adult	\$ 429.00 \$ 3		99.00	
Child	\$ 214.50	\$ 199.50		
TIME				
	Date		Time	
Depart	November 23		0800	
Return	November 24		1700	
MEALS				

- 1 Breakfast
- 2 Lunches
- 1 Dinner



#### MNS21 AMAZON RIVERBOAT EXPEDITION EXPRESS

At the pier board your home for the next two days, a regional riverboat. Your guides will distribute hammocks and prepare you for your adventure in the Amazon as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon River. Next you will enter the region of Lake January to view the giant water lilies. Return to the boat and travel to a secluded area to enjoy an Amazonian luau on a white sand beach—a great way to start the New Year!



Return to the boat for the evening. Be lulled to sleep listening to the sounds of the Amazon in hammocks with mosquito netting.

Start the next day off right with a

sunrise canoe exploration. After breakfast back onboard, visit Acajatuba Village, a small riverside community of 200 people that is a favorite spot for many SAS participants and a soon-to-be favorite for you. Tour Acajatuba and meet the local

people. Afterward, enjoy a jungle walk in the surrounding rainforest. Your local guide will point out the unique flora and fauna of the Rio Negro as you walk in the jungle. Learn how villagers interact with their environment in a positive and sustainable

<u>OVERNIGHT</u>TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.

## 2 Days/1 Night

STANDARD PRICE		Early Booking		
Adult	\$ 469.00 \$ 4		6 449.00	
Child	\$ 234.50 \$ 2		\$ 224.50	
TIME				
	Date		Time	
Depart	November 23		0800	
Return	November 24		1700	
MEALS				
<ul><li>1 Breakfast</li><li>2 Lunches</li></ul>				

1 Dinner

#### MNS21 AMAZON RIVERBOAT EXPEDITION EXPRESS

way. Return to the riverboat and travel to the final stop, the Dolphin Sanctuary. Once at the sanctuary, swim and interact with the colorful Amazon pink dolphin (Boto Cor da Rosa). In the late afternoon, return to the boat and travel downriver to Manaus.

This program is designed for participants who want to enjoy the ruggedness of the Amazon. Please note: Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary.

The packages include all meals (breakfast, lunch and dinner) and three bottles 500ml of water per day.

#### Itinerary

<u>Day 1 (L,D)</u>

- Embark on a regional boat down the Amazon River
- Visit the "Meeting of the Waters"
- Enter the Lake January region and visit the water lilies
- Go alligator-spotting in a canoe
- Amazon luau dinner on the boat

#### Day 2 (B,L)

- Breakfast and travel along Negro River
- Explore the local village of Acajatuba
- Jungle walk with local guide
- Visit Dolphin sanctuary and swim with dolphins
- Return to Manaus

### MNS22 JUNGLE SURVIVAL SKILLS OF THE INDIGENOUS DESSANA



Depart the pier via regional Amazonian riverboat, spending an hour sailing up the Rio Negro to the local community of the Dessana people, a regional indigenous people. Arriving at the village we will be introduced to the people and our guides from the community.

The guides will explain a bit about their lives, history and folklore. They will focus on the skills their people have developed over many generations that have enabled them to survive and thrive in what to visitors appears a remarkably challenging and inhospitable environment.

STANDARD PRICE		Early Booking		
Adult	\$ 159.00	\$ 149.00		
Child	\$ 79.50	\$ 74.50		
TIME				
	Date		Time	
Depart	November 23		1400	
Return	November 24		0830	
MEALS				
<ul><li>1 Breakfast</li><li>1 Dinner</li></ul>				

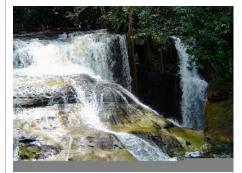
1 Day/1 Night

The trek into the forest begins, with the guides stopping periodically to demonstrate skills related to jungle navigation (during both day and night), the construction of traps, fishing techniques, foraging techniques for non-poisonous plants, finding potable water, constructing fires, lean-tos and other means of survival and identification and use of jungle herbs for medicinal purposes. Typical local dinner will be simple but hearty, including a porridge of starch and flour, with local beverages such as acai and others. Relax in your mosquito net-protected hammocks and fall asleep to the sounds of the jungle at night.

