

# TEMA, GHANA

Arrive: 0800 Monday, October 8  
Depart: 1800 Thursday, October 11

The heartbeat of West Africa will excite your soul as you experience the colors and sounds of Ghana. Let your rhythm move you with a drumming and dance workshop highlighting the richness of traditional song and dance. Experience village life along the Accra plains and receive a traditional African name in a naming ceremony or join villagers in making pottery and kente-weaving. Spend time with some children at an orphanage or school and remember the power of a simple smile. The natural beauty of this sub-Saharan country can be enjoyed with a visit to one of West Africa's few surviving tropical rain forests and surprisingly accessible Wli Waterfalls. The Shai Hills Game Reserve serves as home to some of West Africa's wildlife including antelope, baboons, monkeys and many bird species. See how nature and technology collide with a tour to the hydroelectric Akosombo Dam that created Lake Volta, the world's largest manmade lake. Reflect on our own culture's connection with Ghana and the history of the slave trade, as can be seen at the infamous Cape Coast Castle and slave dungeons.



### Cultural Highlights:

Day 1: ACR14 Women's Health & Childbirth Practices in Ghana

Day 3: ACR35 Torgorme Village Experience

Day 4: ACR41 A Day in the Life of a Fisherman

### Action & Adventure:

Day 2: ACR25 Shai Hills Game Reserve and Akosombo Dam

Day 3: ACR36 Mona Monkeys and Wli Waterfalls

### Service Learning:

Day 1: ACR12 Global Grins & City of Hope Refuge

Day 2: ACR26 Habitat for Humanity

Day 4: ACR42 Morning Star School

### Historical Prospective:

Day 2: ACR23 Castles and Slave Dungeons

Day 3-4: ACR32 Kakum National Park & Historical Cape Coast Overnight

### Artist Lens:

Day1: ACR16 Drumming and Dance Workshop

Day 3: ACR34 Cedi Beads: The Art of Making Beads

Day 4: ACR43 Torgorme Village Experience

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**

## Day 1: Monday, October 8

**IMPORTANT:** If you registered in one of the following courses, you have a field lab on this day.  
Do not make any other travel plans as this is a designated class day in port for your course:

ANTH 3590-102	Topics in Social and Cultural Anthropology: The Effects of Immigration on World History with Prof. Chavez
PSYC 4559-101	The Science of Love with Professor Freeman
MUSI 2570-502	Music Cultures (Section 2) with Professor Kaloyanides
RELG 1559-502	New Courses in World Religion (Section 1) with Professor Penn-Hollar
SEMS 3500-501	Entrepreneurship and Global Development: Microfinance (Section 1) with Professor Peters
EVSC 1200	Elements of Ecology with Professor Schoenherr

ACR11

### WELCOME TO GHANA: OVERNIGHT VISIT TO WINNEBA

2 Days/1 Night



Join Professors Slaughter and Sisson on this program to discover the charm and incredibly warm hospitality of Ghanians in Winneba, a coastal town of 40,000. Winneba pulses with the energy of visionary students at the University of Ghana's College of Education and the National Academy of

Music. As such, this trip affords the opportunity to meet local leaders and students who are as anxious to engage and learn from you as you are from them. Your visit will help foster the positive relationship that Winneba shares with Charlottesville, Virginia through the sister cities program.

This overnight experience provides ample occasions for reciprocal cross-cultural exchange. Welcome a delegation of your Winneba hosts, city officials, residents, and students, aboard MV Explorer and eat lunch together before continuing the lively conversation on the 2.5 hour bus ride back to Winneba. Use the travel time to sit next to and really get to know one of your Ghanaian hosts before your arrival is celebrated with a traditional welcome ceremony and a drumming and dance performance. Tour the University of Education before enjoying a dinner of local cuisine with Winneba students and faculty. Linger after the meal with your new friends or spend the evening exploring town independently.

Begin your second day in Winneba by visiting and learning about local market economies and conflict resolution from the highly respected Market Queen. Spend the remainder of the morning watching local fisherman launch their colorful vessels from the beach after meeting the Chief Fisherman. Delight in unique local flavors once again for lunch and then participate in a service project before returning to the ship in the early evening.

Please note: Other cultural activities may be included and/or substituted. Please bring local currency for any optional purchases you may wish to make in Winneba. If you are dance or musically inclined, prepare to trade performances and/or actively participate with Ghanians.

STANDARD PRICE		Early Booking
Adult	\$136.00	\$129.00
Child	\$136.00	\$129.00
TIME		
	Date	Time
Depart	October 8	0945
Return	October 9	2030
MEALS		
<ul style="list-style-type: none"> <li>• 1 Lunch (on ship)</li> <li>• 2 Dinners</li> <li>• 1 Breakfast</li> </ul>		

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**

**ACR12**

**SERVICE PROJECT: GLOBAL GRINS & THE CITY OF HOPE REFUGE**

**Half Day**



Become a Global Grins Delivery Squad member by joining Semester at Sea Trustee, Todd Miller and Joselyn Miller (Semester at Sea alumni) on a visit to a the City of Hope Refuge. Deliver toothbrushes to the Freedom Center at the City of Hope Refuge, which provides child care, education, recreation, spiritual fulfillment and a nurturing environment for children who have been trafficked, orphaned and are some way marginalized. We will spend the day with the children teaching proper brushing technique. The Millers are the founders of Global Grins, a non-profit corporation dedicated to delivering toothbrushes around the world to those in need. Good oral hygiene is key to fighting heart disease, stroke, diabetes, HIV, cancer and pregnancy complications. Participants will receive Global Grins t-shirts and patches. More information about Global Grins can be found at [www.globalgrins.org](http://www.globalgrins.org).

STANDARD PRICE		Early Booking
Adult	\$ 53.00	\$ 49.00
Child	\$ 26.50	\$ 24.50
TIME		
	Date	Time
Depart	October 8	1000
Return	October 8	1500
MEALS		
<ul style="list-style-type: none"> <li>Box lunch from ship</li> </ul>		

**ACR13**

**ACCRA CITY ORIENTATION**

**Half Day**



The capital of Ghana since 1877, Accra is the country's most populous city. Serving as the capital of the Greater Accra Region and the economic heart of the country. Over 70 percent of Ghana's manufacturing capacity is located within this region.

Founded by the Ga people in the late 1600s, the word *Accra* is derived from the word *Nkran* meaning "ants"

in Akan, a reference to the numerous anthills seen in the countryside around Accra. Accra served as a centre for trade with the Portuguese, Swedish, Dutch, French and British. The site of present-day Accra includes the original Ga town as well as British, Danish and Dutch forts and their surrounding communities.

Itinerary: Drive through the administrative and economic districts of Accra. Visit the W.E.B. Dubois Center for Pan African Culture. The final resting place of W.E.B. Dubois and Shirley Graham Dubois, the center houses the mausoleum, personal library and museum of the Dubois' rich lives as influential American and Pan-African thinkers and activists. Visit the Artiste Alliance, Independence/Black Star Square and Kwame Nkrumah Memorial Park. After lunch in a local Ghanaian restaurant, end your tour at the Arts Centre, where you will have the opportunity to use your bargaining skills while shopping in an open-air market for artifacts from Ghana and West Africa.



STANDARD PRICE		Early Booking
Adult	\$ 98.00	\$ 92.00
Child	\$ 49.00	\$ 46.00
TIME		
	Date	Time
Depart	October 8	1000
Return	October 8	1700
MEALS		
<ul style="list-style-type: none"> <li>Lunch @ Local Restaurant</li> </ul>		

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**ACR14**

**WOMEN'S HEALTH & CHILDBIRTH PRACTICES IN GHANA**

**Half Day**



Like most developing countries, Ghana is faced with a host of issues related to women's health and childbirth. Some of these issues include access to pre- and post- natal healthcare, and cultural, religious and traditional beliefs and values.

Visit a local hospital and meet with one of its resident gynecologists. This interactive meeting will focus on common birth practices, issues surrounding childbirth and women's health and other related topics. There are vast differences in beliefs about childbirth and childcare practices cross culturally, and it is interesting to think about how different practices contribute to psychological development. It is hope that participants will approach this program with curiosity and an open mind and come to understand that there are many paths with different risks and benefits leading to the same desired outcome: healthy, happy children.

STANDARD PRICE		Early Booking
Adult	\$ 96.00	\$ 89.00
Child	\$ 48.00	\$ 44.50
TIME		
	Date	Time
Depart	October 8	1000
Return	October 8	1400
MEALS		
<ul style="list-style-type: none"> <li>Box lunch from ship</li> </ul>		

**ACR15**

**TEMA/GA QUEEN MOTHERS**

**Half Day**



Uncover the secrets and wisdom of the traditional Queen Mothers. Though queen mothers do not have the same traditional authority as their male counterparts, they play an important role in the traditional society. They are responsible for designating the next chief, providing wise counsel to the chief and his elders, rallying all women together and

keeping an eye on the social conditions within the society. Participants will have the opportunity to discuss the role of women in royal courts and other related issues.