At sunrise, awake refreshed to a breakfast of tam, cassava, manioc and bananas, Trek back to the village and the boat, then returning to the Manaus pier.

#### 2 Days/1 Night

## MNS23 WATERFALL RESERVE AT PRESIDENTE FIGUERIDO



Journey during the early morning to Presidente Figueiredo and the Waterfall Reserve, a unique place in the middle of the Amazon rainforest and dramatically different from the Rio Negro ecosystem. It is rich in towering trees, rushing rivers, splendid waterfalls and a natural cave; an excellent day trip for those who like to explore the magical forces of nature.

STANDARD PRICE		Early Booking		
Adult	\$ 198.00 \$ 1		189.00	
Child	\$ 99.00	\$ 94.50		
TIME				
	Date		Time	
Depart	November 23		0700	
Return	November 23		1700	
MEALS				
Lunch				

Our first stop is the Santuario Ecological Waterfall Reserve where we will trek

through the exuberant primary Amazon forest, with towering old growth trees and abundant flora. We'll stop here for a swim.

Afterwards we travel to nearby President Figueiredo, where we visit the little town to understand their customs, culture, development and ways of living in a settlement far away from Manaus. Break for lunch will be at a restaurant near the rapids.

Finally we arrive at a zip line that will carry us down to the Waterfalls, considered the most beautiful in the Amazon Basin. While nowhere near the size and scope of those in Iguassu, these jungle falls, set in the undulating hills of the upper Amazon Basin, evoke a rare beauty not found along the main river. Time for swimming and exploring in the many natural pools that spread out in the jungle from the falls.

Note: A copy of passport or valid ID must be brought to present to the Federal Highway Police.

#### MNS24 AMAZON EXPLORER

The Amazon River and its tributaries form the largest freshwater system on Earth. In the Amazon rainforest live thousands of species of plants, insects, fish, reptiles, birds and mammals. We will travel the Rio Negro by riverboat, passing native houses built on stilts, local boats, wharfs, floating gas stations and an ice



factory before arriving where the Rio Negro (the largest black water river in the world) meets the light brown Rio Solimões to form the Amazon River. Here at the "Meeting of the Waters", the two rivers travel on to the sea without their waters mixing for many miles.

STANDARD PRICE		Ear	rly Booking	
Adult	\$ 127.00	\$ 109.00		
Child	\$63.50	\$ 54.50		
TIME				
	Date		Time	
Depart	November 23		0900	
Return	November 23		1600	
MEALS				
Lunch				

Half-day

We will continue to Lake January, an ecological park, situated between the two rivers. There we will board smaller canoes with outboard motors for a ride through the small tributaries to get a closer view of the Amazonian rain forest and to do some fishing for Piranha before returning to Manaus by riverboat. Lunch is included.

#### MNS25 SWIMMING WITH THE DOLPHINS – GROUP B

Here's your chance to swim with the dolphins in the Amazon! Embark on a full-day expedition up the Rio Negro to visit local villages, finally reaching the Dolphin Sanctuary. Here we can swim in a natural pool with the native "botos", or river dolphins, of the Amazon,

STANDARD PRICE		Early Booking		
Adult	\$ 65.00 \$ 5		59.00	
Child	\$ 32.50	\$ 29.50		
TIME				
	Date		Time	
Depart	November 23		0800	
Return	November 23		1700	
MEALS				
Lunch				

We start by motoring away from Manaus, up the Rio Negro, until we arrive at the river settlement of Ponta do Lago Araras Tatu. Here we will trek through the

surrounding jungle with a local guide to learn of the local flora and fauna. Afterwards, a lunch will be provided in a local style barbecue with fish fresh from the river and various Amazonian fruits.

We will then visit the local Dolphin Sanctuary and enjoy close contact swimming in the river with these friendly mammals, and learn about their reversed place in indigenous Amazonian lore and legend. Return to Manaus later in the afternoon.

#### MNS26 MANAUS ARCHITECTURE: OLD AND NEW



Learn about the history, development and social and economic issues of Manaus through its architecture. The tour is led by an expert guide who will help you explore this unlikely metropolis in the middle of the Amazon Rainforest in an interesting and entertaining way.