In this program, students will be able to observe an unusual role for women in one part of Ghana society. Students can learn more about the history of the Queen Mothers; their roles as contrasted with other women; and the differences between their authority and that of males with the same status. What are the reasons for having Queen Mothers today? Why does this designation endure? What impact do these women have on other women, on communities and in advancing the rights of women?

STANDARD PRICE		Early Booking
Adult	\$ 68.00	\$ 64.00
Child	\$ 34.00	\$ 32.00
TIME		
	Date	Time
Depart	October 8	1000
Return	October 8	1400
MEALS		
<ul style="list-style-type: none"> <li>Box lunch from ship</li> </ul>		

**ACR16**

**DRUMMING AND DANCE WORKSHOP**

**Half Day**



Unlock the rhythm of your soul as your partake in an African drumming and dance workshop. The renowned Afrique Dance Ensemble was established in 1993 and has actively been involved in the promotion of African and Ghanaian cultural heritage through traditional music and dance. Led by young and vibrant directors, this ensemble has performed widely in Ghana as well as other African countries. Its rich repertoire includes Ghanaian folk/traditional music and dance as well as Senegalese, Malian and Guinean traditional dance pieces fused with more contemporary movements. The workshop will culminate in a performance by the Ensemble that is sure to get you out of your seat!

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STANDARD PRICE		Early Booking
Adult	\$ 112.00	\$ 105.00
Child	\$ 56.00	\$ 52.50
TIME		
	Date	Time
Depart	October 8	1000
Return	October 8	1300
MEALS		
<ul style="list-style-type: none"> <li>Lunch</li> </ul>		

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## Day 2: Tuesday, October 9

### ACR21 VOLTA ECO-ADVENTURE

2 Days/1 Night



Depart in the early morning on a scenic drive through the coastal savannah of the Accra plains. En route to Afadjato Mountain, cross the most attractive bridge in Ghana, the Adome Bridge. The bridge was strategically built by Ghana's first president in order to link Ghana and the former Trans Volta Togoland (now the Volta Region) and eventually unify as one

country. Once you arrive at Afadjato Mountain, climb to the highest point of Ghana, without the need for climbing gear. After reaching the summit, depart for

an eventful drive to Wli Waterfalls. Hike through the lush greenery of the Agumatsa Forest Reserve where you will cross the same river eleven times to reach the falls. Enjoy a picnic lunch at the base of the falls. The water falls from a height of about 1,600 feet into a plunge pool where swimming is permitted. Then drive to sacred village of Tafi Atome. Here you will be paired with host families or stay in the village guest house. After a lively meal, participate in a cultural drumming and dancing with locals.



After breakfast, tour Tafi Atome, a village in which mona monkeys are held sacred and are therefore protected from harm. Witness these endangered animals in large numbers as they live in the wild. Following this visit have lunch and return to the ship.

Note: Bring a swimsuit, towel and comfortable walking shoes.

STANDARD PRICE		Early Booking
Adult	\$ 345.00	\$ 329.00
Child	\$ 172.50	\$ 164.50
TIME		
	Date	Time
Depart	October 9	0800
Return	October 10	1500
MEALS		
<ul style="list-style-type: none"> <li>• 2 Lunches</li> <li>• 1 Dinner</li> <li>• 1 Breakfast</li> </ul>		

### ACR22 TORGORME CULTURAL IMMERSION OVERNIGHT

1 Day/1 Night



Depart for a scenic drive along the Accra plains to the beautiful village of Torgorme, located on the lower Volta River. Pay a courtesy call to the paramount chief and elders of the village and participate in a naming ceremony in which you will be given a traditional African name. Other activities include a demonstration of

pottery making, which is the main occupation of the women in Torgorme, and demonstration of kente weaving by the youth of the village. Later unite with host families. After dinner, join villagers by the fireside, amidst traditional drumming and dancing, and listen to interesting folktales and stories of Ewe history and heroism. Learn the origin and meaning of your clan name as told with pride by knowledgeable local people of this land.

STANDARD PRICE		Early Booking
Adult	\$ 355.00	\$ 339.00
Child	\$ 177.50	\$ 169.50
TIME		
	Date	Time
Depart	October 9	0800
Return	October 10	1200
MEALS		
<ul style="list-style-type: none"> <li>• 1 Lunch</li> <li>• 1 Dinner</li> <li>• 1 Breakfast</li> </ul>		

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After breakfast with host families, depart for the Shai Hills Reserve, which combines nature conservation, rich cultural interest and archaeological sites with splendid scenic beauty. Embark on a trek through the savannah plains to view West Africa's big game: antelopes, bushbucks, kobs, baboons, monkeys and many bird species including the crested eagle, ground hornbill, blank bellied bustard and more. Visit the Obonu Tem and Se Yo caves that serve as home to the many animals, notably insectivorous bats, which you are sure to see. You will have the opportunity to learn about the various artifacts that have been found on this site, the homeland of the Krobo people.

Please note: Participants are recommended to bring toiletries and flashlights and bottled water.

## ACR23 CASTLES &amp; SLAVE DUNGEONS

Full Day



Participants will learn about the relationship between the Western slave traders and African tribes that participated in the highly organized Atlantic slave trade.



Refine your understanding of the tragedies associated with the slave trade and forced immigration. Tour the infamous forts, castles and slave dungeons of Ghana, located on the coast east of Takoradi. First visit Elmina Castle, also known as St. George's Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Then visit the infamous Cape Coast Castle and slave dungeons. The castle was built by the Swedes in 1653 and was later taken over by the British. Today it houses the West African Historical Museum.

STANDARD PRICE		Early Booking
Adult	\$ 118.00	\$ 109.00
Child	\$ 59.00	\$ 54.50
TIME		
	Date	Time
Depart	October 9	0700
Return	October 9	2000
MEALS		
• Lunch		

## ACR24 KAKUM NATIONAL PARK &amp; ELMINA WALKING TOUR

Full Day



The Kakum National Park is one of West Africa's surviving tropical rainforests, and is home to over forty large mammals, 400 bird species, numerous species of butterflies and other flora and fauna. Explore all the park has to offer including Kakum's most popular attraction, the Canopy Walkway, consisting of seven bridges extending 350 meters and hanging

forty meters above the forest floor. Other activities include touring the medicinal walking trails and the Sunbird Trail. After lunch, embark on a guided tour of the

coast town of Elmina, which was the first point of European contact in Sub-Saharan Africa. It was once the most cosmopolitan city in Tropical Africa. Climb the Jago Hill to Fort Saint Jargo, for a view of the Elmina Castle. You will be thrilled by the various Colonial Dutch cemeteries as well as the colorful Asafo (Fante Traditional Soldiers) Posts with their philosophical symbols.

Note: Sturdy, comfortable walking shoes recommended for the Canopy Walkway.

STANDARD PRICE		Early Booking
Adult	\$ 154.00	\$ 145.00
Child	\$ 77.00	\$ 72.50
TIME		
	Date	Time
Depart	October 9	0700
Return	October 9	2000
MEALS		
• Lunch		

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**ACR25**

**SHAI HILLS GAME RESERVE & AKOSOMBO DAM**

**Full Day**



In the Shai Hills Reserve the conservation of nature and culture collide. Explore archaeological sites that boast splendid scenic beauty as your trek through the savannah plains to view West Africa's big game: antelopes, bushbucks, kobs, baboons, monkeys. Spot bird species including the crested eagle, ground hornbill, blank bellied

bustard and more. Visit the Obonu Tem and Se Yo caves that serve as home to the many animals, notably insectivorous bats, which you are sure to see. Learn about the various artifacts that have been found on this site, the homeland of the Krobo people.

After lunch, continue to Akosombo to tour the famous Akosombo Dam, a hydroelectric dam in southeastern Ghana. The dam's construction resulted in the flooding of the Volta River Basin, which subsequently created Lake Volta, the world's largest manmade lake. The dam is located at the Akosombo gorge on the Volta River.

STANDARD PRICE		Early Booking
Adult	\$ 96.00	\$ 89.00
Child	\$ 48.00	\$ 44.50
TIME		
	Date	Time
Depart	October 9	0800
Return	October 9	1700
MEALS		
<ul style="list-style-type: none"> <li>Lunch</li> </ul>		

**ACR26**

**SERVICE PROJECT: HABITAT FOR HUMANITY**

**Full Day**



Millard Fuller believed that “we have the know-how in the world to house everyone. We have the resources in the world to house everyone. All that’s missing is the will to do it.” In 1976, this lawyer and businessman from Alabama started Habitat for Humanity International. Thirty years later, Habitat for Humanity’s impact is colossal, reaching 100 countries across the globe. Habitat’s mission is “to eliminate poverty housing

and homelessness all over the world.”