Sites to be visited (all external visits except Teatro Amazonas) include:

- The Port Area, including the Customs House and Market
- Teatro Chaminé (including a view of the long houses on the river)
- Avenida Sete de Setembro and the Palácio da Cultura, Penitentiary, and Pontes dos Ingleses
- Prosamin a new and modern urban renewal project designed for past slum dwellers
- The Palácio Provincial and/ Escola D. Pedro I
- The Teatro Amazonas and Palácio da Justiça (Inside Visit)
- The new Amazon Stadium (scheduled to host some of the 2014 World Cup games)
- Ponta Negra the most modern and most sophisticated of the city

STANDARD PRICE		Early Booking		
Adult	\$ 75.00	\$6	9.00	
Child	\$ 37.50	\$ 34.50		
TIME				
	Date		Time	
Depart	November 23		0800	
Return	November 23		1200	
MEALS				
None				

Half-day

#### Full-day

#### MNS27 MANAUS NATURAL FLORA - THE BOTANIC GARDEN

This program departs for the Adolpho Duke Botanical Reserve. The reserve and its surroundings are a living laboratory with a fantastic array of flora. This trip is designed to show just a hint of the biodiversity of this Amazon eco system.

We will visit the Museum of the Amazon (MUSE) featuring various exhibitions on Amazonian natural history. A planetarium is on site and the tour includes a discussion on how the indigenous peoples of the region have used the stars and planets in their traditional lives.

STANDARD PRICE		Early Booking		
Adult	\$ 44.00 \$ 3		39.00	
Child	\$ 22.00 \$ 1		19.50	
TIME				
	Date		Time	
Depart	November 23		0830	
Return	November 23		1200	
MEALS				
None				

3 1/2 hours

A trip highlight is a specialist guide who will lead you on a walk through the surrounding park with collections of vines, trees, orchid and bromeliads preserved in their natural habitat.

#### MNS28 AMAZONIAN RHYTHMS AT APARECIDA SAMBA SCHOOL



The *Escola de Samba Aparecida* is one of the power house "samba schools" of Manaus, whose members practice (and party) all year long in anticipation of the annual Carnival celebration, where they then perform en masse at the municipal sambadrome.

STANDARD PRICE		Ear	ly Booking
Adult	\$55.00	N/A	
Child	\$27.00	N/A	
TIME			
	Date		Time
Depart	November 23		1300
Return	November 23		1600
MEALS			
None			

3 hours

As a follow-up to the street festival they have invited us to attend in their neighborhood on New Year's Day (see above) this program provides novices and long-time drummers alike the opportunity to have an invigorating hands on

percussion workshop with real masters of the craft. The workshop will be held at the schools' "quadro". Various percussion instruments will be introduced and participants will observe then dive in and make music with the Brazilian percussionists. A fun time for all in a relaxed, festive environment.

#### MNS29 AMAZON INDIGENOUS FOLK DANCE

While most know about Rio's Carnival and the Samba, few realize that the Amazon is home to the second largest popular festival in Brazil, The Parintins Festival. Every June the jungle explodes with a musical contest between the two schools of Garantido and Caprichoso. The driving rhythm that propels this festival is "Boi Bumba" a pulsating sound with drumming, tribal roots and lots of swing!



At the Ritmo Quente Dance Academy, you will learn the influence of the Boi Bumba dance in the Amazon Culture and during two hours you will dance and vibrate with the energy of the natives – join the party!

STANDARD PRICE		Early Booking		
Adult	\$ 82.00	\$ 7	75.00	
Child	\$ 41.00	\$ 37.50		
TIME				
	Date		Time	
Depart	November 23		1530	
Return	November 23		1830	
MEALS				
• None				

<u>OVERNIGHT</u>TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.

## 3 hours

#### MNS30 CARNIVAL SAMBA SCHOOL

In Spring 2011's voyage, 100 voyage participants participated in an impromptu visit to Aparecida Escola de Samba" - a local Manaus "samba school" where "rehearsals" for the upcoming Carnival were in full swing and the atmosphere was festive, electric and fun-filled. Follow in their footsteps by visiting this colorful, safe and family-oriented environment, where throngs of locals sway to rhythms of Amazonian Carnival and popular music.