During this service project, work alongside Ghanaians in a nearby location. In partnership with Habitat, the future homeowners will also be present. Homeowner families are chosen according to their need and ability to repay the no-interest mortgage. A typical day begins with a welcome from the Habitat team and some instruction on the activities of the day. This is followed by a morning work session, lunch and an afternoon work session. An experienced local builder provides supervision on site.

Please note: The price of this practicum is based on the cost of round-trip transportation to and from the site, which is approximately 3.5 hours from Tema. The actual cost for this Habitat build (US\$2,000) is courtesy of the SAS Annual Fund.

STANDARD PRICE		Early Booking
Adult	\$ 107.00	\$ 98.00
Child	\$ 53.50	\$ 49.00
TIME		
	Date	Time
Depart	October 9	0700
Return	October 9	2000
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**



Spend the day at the City of Refuge home in Tema. This orphanage cares for children who have been trafficked, orphaned or abandoned. The mission of the orphanage is to look after marginalized children, promote understanding of the value of every child, create opportunities for community change and increase awareness of the issue of trafficking. This children's home, called

Freedom Center, was established in 2007 and provides child care, education, recreation, spiritual fulfillment and a nurturing environment for children in need. We will spend the day preparing and distributing meals to the children. We will make approximately 500 meals in total. The costs involved in making these meals are courtesy of the SAS Annual Fund.

STANDARD PRICE		<i>Early Booking</i>
Adult	\$ 75.00	\$ 69.00
Child	\$ 37.50	\$ 34.50
TIME		
	Date	Time
Depart	October 9	0800
Return	October 9	1600
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13.** All overnight registrations received after AUG 13 will be subject to availability and possible price increases.



## Day 3: Wednesday, October 10

### ACR31 KUMASI CULTURAL OVERNIGHT

2 Days/1 Night



Explore the legends of the famous Ashanti people, whose legacies are still evident today. Day one, drive through the forest zone to Kumasi, the seat of the Ashanti Empire. Let your imagination run away as your guide shares with you stories of the region. After lunch, visit Manhyia Palace Museum and be enchanted by the legacies of the Ashanti Kingdom.



Through relics and artefacts, learn the regal history that dates back to 1700. Enjoy a drive through the city of Kumasi to observe monuments dedicated to the memory of the great Ashanti people. End the day's tour at the National Cultural Center which features the Prempeh II Jubilee Museum and various studios of the brass makers, potters and batik makers.

batik makers.

Day two, visit the three famous Ashanti craft villages: Ahwiaa, the wood carvers' village; Ntonso, the home of Adinkra cloth; and Bonwire, the kente-weaving village. See how African crafts are made and buy directly from the artisans who make them.

STANDARD PRICE		Early Booking
Adult	\$ 384.00	\$ 369.00
Child	\$ 192.00	\$ 184.50
TIME		
	Date	Time
Depart	October 10	0700
Return	October 11	1800
MEALS		
<ul style="list-style-type: none"> <li>• 2 Lunches</li> <li>• 1 Dinner</li> <li>• 1 Breakfast</li> </ul>		

### ACR32 KAKUM NATIONAL PARK & HISTORIC CAPE COAST OVERNIGHT

2 Days/1 Night



Kakum National Park is one of West Africa's surviving tropical rainforests, and is home to over forty large mammals, 400 bird species, numerous species of butterflies and other flora and fauna. Explore all the park has to offer including Kakum's most popular attraction, the Canopy Walkway, consisting of seven bridges extending

350 meters and hanging forty meters above the forest floor. Choose either a two-kilometer walk through the forest to discover the wide variety of exotic floral species and the medicinal value they offer, or bound through the treetops via the canopy walkway. Enjoy a lunch of African cuisine at Hans Cottage "Botel" while watching the resident crocodiles and busy weaver birds.

Day two, embark on a tour of historic landmarks. The group will visit the Elmina Castle, also known as St. George's Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Enjoy lunch at a local Ghanaian restaurant. After lunch, visit the infamous Cape Coast Castle and slave dungeons and reflect on the history of slave trading and colonization of Africa.

STANDARD PRICE		Early Booking
Adult	\$ 384.00	\$ 369.00
Child	\$ 192.00	\$ 184.50
TIME		
	Date	Time
Depart	October 10	0800
Return	October 11	1800
MEALS		
<ul style="list-style-type: none"> <li>• 2 Lunches</li> <li>• 1 Dinner</li> <li>• 1 Breakfast</li> </ul>		



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**ACR33****SERVICE VISIT: MORNING STAR SCHOOL - GROUP A****Half Day**

Compare and contrast an education system in Ghana to that in the United States. Explore ideas of access to education and curriculum as you visit with both students and teachers at this school to learn more about their approaches to education. Morning Star students, kindergarten through ninth grade, are offered a variety of courses ranging from science and language to health and music.