Our buses will transport interested voyagers to the funky, cavernous "dance hall" event in a simple, working class neighborhood of Manaus ... and our attentive guides will be on hand to help participants

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STANDARD PRICE		Early Booking			
Adult	\$ 54.00	\$ 49.00			
Child	\$ 27.00	\$ 2	24.50		
TIME					
	Date		Time		
Depart	November 23		1930		
Return	November 23		2230		
MEALS					
• None					

get in the swing of things and "go native" to the pulsating beat of Brazilian music.

#### MNS31 MANAUS NATURAL FAUNA - INPA & FOREST OF SCIENCE



This program focuses on organizations in Manaus that studies the amazing flora and fauna that calls this area their home. INPA, the National Institute of Amazonian Research, is Brazil's oldest and leading governmental institution charged with the study and preservation of the country's Amazonian Rainforest.

STANDARD PRICE		Early Booking	
Adult	\$ 65.00	\$ 5	9.00
Child	\$ 32.50	\$ 29.50	
TIME			
	Date		Time
_	November 23		
Depart	November 23	3	1300
Depart Return	November 23 November 23	•	1300 1600
•		•	

3 hours

The **House of Science** was officially inaugurated on May 20, 1993, two years before starting the activities in the Forest Science. It contains exhibits relative to INPA's research, studies and achievements.

The institute's "Science Forest" is unique: an area of approximately thirteen acres, located on the perimeter of the city of Manaus designed to encourage and promote awareness and hence preservation of the forest.

The Forest of Science also has an area of approximately 130,000 square meters with dozens of routes, called **"Learning Tracks."** Each route is designed to showcase different aspects of the fauna, flora and ecosystems that exist in the Amazon.



Other study centers include:

- Manatee Tank
- Otter Nursery
- Electric eel (Electrophorus electricus)
- Alligator Nursery
- Orchid, bromeliad and Fauna Field

#### 3 hours

#### MNS32 BRAZILIAN DANCE FUSION

Brazilians are known the world over for their love of music and dance. Here is your opportunity to sample some of the energy and learn the moves you've always heard about!

You will be picked up from the port and transferred to the Ritmo Quente Dance Academy; there you will start your two hours of Brazilian dance experience. Your Brazilian teachers will go over the steps and take you through a series of Brazilian dance styles like Samba, Forro, Zuke and Lambada. This workshop allows you to understand the different Brazilian rhythms, meet other Brazilian dancers and immerse yourself in this most energetic and creative culture through dance.

STANDARD PRICE		Early Booking		
Adult	\$ 82.00	\$ 75.00		
Child	\$ 41.00	\$3	37.50	
TIME				
	Date		Time	
Depart	November 23		1300	
Return	November 23		1600	
MEALS				
• None				

#### MNS33 ABRIGO MOACYR ALVES: HOME FOR NEUROLOGICALLY DISABLED 3 <sup>1</sup>/<sub>2</sub> hours

The Abrigo Moacyr Alves Foundation is dedicated to providing care and comfort to children and young adults with neurological handicaps. Their major goal is providing shelter, health care and education for these individuals who will likely never be adopted or able to live on their own. One of the greatest treats for these youths is the opportunity to enjoy outings to local destinations.

STANDARD PRICE		Early Booking	
Adult	\$ 75.00	\$ 69.00	
Child	\$ 37.50	\$ 34.50	
TIME			
	Date		Time
Depart	November 23	3	0830
Return	November 23		1200
MEALS			
• None			

Based on the success of last semester's voyage, we are repeating an outing to the Manaus Zoo, an ideal place to bring out the inner child in everyone, as well as provide a good platform for person-to-person interaction.



Participants will meet the children

and young adults at the Zoo and tour the grounds, with free time available for games and interaction. Popcorn, hot dogs and juice will be provided as special treats to the children.

At conclusion, everyone will return to the Abrigo to tour the facility (a true showcase facility), see where the children live and study and meet the dedicated staff. More information can be found at http://abrigomoacyralves.wordpress.com/2011/01/.

#### 3 hours

## Day 3: Saturday, November 24

#### **MNS34** COMMUNITY SERVICE AT ACAJATUBA VILLAGE

Acajatuba Village is a small Amazonian river settlement of approximately 200 people who live simply but peacefully on a beautiful piece of land overlooking a tributary of the Rio Negro.