Morning Star language faculty offer English, French and two local languages, Ga and Twi.

Participants will learn about Ghanaian education and see how the Morning Star School fulfils its mission of offering a top quality education in a caring environment. Our group will see how their academic and extracurricular programs support learning, evaluate teaching strategies, and celebrate student achievement. We will develop an appreciation for the ways in which educators around the world work towards meeting the needs of students in order to produce lifelong learners and responsible global citizens.

STANDARD PRICE		Early Booking
Adult	\$ 85.00	\$ 79.00
Child	\$ 42.50	\$ 39.50
TIME		
	Date	Time
Depart	October 10	0900
Return	October 10	1500
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

**ACR34****CEDI BEADS: THE ART OF MAKING BEADS****Full Day**

Beads play a very important role especially in the life and culture of the Krobo people of Ghana. They are used to mark family status, special occasions and the important rites of passage of girls to puberty called the "Dipo". We will depart the ship and head northwards to Agormanya in the Eastern Region where you will visit Cedi Bead Factory. Participants

will be shown around the factory and participate in the making of beads by hand in batches in a traditional manner.

The beads are made from recycled glass, beer and wine bottles and broken windows which are first pounded and crushed with a mortar and pestle and then poured into molds. Heated individually in ovens, made from termite soils which is able to withstand high temperatures, that are fanned to sizzling temperatures for about 45 minutes. A cassava stick is put in the center of the bead while it melts into shape. The beads are cooled and hand polished with sand and water and string into thousands of beads.

End the day by visiting the Agormanya bead market one of the largest in West Africa to see how people from different walks of life buy and sell this precious jewel of art.

STANDARD PRICE		Early Booking
Adult	\$ 85.00	\$ 79.00
Child	\$ 42.50	\$ 39.50
TIME		
	Date	Time
Depart	October 10	0800
Return	October 10	1400
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

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**ACR35 TORGORME VILLAGE EXPERIENCE - GROUP A**

**Half Day**



Depart on a scenic drive along the Accra plains for the beautiful village of Torgorme, located on the lower Volta River. Pay a courtesy call to the paramount chief and elders of the village amidst traditional drumming and dancing by the villagers. Participate in a naming ceremony, in which you will be given traditional African name.

After this ceremony, choose between the following activities: a village tour of Torgorme, a hands-on session in pottery making, or a kente-weaving session.

Please note: Part of this experience includes a Naming Ceremony. In preparation for this ceremony, a trip manifest will be submitted to the village elders. Therefore, participants will not be able to sell or exchange their tickets for this program.

STANDARD PRICE		Early Booking
Adult	\$ 114.00	\$ 105.00
Child	\$ 57.00	\$ 52.50
TIME		
	Date	Time
Depart	October 10	0800
Return	October 10	1500
MEALS		
<ul style="list-style-type: none"> <li>Lunch</li> </ul>		

**ACR36 MONA MONKEYS & WLI WATERFALLS**

**Full Day**



Depart Accra for an early morning drive to Tafi Atome, a village in which mona monkeys are held sacred. Witness these endangered animals in large numbers as they live in the wild. Later, depart Tafi on a scenic drive to Wli, home to the tallest waterfall in Ghana. Tour the village of Wli and familiarize yourself with the typical Ghanaian Ewe village lifestyle.

After this short visit, enjoy a hike through the lush greenery of the Agumatsa Forest Reserve, where you will cross the same river eleven times to reach the breathtaking Wli Waterfall.

Experience the cool, invigorating atmosphere and savor the breathtaking view of the cascades. Consider taking a refreshing swim in the plunge pool at the base of the falls.

Note: Bring swimsuit, towel and sturdy walking shoes.

STANDARD PRICE		Early Booking
Adult	\$ 118.00	\$ 109.00
Child	\$ 59.00	\$ 54.50
TIME		
	Date	Time
Depart	October 10	0700
Return	October 10	2000
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

**ACR37 KAKUM NATIONAL PARK & BAMBOO ORCHESTRA**

**Full Day**



Drive through the historic Denkyira Kingdom to Kakum National Park, one of West Africa's surviving tropical rainforests, approximately four hours from Tema. Choose either a two-kilometer walk through the forest to discover the wide variety of exotic floral species and the medicinal value they offer, or a walk on the Canopy Walkway forty meters above the forest floor.

Enjoy a lunch of African cuisine in a nearby park. Later enjoy a culturally-rich traditional Bamboo Orchestra performance. The youth from Masomagor have revived this traditional art by performing music and dance with bamboo percussion instruments.

This program will give students the opportunity to visit a continental rainforest within a protected area for comparison with

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**

STANDARD PRICE		Early Booking
Adult	\$ 159.00	\$ 149.00
Child	\$ 79.50	\$ 74.50
TIME		
	Date	Time
Depart	October 10	0700
Return	October 10	2000
MEALS		
<ul style="list-style-type: none"> <li>Lunch</li> </ul>		

other regions. The Canopy Walkway will allow observation of the unique plants and animals that inhabit the upper stories of the rainforest, which are often not visible from the ground. Nothing beats the biodiversity of a tropical rainforest, and in this program, students will be able to compare this protected lowland rainforest to that of Amazonia, as well as to the forest and non-forest eco systems of other destinations. This excursion will also offer the best opportunity to experience this biome by foot, whether on the forest floor or high in the canopy.

Please note: Sturdy, comfortable walking shoes are recommended for the Canopy Walkway.



**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**

## Day 4: Thursday, October 11

**IMPORTANT:** If you registered in one of the following courses, you have a field lab on this day.  
Do not make any other travel plans as this is a designated class day in port for your course:

ARTS 1000-502	Drawing at Sea (Section 2) with Professor D. Campbell
PLCP 1010-501	Introduction to Comparative Politics (Section 1) with Professor Danziger
HIST 2559-502	West and the World (Section 2) with Professor O'Neill
SEMS 3500-104	Sharing the Atlantic: Environmental Issues and Policies in the Ocean with Professor Slaughter

### ACR41 A DAY IN A LIFE OF A FISHERMAN

Half Day



Fishing plays an important role in the economic and social life of Ghanaians especially those leaving along the coast of Ghana. Teshie Nungua, a suburb of Accra is an important fishing town located along the Atlantic coast and is about 30-minute drive from the port of Tema. Inhabitants of this town and all along the coast of Accra are the original settlers of Ghana called the Ga people.

We will begin the day by paying a courtesy call on the chief fisherman, who will brief us on the various process of fishing, including preparing to go on a fishing expedition, a typical day or night on the ocean, support from the government, small scale industry association and the local fishermen association. Later we will witness first hand fishermen drawing nets with their catch, which is then brought on shore. Fishmongers who are women bargain for the catch, and the price is either paid for in cash to the fishermen or in some form of agreed-upon credit terms. The women then sell the catch to customers who want to buy fresh seafood. All leftovers are smoked in large earthenware ovens in nearby homes before finally being sold in markets. The day will end at the shore again where we will meet more fishermen mending their nets and getting ready for another expedition.

The objective of this program is to examine the social and economic characteristics of Ghanaian life in fishing. In addition to the English speaking guide whose father is a fisherman, the chief fisherman will explain and analyze the inner workings of fishing along the coast of Ghana.

STANDARD PRICE		Early Booking
Adult	\$ 75.00	\$ 69.00
Child	\$ 37.50	\$ 34.50
TIME		
	Date	Time
Depart	October 11	0700
Return	October 11	1400
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

### ACR42 SCHOOL VISIT: MORNING STAR SCHOOL - GROUP B

Half Day

Compare and contrast an education system in Ghana to that in the United States. Explore ideas of access to education and curriculum as you visit with both students and teachers at this school to learn more about their approaches to education. Morning Star students, kindergarten through ninth grade, are offered a variety of courses ranging from science and language to health and music. Morning Star language faculty offer English, French and two local languages, Ga and Twi.

STANDARD PRICE		Early Booking
Adult	\$ 85.00	\$ 79.00
Child	\$ 42.50	\$ 39.50
TIME		
	Date	Time
Depart	October 11	0900
Return	October 11	1500
MEALS		
<ul style="list-style-type: none"> <li>Box Lunch from ship</li> </ul>		

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13.** All overnight registrations received after AUG 13 will be subject to availability and possible price increases.

**ACR42 SCHOOL VISIT: MORNING STAR SCHOOL - GROUP B****Half Day**

Participants will learn about Ghanaian education and see how the Morning Star School fulfills its mission of offering a top quality education in a caring environment. Our group will see how their academic and extracurricular programs support learning, evaluate teaching strategies, and celebrate student achievement. We will develop an appreciation for the ways in which educators around the world work towards meeting the needs of students in order to produce lifelong learners and responsible global citizens.