> Over the years, SAS trip participants have visited the village and a close bond has grown between the program and the villagers. This day trip provides the opportunity to travel a bit deeper into the Rio Negro river system, get to know the local people

and provide a valuable service to this community that is always trying to better the lives of its families, but often lack the funds to do so.

Participants will travel upstream for an hour and a half in a high speed boat and tour the village and meet its leaders once we arrive. Painting supplies from Manaus will be provided and you will work alongside the local people in their ongoing efforts to beautify the village and make it a showcase of the region. This is a wonderful way to see the interior region, make friends with local people and contribute to their development.

#### **MNS35 INDIGENOUS RITUAL & RUBBE**

This trip the uniqu heritage indigenou

Embark o travelling home to the Indigenous Cultural Center, where traditional culture, ceremonies

and customs are kept alive in a respectful, authentic fashion. Here we attend a performance of Indian ritual and observe their carefully preserved way of life.

After the Indian ritual we will continue up to the Rubber Museum Village, where we will travel back in time of the rubber boom. The program starts right at the pier, where the guide begins to explain the social and economic impact of rubber production in the history of Manaus, the Amazon and Brazil.

ER MUSEUM		H	alf-	day
combines exposure to two of ue aspects of the Amazonian in Manaus: traditional us life and the Rubber Boom.	Adult \$ 126.00 \$		\$ 1	<b>rly Boo</b> .19.00 9.50
on regional boat or speedboat straight to the village of Tupe,	Depart	Date November 24	4	Time

Return

MEALS

None

•

November 24



STANDARD PRICE		Early Booking		
Adult	\$ 185.00	\$ 175.00		
Child	\$ 92.50	\$ 87.50		
TIME				
	Date		Time	
Depart	November 24		0600	
Return	November 24		1600	
MEALS				
• Lunch				

Full-dav

## ay

/ Booking

9.00

Time

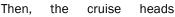
0700

1200

#### MNS36 MEETING OF THE WATERS

Departing from the Floating Pier of Manaus, the boat navigates along the shore of Manaus where you will be able to see "the palafitas", houses built on stilts to protect them from the annual floods that occur in the raining season, as well as the bridge over Negro River.

The boat will cruise towards the Meeting of the Waters. There, participants will see this beautiful natural monument of the Amazon, where Solimões and Negro rivers flow side by side without the mixing of their waters. It is also possible to see the pink dolphins or the gray ones called Tucuxi.



towards January Ecological Park and Preserve, where a motor boat will be waiting to take the tourist for a visit to the rivulets (Igarapés & Igapós). It is a unique opportunity to enjoy the local fauna and flora. It also includes a visit to Victoria Regia Lake.

**Important:** Take some cash and change (if interested in buying handcrafts from the locals), sunscreen, insect repellent, a hat or cap and suitable shoes for hiking.

#### MNS37 MONTE SALEM ORPHANAGE & SCHOOL

This Monte Salem Orphanage works with children up to 14 years of age who have been abandoned or were at risk in their homes. The children are brought to the shelter by the Social Services agencies in Manaus. The majority of children who arrive at Monte Salem are from the metropolitan area of Manaus (70%) and 30% come from riverside communities in the Amazon area. Most of them arrive malnourished and many of them have behavioral problems. Some of the children are subsequently adopted according to Brazilian law.

The residential shelter is small, with a current capacity for 30 children and is supported by 10 full time staff in the school

and shelter, volunteers from YWAM, local churches and international volunteers.

As these children have little opportunity to interact with people from outside the facility, the focus of this service mission is recreational, designed to engage the children in a series of activities such as games, singing, and art and face painting, etc.

# Half-day

STANDARD PRICE		Early Booking	
Adult	\$ 75.00	\$ 69.00	
Child	\$ 37.50	\$ 34.50	
TIME			
	Date		Time
Depart	November 24		0800
Return	November 24		1200
MEALS			
• None			





## 3 <sup>1</sup>/<sub>2</sub> hours

STANDARD PRICE		Early Booking	
Adult	\$ 54.00	\$ 49.00	
Child	\$ 27.00	\$ 24.50	
TIME			
	Date		Time
Depart	November 24		0830
Return	November 24		1200
MEALS			
None			