**ACR43 TORGORME VILLAGE EXPERIENCE - GROUP B****Half Day**

Depart on a scenic drive along the Accra plains for the beautiful village of Torgorme, located on the lower Volta River. Pay a courtesy call to the paramount chief and elders of the village amidst traditional drumming and dancing by the villagers. Participate in a naming ceremony, in which you will be given traditional African name.

After this ceremony, choose between the following activities: a village tour of Torgorme, a hands-on session in pottery making, or a kente-weaving session.

Please note: Part of this experience includes a Naming Ceremony. In preparation for this ceremony, a trip manifest will be submitted to the village elders. Therefore, participants will not be able to sell or exchange their tickets for this program.

STANDARD PRICE		Early Booking
Adult	\$ 114.00	\$ 105.00
Child	\$ 57.00	\$ 52.50
TIME		
	Date	Time
Depart	October 11	0800
Return	October 11	1500
MEALS		
• Lunch		

**ACR44 CHRISTIANITY & ISLAM IN WEST AFRICA****Half Day**

Christianity and Islam are growing at phenomenal rates in Africa. We will have the opportunity to meet with faculty and students at Trinity College, at the University of Ghana in Legon. They will speak to participants about their understanding of the relationship

between Christianity and Islam, as well as why Africans are embracing these religions with such fervor. A discussion around the interpretation of scripture and Christian tradition as it applies to West African and churches in the United States and Canada will also be held. Topics include polygamy, sexuality, salvation, spirituality, social justice and outside forces that challenge the faithful in Ghana.

STANDARD PRICE		Early Booking
Adult	\$ 96.00	\$ 89.00
Child	\$ 48.00	\$ 44.50
TIME		
	Date	Time
Depart	October 11	0800
Return	October 11	1300
MEALS		
• None		

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**

**ACR45****GLOBAL MAMAS: FAIR TRADE IN ACTION****Half Day**

This program will focus on the role of small businesses and fair trade in Africa. Visit the Global Mamas headquarters and participate in a discussion led by Renae Adams who runs the organization. Global Mamas is a nonprofit that supports women as they start their own small businesses. Women's lives are

transformed when they have sustainable, fair, revenue streams that allow them to achieve financial independence. By providing access to markets around the world for the women's handmade products, Global Mamas helps women grow their businesses as well as promote traditional handicrafts. Global Mamas also offers business assistance and computer training to women who need it.

You may have an opportunity to meet with some of the women who have benefitted from the Global Mamas program. The meeting is designed to provide education on the role of financing, leadership, teamwork, and decision making in small businesses. Renae Adams will be happy to answer questions in regards to operating small businesses and the importance of women in the Ghanaian economy.

Since we are visiting a place of business, participants on this program are asked to dress appropriately. Please feel free to visit the Global Mamas website, [www.globalmamas.org](http://www.globalmamas.org) prior to the meeting to learn more about this nonprofit organization. Please bring funds, if you so desire, to support the organization by purchasing some of the beautiful handicrafts for sale at the store.

STANDARD PRICE		Early Booking
Adult	\$ 85.00	\$ 79.00
Child	\$ 42.50	\$ 39.50
TIME		
	Date	Time
Depart	October 11	0800
Return	October 11	1200
MEALS		
• None		

**ACR46****TEMA/GA QUEEN MOTHERS (Group B)****Half Day**

Uncover the secrets and wisdom of the traditional Queen Mothers. Though queen mothers do not have the same traditional authority as their male counterparts, they play an important role in the traditional society. They are responsible for designating the next chief, providing wise counsel to the chief and his elders, rallying all women together and

keeping an eye on the social conditions within the society. Participants will have the opportunity to discuss the role of women in royal courts and other related issues.

In this program, students will be able to observe an unusual role for women in one part of Ghana society. Students can learn more about the history of the Queen Mothers; their roles as contrasted with other women; and the differences between their authority and that of males with the same status. What are the reasons for having Queen Mothers today? Why does this designation endure? What impact do these women have on other women, on communities and in advancing the rights of women?

STANDARD PRICE		Early Booking
Adult	\$ 68.00	\$ 64.00
Child	\$ 34.00	\$ 32.00
TIME		
	Date	Time
Depart	October 11	0800
Return	October 11	1200
MEALS		
• Box lunch from ship		

**OVERNIGHT TRIPS SHOULD BE BOOKED BY AUG 13. All overnight registrations received after AUG 13 will be subject to availability and possible price increases.**